# THE CENTRE FOR CHILD DEVELOPMENT Guidelines for External Referrals for Services

Referrals to The Centre will be considered for children who have developmental delays and/or physical disabilities. All Referrals <u>must</u> be signed by the parent/legal guardian.

### **Communication Therapy**

- Birth to kindergarten entry.
- Presenting delayed speech/language development plus a delay in at least one other area
  of development.
- Non-aspiration related chewing and swallowing issues can be addressed be either the Speech Language Pathologist or Occupational therapist depending on the discipline specific expertise required.
- Referrals are accepted up until January of the year the child is entering kindergarten for external referrals and March for internal referrals.
- Delta, Surrey, South Surrey/White Rock, and Langley

# Eating Skills Team (<u>Dr's referral and relevant medical reports must be submitted with all</u> referrals to the EST)

- Children with a developmental disability who have feeding and swallowing concerns that pose a risk to safe oral intake will be accepted for consultation.
- Delta, Surrey, South Surrey/White Rock and Langley
- Please indicate on the referral form the name of the doctor who will be completing the EST referral.

#### **Family Services**

Clients need to have multiple barriers which are significantly impairing the child's
functioning or the ability of the family to function. Examples include families with a child
who has a palliative or life-limiting condition, families who are new refugees to Canada,
families in jeopardy of losing housing/sufficient food to feed their family.

# FASD/CDBC Key Worker (<u>Documentation of diagnosis or pending assessment required</u>)

- Surrey: Child must be birth 12 and live north of 48 Ave. If the child has a diagnosis, a
  copy of the assessment report needs to be included with the referral. If the child is
  waiting for an assessment, the referent must indicate on the referral that the child has an
  accepted referral at Sunny Hill for an FASD/CDBC assessment. If neither of the above is
  the case, please speak to the Director of Psychology and Family Services before making
  a referral.
- Langley: Child must be birth 19 and live in Langley. If the child has a diagnosis, a copy
  of the assessment report needs to be included with the referral. If the child is waiting for
  an assessment, the referent must indicate on the referral that the child has an accepted
  referral at Sunny Hill for an FASD/CDBC assessment. If neither of the above is the case,
  please speak to the Director of Psychology and Family Services before making a referral.

# **Occupational Therapy**

#### **Early Intervention-**

- Children aged birth kindergarten entry Langley, Surrey, South Surrey/White Rock and Delta. Referrals are accepted up until January of the year the child is entering kindergarten for external referrals and March for internal referrals. Referrals are accepted for delayed fine motor skills – unable to draw, cut, string beads, difficulty with areas of self care, sensory issues that are interfering with the child's ability to participate in family life or preschool if the child also has a developmental delay or other physical disability.
- Please be descriptive in what the child is having difficulty doing.
- Examples of referrals not currently accepted: toilet training (unless the child needs specialized equipment for positioning), limited food preferences unless the child has a developmental delay and is not gaining weight appropriately.
- Please note that feeding issues can be addressed by either the SLP or the OT. The OT
  will address positioning and self feeding skills. Other feeding issues can be addressed by
  either discipline.

## **School Aged Therapy**

- Referrals should clearly indicate what difficulty the child is having participating in their school or home life. Priority is given to children with a neurological deficit or equipment needs
- Surrey internal referrals will be accepted for clients entering kindergarten from the EIT therapists otherwise referrals should be requested through the child's school. Exceptions: some post surgery clients and private school clients, please talk to the Director of Occupational Therapy prior to making the referral
- Langley/Delta all referrals, except for private school clients, must go through the child's school.

# **Physical Therapy**

#### **Early Intervention**

 Children aged birth – kindergarten entry Langley, Surrey, South Surrey/White Rock and Delta. Child must have a physical disability or delay. For pure orthopedic cases (torticollis, etc) services may be provided by hospital outpatient programs or private PT – talk to the Director of Physiotherapy if you're not sure.

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### **Psychology/Parent Support**

- For mental health referrals, child needs to live in Surrey/S. Surrey/White Rock and be ages birth - 12. Child must have both a developmental disability and a significant behavioural and/or mental health concern. Please provide a detailed description of the concern in the referral.
- For toileting and sleep referrals, child needs to live in Surrey/S. Surrey/White Rock and be ages birth -12. Please provide a detailed description of the concern in the referral.

### **Supported Child Development**

- For <u>children who are birth 6 yrs</u> for daycare if parent(s) are working and/or going to school. For preschool not to be referred before January of the year they turn 3 and only if the family has/will be registered for preschool or has significant barriers to finding a preschool.
- School age children for after school care only, if parent(s) are working or going to school.
- 13 19<sup>th</sup> birthday, determined for eligibility on an individual basis.
- Please include (if known) the name of the program the child is attending, days/wk, times. Please include the reason SCD is being requested, ie: unstable/unsafe on stairs or in playground, communication needs, self help skills, eating difficulties, adult dependent, wheelchair, vision impairment etc. Please note that a referral for SCD does not mean extra support staff (1-1) in the program, it means a consultant will meet with the family to determine the appropriate level of support required.
- A referral to SCD is not a referral to a Centre preschool

#### Preschool

• To access The Centre or Lookout Preschool registration, the legal guardian must contact the Director of Preschools at The Centre at (604) 584-1361 local 2230.