#### THE CENTRE FOR CHILD DEVELOPMENT Guidelines for External Referrals for Services

Referrals to The Centre will be considered for children who have developmental delays and/or physical disabilities. All Referrals <u>must</u> be signed by the legal guardian.

#### **Communication Therapy**

- Birth to kindergarten entry.
- Presenting delayed speech/language development plus a delay in at least one other area of development.
- Non-aspiration related chewing and swallowing issues can be addressed by either the Speech Language Pathologist or Occupational Therapist depending on the discipline specific expertise required.
- Referrals are accepted up until January 1<sup>st</sup> of the year the child is entering kindergarten.
- Delta, Surrey, South Surrey/White Rock, and Langley

## **Eating Skills Team**

- Children with a developmental disability who have feeding and swallowing concerns that pose a risk to safe oral intake will be accepted for consultation.
- <u>Dr's referral and relevant medical reports must be submitted at the time of referral</u> to the EST
- Delta, Surrey, South Surrey/White Rock and Langley

## **Family Services**

- Clients need to have multiple barriers which are significantly impairing the child's functioning or the ability of the family to function. Examples include families with a child who has a palliative or life-limiting condition, families who are new refugees to Canada, families in jeopardy of losing housing/sufficient food to feed their family.
- Client must be receiving other services at The Centre

## FASD/CDBC Key Worker (Documentation of diagnosis or pending assessment required)

- Surrey: Child must be birth 12 and live north of 48 Ave. If the child has a diagnosis, a copy of the assessment report needs to be included with the referral. If the child is waiting for an assessment, the referent must indicate on the referral that the child has an accepted referral at Sunny Hill for an FASD/CDBC assessment. If neither of the above is the case, please speak to the Director of Psychology and Family Services before making a referral.
- Langley: Child must be birth 19 and live in Langley. If the child has a diagnosis, a copy
  of the assessment report needs to be included with the referral. If the child is waiting for
  an assessment, the referent must indicate on the referral that the child has an accepted
  referral at Sunny Hill for an FASD/CDBC assessment. If neither of the above is the case,
  please speak to the Director of Psychology and Family Services before making a referral.

## **Occupational Therapy**

#### **Early Intervention-**

- Children aged birth Kindergarten entry Langley, Surrey, South Surrey/White Rock and Delta. Referrals are accepted up until January 1<sup>st</sup> of the year the child is entering kindergarten.
- Referrals are accepted for delayed fine motor skills (unable to draw, cut, string beads), or difficulty with areas of self care. Referrals for sensory concerns will be accepted **if** those concerns are interfering with the child's ability to participate in family life or preschool **and** the child also has a developmental disability.
- Please be specific in describing the areas of concern.
- Examples of referrals not currently accepted: toilet training (unless the child needs specialized equipment for positioning), limited food preferences unless the child has a developmental disability and is not gaining weight appropriately.
- Please note that feeding issues can be addressed by either the SLP or the OT. The OT will address positioning and self feeding skills.

## School Aged Therapy

- Requests for referrals for Occupational Therapy must be directed through the student's school team with the following exceptions:
  - Hospital/clinic based referrals for student's with significant physical disabilities
  - Students attending Private Schools who have home based issues.
- Delta, Surrey, South Surrey/White Rock and Langley

# **Physical Therapy**

## **Early Intervention**

 Children aged birth – kindergarten entry Langley, Surrey, South Surrey/White Rock and Delta. Child must have a developmental disability. For pure orthopedic cases (torticollis, etc) services may be provided by hospital outpatient programs or private PT – talk to the Director of Physiotherapy if you're not sure.

## **School Aged Therapy**

- Requests for referrals for Physical Therapy must be directed through the student's school team with the following exceptions:
  - Hospital/clinic based referrals for student's with significant physical disabilities
  - Students attending Private Schools who have home based issues.
- Delta, Surrey, South Surrey/White Rock and Langley

## **Psychology/Parent Support**

• For mental health referrals, child needs to live in Surrey/S. Surrey/White Rock and be ages birth - 12. Child must have both a developmental disability and a significant behavioural and/or mental health concern. Please provide a detailed description of the concern in the referral.

 For toileting and sleep referrals, child needs to live in Surrey/S. Surrey/White Rock. Toileting consultant provided to children aged 4 – 12 years. Please provide a detailed description of the concern in the referral.

# Supported Child Development

- For <u>children who are birth 6 yrs</u> for daycare while parent(s) are working and/or going to school. For preschool not to be referred before January of the year they turn 3 and only if the family has/will be registered for preschool or has significant barriers to finding a preschool.
- <u>School age children</u> for after school care only, while parent(s) are working or going to school.
- $13 19^{th}$  birthday, determined for eligibility on an individual basis.
- Please include (if known) the name of the program the child is/will be attending, days/wk, times. Please include the reason SCD is being requested, ie: unstable/unsafe on stairs or in playground, communication needs, self help skills, eating difficulties, adult dependent, wheelchair, vision impairment etc. Please note that a referral for SCD does not mean extra support staff (1-1) in the program, it means a consultant will meet with the family to determine the appropriate level of support required.
- A referral to SCD is not a referral to a Centre preschool or childcare program.

## Preschool/Childcare (0-6 years)

- To register for a preschool class or Childcare spot at The Centre for Child Development, the legal guardian must contact the Director of Childcare Programs at (604) 584-1361 local 2230. Alternately, they may complete a form at The Centre for Child Development reception desk.
- To register for a preschool class at Lookout preschool in Delta, please call 604-594-0488.