53rd Annual Report 2005 - 2006

Lower Fraser Valley Cerebral Palsy Association doing business as The Centre for Child Development





I. **EXECUTIVE SUMMARY:**

The Lower Fraser Valley Cerebral Palsy Association doing business as "The Centre for Child Development" achieved the following key results during the period from April 2005 to March 2006 (please see the related sections of the report for more information on each topic):

1. Organizational Governance & Mission and Policy Priorities:

Further to its annual planning session, The Board of Directors adopted an increasingly "generative" style to its meeting so as to maximize the value of its meeting time within the foundation of its existing Policy Governance approach. Accordingly, regular Board meetings featured discussion of 'big picture' topics including government relations in addition to discharging strategic and fiduciary responsibilities. Continued emphasis on waitlist reduction through raising The Centre's brand name recognition paid big dividends in 2005/2006 (see below!).

2. Programs and Services:

Single Largest Donation in The Centre's History!

On January 12, 2006 The Centre was pleased to announce that the diavad mowafaghian foundation had donated \$750,000 to The Centre For Child Development (see "Revenue Development" and "Communication Therapy" sections for more information).

A combination of increased revenues and increased staffing levels lead service volumes to rebound across therapies, increasing the number of children served by up to 25% over last year.

Nonetheless, given continued high intake and referral rates, waitlists have been *restrained* from expanding beyond last year's levels of 1-2

years which have resulted largely from dramatic population growth. Waitlist reduction is job 1.

3. Management of Funds & Revenue Development:

- ★ *Revenues:* Revenues were up from \$6.5M in 2004/2005 to \$6.75M in 2005/2006.
- ◆ "In the Black": For the SEVENTH consecutive year we finished the fiscal year period with an Excess of Revenues Over Expenses. This year's amount is \$76,650 which the Board has placed in reserves, including waitlist reduction reserves.



WILLIAM H. (BILL) KING Chair, Board of Directors



53rd Annual Report 2005 - 2006

GERARD BREMAULT, MSW, RSW Chief Executive Officer



Mr. Djavad Mowafaghian



Table of Contents:

I.	EXECUTIVE SUMMARY:	1
II.	INTRODUCTION:	3
1.	AGENCY OVERVIEW:	3
	Beginnings and History	3
	Services Today	4
2.		
3.		
4.	. Persons Served and Outcome Areas:	5
III.	ORGANIZATIONAL GOVERNANCE & MISSION AND POLICY PRIORITIES	5
1.	. BOARD OF DIRECTORS	5
2.		
IV.	PROGRAMS AND SERVICES	6
1.	. Service Statistics:	6
2.		
3.	. Developmental Medicine	7
4.	. Family Services	8
5.	OCCUPATIONAL THERAPY	9
6.	Physiotherapy	10
7.	. TECHNICAL SERVICES	11
8.		
9.	. PSYCHOLOGY & PARENT SUPPORT	13
10		
1	1. SUPPORTED CHILD CARE PROGRAM	14
v.	MANAGEMENT OF FUNDS	15
	Key Achievements	
	Financial & Administrative Services	16



II. <u>INTRODUCTION:</u>

The purpose of this Annual Report is to provide members of the association, funders, donors and the public with an account of the Lower Fraser Valley Cerebral Palsy Association's performance for the period from April 1, 2005 to March 31, 2006.

As the Broadbent Report points out, "voluntary organizations are selfgoverning agencies which hold a public trust related to a particular mission and they generally use donated funds to accomplish this mission. As a result, these organizations are responsible for what they choose to do and how well they do it. This means they are, at minimum, accountable for:

- Establishing an appropriate mission and/or policy priorities and ensuring their relevance;
- Sound management of funds received from donors and governments and of expenditures;
- Effective organizational governance (including structures and processes for managing human resources); and
- ➤ The outcomes, quality and range of their programs and services."¹

Given the above accountabilities, this report is organized accordingly.

1. AGENCY OVERVIEW:

Beginnings and History

Many people driving by The Centre for Child Development's prominent location at 9460 - 140th Street in Surrey, and noticing its additional offices in Langley at 103 - 5844 Glover Road and in Delta at 11405 – 84th Avenue, might assume the impressive 40,000 square foot building and expansive activities were established by a simple stroke of a pen at some level of government. And a reasonable assumption it might be, considering The Centre's size, history, and remarkable reach, both directly and indirectly, to children and youth with disabilities. But over fifty years ago, when this centre began with a group of parents attempting to organize therapy and support services for their children, things were not so easy.

The association began with members from Cloverdale, Langley, Ladner, and White Rock. For the first eight years, meetings were held monthly at the Cloverdale Health Centre and were a place for parents to share information and socialize and support one another with the challenges that come with raising a child with cerebral palsy.



The Centre provides:

- ✓ Casting and Splinting
- ✓ Communication Therapy
- ✓ Developmental Medicine
- ✓ Eating Skills Team
- ✓ Equipment Team
- ✓ Family Services
- ✓ Support Groups
- ✓ Hydrotherapy
- ✓ Occupational Therapy
- ✓ Physiotherapy
- ✓ Preschool Programs
- ✓ Psychology
- ✓ Recreation Therapy
- ✓ Supported Child Care

¹ Ed Broadbent, Panel on Accountability and Governance in the Voluntary Sector, Final Report, "Building on Strength: Improving Governance and Accountability in Canada's Voluntary Sector" (February 1999), p. 17



When the first Annual General Meeting was held in February 1954, President Norman Sherritt Therapy, care & support Sunder one umbreita and his team of parents drew up plans for regular transit services for area children with cerebral palsy to commute to BC's only existing CP Clinic in Vancouver.

Services Today

Today's Centre for Child Development operates with approximately 140 professional staff from <u>three locations</u> in Surrey, Delta and Langley. The Centre is a regional children's medical rehabilitation facility offering therapeutic services to children with disabilities and support to families residing throughout the South Fraser Region in Surrey, Delta, Langley and White Rock.

The Centre serves children from birth to 19 years of age with a variety of neurological, orthopaedic, development and learning difficulties including cerebral palsy, spina bifida, muscular dystrophy, down syndrome, autism, attention deficit hyperactivity disorder, brain injuries & infections, seizure disorders and other developmental disabilities. It is the only "one-stop shop" in the South Fraser region for children with special needs and their families.

The Centre's professionals include psychologists, occupational therapists, speech-language pathologists, physiotherapists, social workers, early childhood educators, supported child care consultants, recreation specialists and a developmental paediatrician. Our professionals are proud members of the following associations, colleges and regulatory bodies:

2. ENDS STATEMENT:

To be a place where children & youth with developmental disabilities and their families can get their questions answered and their needs met in a caring environment².

3. VALUES STATEMENT:

The provision of services to children and youth with developmental disabilities and their families shall be based on the following beliefs:

- All children and youth with developmental disabilities have the right to high quality programs and services, which facilitate their physical, social, emotional, and intellectual development.
- Programs and services should be community-based, foster integration of children with disabilities into the community, readily accessible, and developed to meet the individual needs of the child and youth.
- Effective programs and services focus on the child and youth using a family-centered care approach.
- Programs and services will be provided through a collaborative team effort that includes children and youth, parents and professionals working in an atmosphere of equality and mutual respect.



² This revised "Mission" statement was adopted December 18, 2002 by the Board of Directors. The use of the term "Ends" statement reflects the Board's formal adoption of a Carver model of governance and an associated set of board governance policies from that same date forward.



4. PERSONS SERVED AND OUTCOME AREAS:

The following persons served³ and outcome areas are central to our business:

Children and youth with disabilities (0 – 19 years of age) - Outcome Areas:

<u>Ability/Skill/Knowledge:</u> increasing a broad range of personal skills and abilities to overcome, offset or reduce the effect of their disability

Physical Well-being: reducing trauma, stress, pain, deterioration; increasing comfort, strength, mobility, health

Emotional Well-being: reducing trauma, stress, pain, anger, frustration; increasing self-confidence, sense of success, happiness and hope

Independence: reducing helplessness/dependence; increasing ability to function independently

Social Acceptance/Integration: decreasing isolation; increasing peer acceptance, support, normal relations, participation

Their families and caregivers - Outcome Areas:

Ability/Skill/Knowledge: increasing ability to assist and enable child/youth who has a disability

<u>Emotional Well-being</u>: reducing trauma, stress, grief, loss, pain, anger, frustration; helping to cope with the challenges of raising a child/youth with a disability & increase self-confidence, sense of success, happiness & hope

Independence: reducing helplessness; increasing ability to function independently

Social Acceptance/Integration: decreasing isolation; increasing mutual support amongst caregivers who have children with disabilities and support from caregivers who have typical children

Other service providers to the persons we serve - Outcome Areas:

<u>Ability/Skill/Knowledge</u>: increasing their ability to assist and enable children in their care who have a disability <u>Social Acceptance/Integration</u>: increasing social acceptance/integration within these individual sites and the broader community through strategic partnerships & teamwork; creating advocates on behalf of children with disabilities.

III. ORGANIZATIONAL GOVERNANCE & MISSION AND POLICY PRIORITIES

1. BOARD OF DIRECTORS

Bill (William) King, Chair James Stewart, Vice Chair Mary-Jo Johnston, Treasurer Joanna Whalley, Co-Secretary Pat Greig, Co-Secretary Colleen Kelly, Member Shabna Ali, Member

(Ex-Officio: Gerard Bremault, Chief Executive Officer) Please note that in accordance with Board Governance Policies, the previous Executive and Finance Committees of the Board have been eliminated as unnecessary. The Board as a whole addresses all matters. Working groups are established on a finite, as needed basis.

The Board has made ongoing updates and refinements to its Governance Policies further to regular review and Annual Strategic Planning. "Brand Name Recognition" towards raising more funds towards "Waitlist Reduction" continued to be a key strategic priority in 2005/2006.

Further to last year's launch of our new Brand as "The Centre for Child

Development", The Centre received the largest single private donation in its 50 plus year history in addition to significant legacy donations! Please see "Revenue Development" and "Communication Therapy" sections of this report for more information.

³ The use of the term "Persons served" reflects the Association's adoption of CARF Medical Rehabilitation standards.



2. ACCREDITATION



In September 2004, CARF (Commission on Accreditation of Rehabilitation Facilities) announced that The Centre for Child Development had been accredited for a period of three years for its Outpatient Medical Rehabilitation Programs - Multiple Service (Pediatric Family Centred) through each of its three sites in Surrey, Langley and Delta.

During 2005/2006 "Continuous Quality Improvement" through service review, problem solving, and process refinement steadily improved our service quality for persons served. Many thanks and appreciation are owed, with special reference to The Centre's Chief Operating Officer Margaret Duncan, to the members of the Quality Improvement Committee, Occupational Health & Safety Committee, and Emergency Procedures Sub-Committee for their efforts towards "continuous quality improvement" in the best interests of persons served.

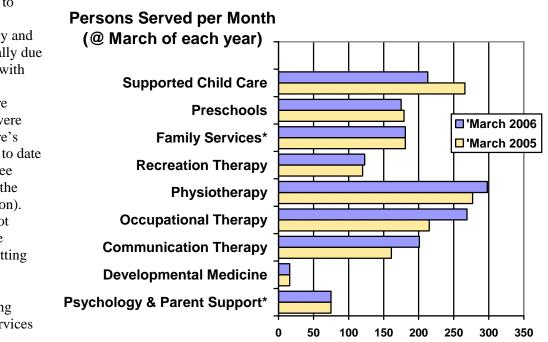
IV. PROGRAMS AND SERVICES

For a detailed description of the Programs and Services we provide, please see our "Orientation and Service Handbook" available online in PDF format at <u>www.centreforchilddevelopment.ca</u>

1. SERVICE STATISTICS:

Service levels increased by up to 25% across Communication Therapy, Occupational Therapy and Physiotherapy. This is essentially due to increases in staffing levels, with the greatest effect being felt in Communication Therapy where additional government funds were further enhanced by The Centre's largest single private donation to date (for more information please see "mowafaghian foundation" in the "Revenue Development" section). While these new funds have not reversed the waitlist, they have *restrained* the waitlist from getting any longer.

The Centre has faced continuing increases in the demand for services as the regional population has



expanded. In Surrey alone, we welcome 1,000 new residents per month into our boundaries – that's the population of one small town every year. Similar growth patterns across the South Fraser have <u>quadrupled waitlist times from 3-6 months</u> five years ago to their current 1-2 years. Waitlist reduction is our number one service priority.



2. COMMUNICATION THERAPY

People Served

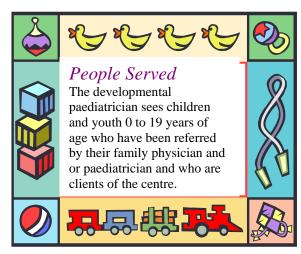
The Communication Therapy Department served 201 clients during the month of March 2006, representing a 25% increase in children served compared to March 2005. This increase was related to a modest increase in funding for staffing.

Of the 201 children served, 90% were children with multiple needs that were seen by a team of service providers from this and other agencies. Service frequency ranged from 1 to 5 service meetings/episodes per month and each service episode ranged from 30 minutes to three hours; 67% resided in Surrey/White Rock, 25% resided in Langley and 8% resided in Delta. Related to the rapid growth in development and population in the region served, there was a 30% increase in the number of children waiting for service over the same period last year. Service was delivered approximately 50% of the time at one of our three sites in Langley, Surrey, or Lookout Preschool in Delta and 50% of the time in homes, preschools, or daycare centers.

Key Achievements

- *"Tell It To Your Friends":* This assessment and loan program of voice output devices acquired funds for significant replacement and upgrading of equipment, which provides augmentative and alternative communication (AAC) support for children
- *Community Screening:* Staff continued their participation in early childhood screening in the Langley community in collaboration with the Langley Child Development Centre and the Early Childhood Development Committee of Langley
- *Staffing*: The Department welcomed, for the first time on our staff, a Dietitian to participate with the Eating Skills Team, and also welcomed two new speech-language pathologists
- Continuing Education: CT staff attended workshops on: Infant Attachment; Dysphagia and Pediatrics: The
 Long-term Implications of Aspiration in Infants and Children with Feeding Difficulties; Psychology and
 Childhood Communication Disorders; Drooling Assessment and Management; Pragmatic Language Impairments
 in Autism Spectrum Disorders and Related Developmental Disorders; and What You Want At The Lips You Get
 At The Hips: Practical and Holistic Approach to the Feeding of Children With Special Needs
- Provincial Professional Association: Director participated as early intervention speech-language pathology
 representative of the B.C. Association of Speech-Language Pathologists and Audiologists to the Working Group
 for the proposed College of Speech and Hearing Professionals in B.C. As well, another Staff Member participates
 on the Association's Executive as Registrar for BCASLPA
- *Student Training:* CT Department hosted two speech-language pathology practicum students from University of Alberta and University of British Columbia.

3. DEVELOPMENTAL MEDICINE



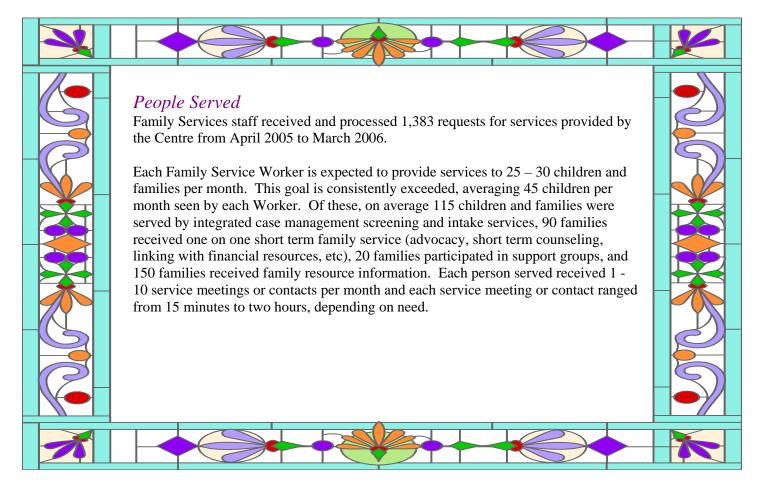
Key Achievements

- Increased Medical Collaboration: Continued collaboration and communication with community Family Physicians, Pediatricians and other sub specialists; Collaboration with Surrey Memorial Hospital Feeding Team, Sunny Hill Health Centre for Children Feeding Resource Team and B.C.'s Children's Hospital.
- Multi-disciplinary assessment: Ongoing development of multi-disciplinary team assessments of children with complex developmental disabilities.
- Dietitian Services: Instrumental in attaining Pediatric Dietician services for South Fraser Child Development Centre to compliment the Eating Skills Team.



- Vision Consults: Ongoing facilitation for Dr. Carey Matsuba, Developmental Pediatrician, Visually Impaired Program, B.C. Children's Hospital, to provide consultation at South Fraser Child Development Centre for children with visual impairment.
- *Pediatric Orthopedic Consults:* Instrumental in facilitating Pediatric Orthopedic consultation at Surrey Memorial Hospital (previously at South Fraser Child Development Centre.

1. FAMILY SERVICES



Key Achievements

- *Family Service Positions filled* so we now have 2 full time Family Service Workers.
- Resource Information: Updated the resource update site on The Centre's server for use by all Centre staff who are
 serving as case coordinators for children and families. For most resources listed, the staff member can simply click
 on an icon on the computer screen and go directly to an application for another service or benefit or to the website of a
 provider of a service or benefit. This is an area of particular strength and commendation for the organization as cited
 in the report following the site visit by the Commission on Accreditation of Rehabilitation Facilities
- *Resource Information Centre Website:* Updated information available and ease of access to that information on The Centre's website by adding earlier links to program referral information and Orientation and Services Manual and updating the information at these sites.



- Culturally Responsive Service Staffing: Continue to employ a full time Family Service
 Therapy, care & support
 under one unbred
 Worker who speaks Punjabi and other South Asian languages. At the same time we continue to improve our
 utilization of available service dollars by greatly reducing the need to access contracted interpretation services. We
 have continued contract with the Fraser Health Region for interpretation services. Service evaluations continue to
 indicate a very high level of satisfaction and effectiveness.
- Integrated Case Management: Further implementation of a system of integrated case management to improve service delivery for children and families receiving services from Infant Development Programs, Supported Child Care Programs and other external service providers. This is resulting in less time spent by families in unnecessarily repetitive meetings and better utilization of limited resources among and between service providers in our community. For example, if a family is already on a schedule of annual family service planning established through a partner service provider, our staff will adopt the planning schedule of that service rather than hold two separate family service planning meetings.
- *Family Service Plans:* All children and families served by The Centre are assigned an internal case coordinator who is responsible to ensure that family service plans occur annually and at times of transition and who is also responsible for ensuring communication and reports to physicians and coordination with any external case coordinators such as Infant Development Consultants employed by other organizations. Staff throughout The Centre are using excel spreadsheets to ensure every child and family is offered the opportunity to update their plan annually regardless of the combination of services they receive.
- Screening/Intake: The Chief Operating Officer began screening all referrals to The Centre in November of 2005 to support prioritizing of referrals, clearing out a backlog of incomplete referrals dating back a year and more, and to support a goal of completing all referrals received for service (including closure of incomplete referrals when requests for completion have not been received by The Centre) within 90 days of receipt of the referral. As of March, 2005, the average time to completion was 100 days. We continue to work to achieve the goal of all referrals being completed within 90 days of receipt.
- *Family Support:* Continued to work with families through professional family support, counselling, advocacy and parent education programs. Facilitated parent support and connections through the running of groups for mothers of children with a range of disabilities from the region. Provided families with information and resources though lobby table displays, bulletin boards, specific resources requests and hosted the annual Summer Information Fair which brings together community agencies and parents to plan specialized recreational activities for their children over the summer.
- *Consistent service* assessment, planning, review and other record keeping methods adopted and reviewed for continuous quality improvement of service provision and recording of services.
- Family Services Workers continue training in working with children and families with autism.
- *Staff participated in key interagency activities* including quality improvement, coordination of family service planning.

2. OCCUPATIONAL THERAPY

People Served

People Served

The occupational therapy department received 215 referrals for individuals between April 2005 – March 2006. Of this total 157 were for Early Intervention services and 58 were for school based OT service.

Occupational Therapy served 269 children with disabilities during the month of March 2006 (a 20% increase vs March 2005). Children received up to 4 service meetings or episodes per month and each service meeting or episode ranged from 30 minutes to over one hour. Our clients received direct and indirect services - e.g., report writing, preparation of materials, orthotics, devices. We also provided training or support to family members or caregivers during these service meetings/episodes. Our services were delivered approximately 50 percent of the time at the centre and 50 percent of the time at our client's home or school.



Service/training to like agencies is also provided on request in areas such as fine motor development; general education on the needs of children with neurological and developmental disabilities and how occupational therapy supports development; Professional mentorship is also available in areas of specialty for the department such as casting and splinting, assistive technology and eating skills.

The Occupational Therapy staff also actively support the training of future Occupational Therapists through supervision of clinical practica for Masters of Occupational Therapy students from affiliated universities in Canada and abroad. Karen Edwards, Senior OT participates in OT Supervisor's Meetings on a bi-monthly basis.

Key Achievements

- *Development and piloting of a Birth to Three program*: enables quick and urgent response to new referrals in the youngest age group
- *Continuation of alternate models of service delivery:* Power mobility camp.
- *Co-direction of groups between OT/PT* : provides fine and gross motor development opportunities
- Interdisciplinary Programming: Involvement in development of Teen Transition Group; Continuation of OT/PT family focused newsletter of practical tips, activities and articles of interest.
- *Casting and splinting program:* 96 (29% inc.) individual clients served. 72 lower extremity procedures (some single, some bilateral) and 26 upper extremity procedures. Casting was provided for 12 orders sent to Cascade DAFO for orthotics. Serial casting or cast changes post Botox treatment for 5 children. The average appointment time is approx. 1 hr and most clients would be seen 2-3 times/year to adjust for growth. The finishing of the average ankle foot splint can take between 6-8 hrs.
- *Continuing Quality Improvement:* work on clinical competencies, writing measurable Goals and Objectives; charting procedures; case coordination training
- Delivered Seminars: Development of seminar topics by OT staff and presented to staff and community groups. Topics included: Understanding Sensory Processing an self regulation; A variety of topics presented for the Surrey School District for their SEA training day. Staff education-external: Early Years conf.; Positioning Alternatives; Seating Symposium; Orofit splinting wokshop; Sensory Toolbox; Clinical Assessment and Practical Interventions for praxis; Stair and Bathroom Alternatives. Staff education internal: monthly education sessions with topics such as Constraint Therapy for the arm; Sensory processing;
- Clinical education: opportunities for 3 Occupational Therapy student for 7 week practica
- Member of OT staff is regional representative to the Pediatric OT Council
- Equipment Team: see PT report

6. PHYSIOTHERAPY

People Served

The physiotherapy department received 207 referrals for service between April 2005 and March 31, 2006. Of this total 169 were for Early Intervention Program; 38 were referrals for services to School age children.

Physiotherapy served 298 children with disabilities during the month of March 2006. Children received up to 4 service meetings or episodes per month and each service meeting or episode ranged from 30 minutes to one hour. Our clients received both direct and indirect services e.g., report writing, preparation of materials, orthotics, devices. We also provided training or support to family members or caregivers during these service meetings or episodes. Our services were delivered approximately 50 percent of the time at the centre and 50 percent of the time at our client's home or school.

Service/training to like agencies is also provided on request in areas such as lifting and transfers for respite workers and volunteers; general education on the needs of children with neurological and developmental disabilities and how physiotherapy supports development; Professional mentorship is also available in areas of specialty for the department such as casting and splinting, positioning and mobility.



The Physiotherapy staff also actively support the training of future Physiotherapists through supervision of clinical practica for Masters of Physical Therapy students from affiliated universities in Canada and abroad as well as hosting several focused pediatric clinical instruction sessions for students in the Physical Therapy program at the University of British Columbia.

Key Achievements

- *Equipment Team:* 133 individual clients were seen. Each client would be seen 2-3 times for assessment, fitting and review within a 1 year period with appointments averaging 1.5 hrs. There has been a significant increase in the number of clients requiring complex seating such as Foam-in-place manufacturing.
- *Group Programs:* Continued success of all group programs offered by the Physiotherapy department to maximize opportunities and experiences for children and manage caseload and waitlist.
- *Interdisciplinary Programming:* Involvement in development of Teen Transitions Group continuation of the OT/PT family focused newsletter of practical tips, activities and articles.
- *Community Integration:* continued growth in community based programs, most noteably the "Y" strengthening program co-directed by PT and Recreation Services.
- *Continuing Quality Improvement* work in clinical competencies, training to write measurable Goals and Objectives; chart auditing and charting standards; case coordination training.
- *Education Initiatives* maintained strong ties to UBC department head holds the rank of Clinical Assistant Professor. The department provided clinical experiences for a total of 40 UBC students for two one day clinical education sessions.
- Delivered Seminars: Musculoskeletal Injury Prevention Seminar
- *Staff Education-external:* Spina Bifida Conference; Ms Strengthening in the Neurologically Impaired Child; Seating Symposium; Tech Workshop for Seating
- National and Professional Association: Dept. Head holds the designation of Clinical Assistant Professor at the University of British Columbia; Department Head chairs the BC Pediatric Physiotherapy Supervisors group and was a founding member of the BC Pediatric Physiotherapy Council (advisory body to government on Pediatric Physiotherapy in BC).
- *PT council:* Staff therapist serves as a regional representative to the PT council.
- *Casting & Splinting:* see OT report

7. TECHNICAL SERVICES

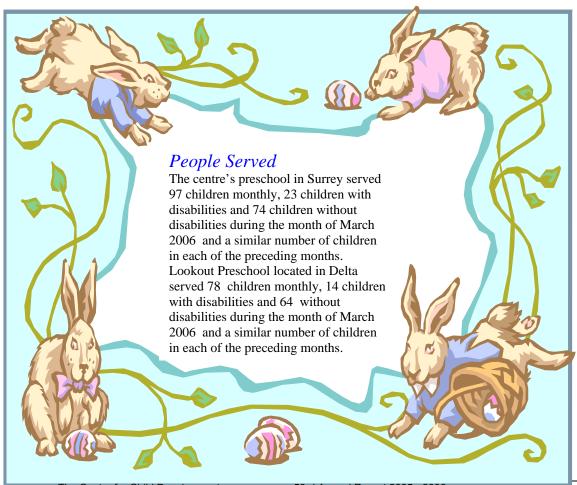
Sadly, as Technical Services has been a wholly fundraised service and as 2005-2006 marked the end of a significant five year donor commitment along with the financial challenges of ongoing unfunded salary and benefit increases in services outside of government contracts, the difficult decision to close the Technical Services department upon the retirement of Technical Services staff was made.

To their great credit, the Technicians provided a highly valued service in close partnership with the physiotherapy and occupational therapy staff to adapt and create equipment that will meet the individual needs of children. Services have been provided in the client's home or in the center. The technicians also provided support services to the maintenance staff and the Occupational Health and Safety Committee. In the period April 2005 to March 31, 2006 the following work was completed: 143 major client orders filled; 152 agency work orders. In addition the technicians informally assisted both therapists and families with spur of the moment "minor" repairs (flat tires, loose brakes, etc). Client orders typically generated a minimum of two visits, one to assess and measure the client for the equipment and a second to fit and adjust the finished piece. However, the more complex clients received 10 or 12 visits in the process of designing to their needs. Technical Services staff also provided monthly off-site assistance to both satellite sites Look-Out Pre-school and the Langley office.



Key Achievements

- *Postural Support:* meeting the very specific individual needs of a child in the areas of postural support and promotion of physical development as well as providing equipment, which eases the burden of care for families and other caregivers (bath lounges, potty chairs, add on mobility base for commercial commode, bath benches with postural support)
- *Enabling access* to all of the child's environments through the use of equipment (standing frames, floor seats, postural support inserts for high chairs and strollers, adjustable height tables,)
- *Participation* in physical activities that were previously impossible, such as riding a bike (foot supports to full postural support systems)
- *Adaptation of equipment* including toys and computer access to support the fine motor, cognitive and communication development of children who have significant difficulty using their hands for play (mounting of switches for communication devices, key guards for computers, adapting batter operated toys for interface with large touch switches); scaling down adult designs that are not available in pediatric sizes
- *Research and Development of equipment* to meet the unique and complex needs of individual children. This time and the expenditure of materials is never charged to the family. For a child with complex postural needs and functional limitations it is not unusual for the technicians to spend 20 or more hours working on prototype ideas before a final design that works for the child is achieved.
- *Occupational Health and Safety*: provided earthquake restraints on all open shelving throughout the agency, assessed and restocked all earthquake kits; addressed signage and pedestrian safety issues in the parking areas.



8. PRESCHOOL PROGRAM

Key Achievements

Preschool: Maintained high quality delivery of integrated communitybased preschool programs serving the Surrey, White Rock and Delta areas.

Student Placements: Provided educational practicum placements for students.

Seminars: Hosted and delivered educational seminars with Supported Child Care.

Cultural Diversity: The Centre or Child Development Preschool and Lookout Preschool celebrated Diwali and Chinese New Year.

The Centre for Child Development



1. PSYCHOLOGY & PARENT SUPPORT

People Served

Psychology and Parent Support received 182 new requests for service, for children for disabilities in the period April, 2005 through March, 2006, a 70% increase over the year 2004-05. Of these 55 children received psychology assessments for kindergarten entry, up from 35 last year or a 64% increase. 75 children received 1 - 8 service meetings or episodes per month and each service meeting or episode ranged from 30 minutes to one hour. We also provided training or support to family members or caregivers during these service meetings or episodes.

We continue to employ a Registered Psychologist who is full time with The Centre, following many years of part time staffing in this service. This has provided the people we serve and our rehabilitation teams with exceptionally high quality and consistent service. We have a vacancy in a second full time Registered Psychologist position though we were once again successful in contracting with a highly qualified private practice Registered Psychologist over the spring months of 2006 to partner with our full time Registered Psychologist to provide psychological assessments for children entering kindergarten.

Key Achievements

- Toileting Staff Training and Family Support Workshops: Parent Support staff continued to attend training sessions for themselves to keep their knowledge up to date and to provide services to children and their families with the vast majority of referred children completing the program successfully.
- Increase in Numbers of Families Served in Summer Respite Program with same dollars. Numbers of families served by the Summer Respite Program, funded by Human Resources Development Canada, were increased due to planning of better screening and intake as well as more efficient and equitable use of summer student staff time. Another successful summer of providing respite services to families with children having disabilities was completed evaluations indicate a high degree of satisfaction with this service
- *Exceeded goal to Number of Children receiving* Kindergarten entry psychological assessments in 2006. Our goal was to increase kindergarten assessments from 35 in 04-05 to 50 in 05-06. The Centre provided 55 kindergarten assessments, This plan has been developed and a contract drawn up with a private practice Registered Psychologist to provide up to 50 Kindergarten entry assessments, up from 35 last year.
- Program Development: Provided Program Development Consultation for child care staff. Consultation: Consulted to child care centres on individual case situations while Registered Psychologist was employed
- Collaboration: Collaborated with supported child care consultants, teacher, community speech language pathologists and paediatricians regarding topics ranging from service delivery model options to Individual Education Plan preparation.
- *Development and implementation* of satisfaction surveys/evaluation formats for children.
- *Consistent record keeping* methods updated and implemented.
- *Staff participated in key interagency activities* including quality improvement, general occupational health and safety, and emergency procedures development and practice.

2. RECREATION SERVICES

People Served

Recreation Services Department served a total of 303 clients during the year (218 children with disabilities and 85 adults with disabilities), an average of 115 clients per month and 123 during the month of March 2006. Each client received 1 - 10 service meetings or episodes per month and each service meeting or episode ranged from 30 minutes to 75 minutes. Total number of service episodes or meetings for the year was 3,390.



Key Achievements

- Twenty-two athletes from the Centre's swim, track & field and race runner programs competed in the BC Disability Games in Nanaimo in July, 2005.
- Continued involvement and staff support to running of many of the Physiotherapy group programs offered in house and in the community.
- Operated a community information and referral system for referring clients to a variety of community programs such as tennis lessons, skiing, weight training, powersoccer, powerhockey, wheelchair basketball and communitybased adapted swimming and adapted gym programs.
- Offered recruitment, orientation and training to volunteers helping in various therapy and recreation programs.

3. SUPPORTED CHILD CARE PROGRAM

People Served

The supported child care programs served 213 children in Surrey/White Rock during the month of March 2006. For the full year period from April 1, 2004 to March 31, 2005 we served 306 children in Surrey/White Rock and 77 in North Delta.

We serviced and provided extra support staff to on an average 89 to 100 children monthly in the Surrey/White Rock community child care centres.

We provide specialist support, training and service to 72 community child care centres and their staff in Surrey/White Rock .

Key Achievements

- *Community Education:* Supported Child care consultants offered two six week partnership programs for community care givers; Inclusion and Challenging Behaviours. All consultants were trained in train the trainer program for Inclusion in School Age Programs.
- *Childminding:* Services providing childminding for clients and siblings while parents attend Family Service Plan Meetings; Family service groups; and Educational sessions.Child Care Options Resource and Referral provides a Mobile Child Minding Program that we utilize on a regular bases for the Centre clients and siblings.
- *New Reporting Template:* MCFD have designed a monthly and quarterly reporting template starting January 2006.

I. MANAGEMENT OF FUNDS

Key Achievements

Produced a Seventh Consecutive Annual Excess of Revenues Over Expenses. Especial credit is owed to Kagnew Asaye, Chief Financial Officer for his continuous diligence regarding the Association's finances. The amount for 2004/2005 is \$76,650. As can be seen from Chart 1 below, the impact of the above mentioned seven consecutive annual excesses of revenue has been to eliminate the cumulative deficiency in unrestricted net assets that peaked in 1999.



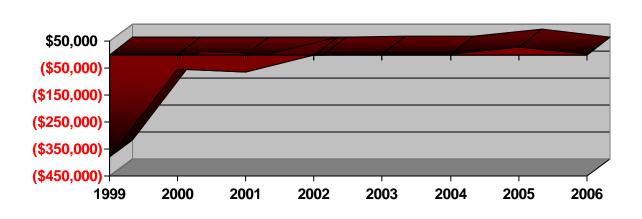
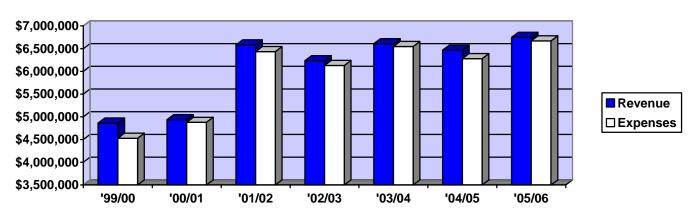


CHART 1: LFVCPA UNRESTRICTED NET ASSETS

Chart 2 below shows the "tight tracking" of Revenues vs Expenditures during the past several years, while also showing the general rise in the budget during this period. In comparing '04/05 to '05/06, overall revenues (and expenses) can be seen to have increased modestly. Revenues increased by approximately 4.3% in '05/06 to \$6.75M vs \$6.47M in '04/05, primarily due to increased funds for core therapies and waitlist reduction.





Audited Financial Statements (March 31, 2005)

To obtain a copy of the Audited Financial Statements in full, contact Gerard Bremault, Chief Executive Officer.

Financial & Administrative Services

The Finance & Administration Department played a key role in supporting the delivery of services to children and families through their coordinating efforts to reduce agency operating expenditures. In addition, they delivered essential corporate services including the management of clinical records, financial records and communication systems including computer systems, technical support and training.



I. Revenue Development

Major events and support during the 2005/2006 fiscal year are featured on the pages that follow and include:

- djavad mowafaghian foundation-\$750,000 donation
- 6th Annual "Gala of Hope"
- 10th Annual Prospera Charity Golf Tournament
- McDonald's Restaurants of Canada "Splash Of Love" Pool Rejuvenation Project
- 3rd Year Surrey Firefighters Casting and Splinting Sponsorship
- 4th Annual "Run, Walk and Roll for our Kids"
- Willowbrook Shopping Centre Charity Gift Wrap
- 1st Phase Planned Giving Launched



Mr.Djavad Mowafaghian

Additionally, the following activities and events were also held which supported The Centre for Child Development Centre and/or our community:

- Transcontinental Clothing Bank program now in 2nd year in Greater Vancouver raised \$57,775
- Blue Sky Foundation donates \$25,000 to The Centre towards our Dietician Services and Communication Therapy Equipment
- Canada Safeway-Fleetwood "We Care Campaign" raised \$12,713.48 for The Centre with special thanks to store manager Rick McLeod, Denise Pelton, Val Armstrong, Kelsey Pelton and other Safeway volunteers.
- JP Morgan Chase provides \$5,000 towards our Eating Skills Team
- Golf Tournaments: The Delta Scottsdale Lions hosted a tournament on our behalf raising \$4,600 and Surrey Chamber of Commerce donated \$1,000 to The Centre from their tournament.
- Santa Breakfast at Guildford Town Centre not only raised our profile once again but \$1,700.
- "Kick it Up for our Kids" with The LEADER, Vancouver Whitecaps and Guildford Town Centre supported by McDonald's Restaurants of Canada was a great success. The event included a demo of power wheelchair soccer and some demos by Wheelchair Sports athletes as well as the Whitecaps and lady Whitecaps players and of course the sale of our logoed soccer balls.
- Family Christmas Party: Many thanks to Sharon and Dwayne for the 3rd Annual Family Christmas Party at the Roadhouse Eatery in White Rock. Families from The Centre were treated to a turkey dinner with all the trimmings. Children had a visit with Santa and received a wonderful gift thanks to the Peace Arch Rotary Club. A special thank you goes out to Karen Whitelock, Heather and Dan Basham and other volunteers for all their help. Thank you Handi-Dart for the transportation for our families.
- Involvement in Awards and Professional Development: Judy assisted with the 4th Annual LEADER Awards, is on the Surrey Business Excellence Awards Committee, is a member of the Surrey, Delta and Langley Chambers of Commerce, a member of the Canadian Association of Gift Planners, Fraser Valley Estate Planning and AFP-Vancouver.
- "Garden of Giving" nears completion with the help of "4 the Kids" a wonderful volunteer group of young adults headed up by Jessica Dorazio the founder. They worked for three solid days weeding, digging, hauling sand and gravel to make way for the laying of the paving stones and the planting of the "Garden of Giving" by Heaven 'n Earth Landscaping. Special thanks to Jessica's grandfather for making the wheelchair accessible planter boxes for the garden and donating the stain.

Single Largest Individual Donation in the Centre's History



PRESS RELEASE - FOR IMMEDIATE RELEASE



djavad mowafaghian foundation donates \$750,000 to The Centre For Child Development

January 12, 2006

SURREY, BC January 12 – The Centre for Child Development waiting lists for Speech Language Therapy will be shortened, thanks to a \$250,000 donation from local businessman and international philanthropist Djavad Mowafaghian. \$50,000 per year for the next five years will provide additional Speech Language Pathology services to children with special needs. A further donation of \$500,000 has also been confirmed with specific details to be announced this Spring.

Thanks to these contributions more children will receive therapy earlier, which will help The Centre for Child Development put the early back into "early intervention". We currently have waitlists of 1 to 2 years (which have quadrupled from waitlists of 3 to 6 months only five years ago). Why? Surrey continues to be one of the fastest growing cities in Canada welcoming 1,000 new residents per month, with similar rapid growth extending to much of the South Fraser.

Mr. Mowafaghian toured The Centre for Child Development in December 2005 and was impressed by the professionalism and commitment of the staff providing services to a number of our developmentally challenged children. He wanted to give back to the community and help children with special needs reach their full potential.

Mr. Mowafaghian has a deep commitment to children and health and supports numerous charities throughout the Lower Mainland. He made the largest single individual donation in the history of BC Children's Hospital in 2004.

We would like to thank the "djavad mowafaghian foundation" and in particular Mr. Mowafaghian, Mr. Eshghi and Ms. Clark and all the staff of V1500 Holdings Inc., a real estate development company in North Vancouver for their commitment to The Centre for Child Development.

The Centre for Child Development is operated by the Lower Fraser Valley Cerebral Palsy Association which was founded as a registered charitable society in 1954 (Federal Charitable Registration #: 10764 6408 RR0001). The Centre provides intensive therapy and support services to over 1,800 children per year through more than 140 professional health sector staff from three primary locations in Surrey, Langley and Delta; sixty five child care settings throughout Surrey/White Rock and in schools and homes throughout the South Fraser Region.

For more information, contact:

Gerard Bremault, MSW, RSW Chief Executive Officer The Centre for Child Development 604-587-4271; Gerard@centreforchilddevelopment.ca www.centreforchilddevelopment.ca



Therapy,care & support under one umbrella Operated by Lower frazer Valley Cenetral Palay Association + Charitable Registration #10764.6408 R80001 A United Way Member Agency + The Centre for Child Development (formerly the South Frazer Child Development Centre) has been Awarded a Three-Year Accreditation by CARF (Commission on Accreditation of Rehabilitation Frazilities) for its Outpatient Medical Rehabilitation Programs - Multiple Service (Pediatric Family Centred) through each of its three sites in Surrey, Longley and Deito.



1st Phase of Planned Giving Launched

The estate of Howard Maximitz bequests \$93,743.86

The Centre for Child Development officially launched it's first phase of our Planned Giving Program at the "Gala of Hope" in November 2005. A logoed apple was handed out with a print piece asking guests to help us take a bite out of our waitlists as they left the Gala by considering us in their will and estate planning. The entrance lobby west wall was painted with an apple tree by Kimi's Kreations to tie in the apple theme and honour those who had put The Centre for Child Development in their will and estate plans in the past and to encourage people to do the same.

\$93,743.86 Raised

Planned Giving. Growing our future together



Help us take a bite out of our wait lists.

Gala Of Hope - \$47,000.00 Raised



Gala Committee Membership:

- Chair- Dorothy MacLeod- TD Commercial Banking
- Karla PearsonThe LEADER
- Pauline Dooley-Parent
- Jane Duchscher, TD Bank
- Yvonne Cartier-Supported Childcare
- Brenda Jensen-Guildford Town Centre
- Linda LaPierre-Guildford Town Centre
- Shawn Audette, RBC Royal Bank
- Emily Wilson- CIBC
 Imperial Services
- James Stewart-Hamilton, Duncan, Armstrong and Stewart
- Rose Swain, Business
 Development
 Bank of Canada

Staff Support: Judy Krawchuk, Director of Revenue Development; Chris Burt-McEvoy & Robin Matthews, Financial Services.

Heartfelt thanks from The Centre for Child Development

With your help we raised close to \$50,000.00 at the 6th Annual "Gala of Hope" on November 5, 2005

We would like to thank our very generous corporate sponsors, individuals and businesses who donated items for our live and silent auctions, our guests, and of course our organizing committee and our volunteers. This could not have been achieved without all of you!

We look forward to seeing you in 2006, please mark your calendar for November 4, 2006!

FRIENDS OF THE CENTRE BC Biomedical Days Hotel Brenco Industries Common Exchange Daniel Le Chocoiat Beige Praxale TD Canada Trust – Dorothy MacLeod 4 the Kids Lee Alwater TWilght Drive In Mr. Ted Couling Keith Diamond & The Rockets Lazy Wizard Design Pat Caider Whatley Pintners & Stationers Collectibles at Border Gold Northwiew Golf & Country Club Mr. & Mrs. Paul & Amonda Latrielle

PINK CARNATION DRAW PRZES Dorothy Mul, Emily Wilson and Judy Krawchuk

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d Security Flag Chevrolet Oldsmobile in Style Home Fumishings-Guildford Rona Revy Inc.-Langley
Thank you to our Masters of Ceremonies- Bruce McAultife-The LEADER and Bruce Haynes-Thomiey Advertising, to our band Keith Diamond and the Rockets
along with Eivis for a very entertaining evening!

The proceeds from the 'Gala Of Hope' support children with developmental disabilities and their families in the South Fraser Region.





IT FEELS AS GOOD AS MAKING A KID SMILE.

thank you

Your participation in Prospera's 10th Annual Charity Golf Tournament in support of The Centre for Child Development raised a grand total of \$34,500!

Heartfelt thanks from both The Centre for Child Development and Prospera Credit Union! The proceeds from this event will go directly toward more and better services for our kids!

We look forward to seeing you again next year, so please mark your calendar for Thursday, July 20, 2006!



Keith Puiu, Prospera President & CEO and Benjamin Dooley, The Centre for Child Development

PLATINUM SPONSORS

DOING IT FOR THE KIDS AT PROSPERA.



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Don't just bank. Prosper.



McDonald's Splash Of Love



The Centre for Child Development Pool

received a much needed face lift and brand new equipment thanks to Wendy Hummel and McDonald's Restaurants of Canada from white to bright it's now cheerful and fun! The monies were raised during the 14th Annual McHappy Day through the combined efforts of McDonald's customers, franchisers and their crews, along with the support of local dignitaries and business associates in Surrey, Delta, White **Rock and Annacis** Island. Coin boxes at these McDonald's Restaurants also supported the project!

> \$33,021.66 Raised

The Centre for Child Development's

Splash of Lope

The official opening of the "Splash of Low" Pool Rejuvenation Project, generously donated by McDonald's Resourants of Canada Limited. The \$25,000 donation was dedicated to refurbish the drotherapy pool at the Centre for Child Jorgenet

The monies were raised during the 14th Annual McHappy Day, through the combined efforts of McDanald's customers, tranchisees and their crews, along with the support of local dignitaries and business associates in Surrey, While Rock, Delta and Annacis Island.

DEVELOPMENT

"The Splash of Love" rejuvenation projects include two new stainless steel equatic shower chairs, flotation devices, swim mats, life jackets, a sound system and an extraordinary wall mural cataled by Kim's Kreations. The wall mural features on antural tropical setting – turquoles waters filled with brightly colored animated fish, moving up to greenery, paim trees and a sunbathing elephant. The connecting wall features two smilling giraftes, turtles, bubbles and connonballing hippo. It was mural designer Kim's hope to create a fresh animated setting, full of life and color for the children with special needs receiving therapy in the 92° pool.

About The Centre for Child Development: Founded as a registered charitable society in 1954, The Centre is a non-profit organization governed by a volunteer Board of Directors. It provides intensive services to approximately 1,800 children per year, through 140 professional health sector staff from locations in Surrey, Delta, Langley and North Delta.

i'm lovin' it

Platinum Donor \$750,000

Planned Gifts \$93,743.86

Blue Sky Foundation

Ainistry of Children

and Family Development

Gold Donors \$20,000+

djavad mowafaghian foundation

Estate of Howard Maximitz



McDonald's Restaurants of Canada -"Splash Of Love" Pool Rejuvenation Project

Blue Sky Foundation

Ministry Of Children and Family Development

B.C. Lottery Corporation (Langley Bingo Palace)

United Way of the Lower Mainland

Surrey Fire Fighters Charitable Society



Inited

of the Lower Mainland





TRANSCONTINENTAL CLOTHING BANKS

Prospera Credit Union

The Leader

Fraser Health Authority

Transcontinental Clothing Banks



Donors \$10,000+



Canada Safeway Fleetwood Store # 62



CIBC





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Delta Scottsdale Lions

Vancouver Foundation-Frederickson

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The Centre for Child Development

53rd Annual Report 2005 - 2006

Donors \$1,000+

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Please also see thank you ads on previous pages for Gala of Hope and Run, Walk and Roll for our Kids

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Please also see thank you ads for the Gala of Hope and the Run, Walk and Roll for our Kids above.



Sponsorships, Donations in Kind of Equipment of \$100+

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Thank you to our committee chairs Lee Atwater and Dorothy MacLeod, to our committee members, our volunteers, pledgers and donors we could not have been successful without you!

Donations in Memory:

•Brian Brewer•Harry Guttormson•Harry Allen Rod & Eileen Nelson•Van Zor Grotto•Jim & Betty Burnett •Paul & Maryke Odermatt•Ms. Margaret Whale•Mr. & Mrs. Pattar•Karen Huckell•Kate Mancer •Berbon Management•Susan Strell Olson

Donations in Memory of Colby Vanderveen

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- •Maegan White•Arnie Jones•Whalley Senior Mariners•Marlayne Erickson•Robyn Schmitke
- •Yvonne & John Harrison•Judy Dahl



It is with great sadness that we announce Mr. Slim Edwards "Alberta Slim" and Mrs. Pearl Edwards both long time supporters and donors to The Centre for Child Development have passed away. Their commitment to the children and families we serve was second to none.

Donations in Memory of Eric "Alberta Slim" Edwards

•Gerald & Beverly Radtke•Elizabeth Beer•Norm & Mary Cox•Surrey School District #36 Integration Teachers •Mark & Karen Read•Steve & Beverley Piskorik•Leonard Hitchens & Georgina Edwards•John & Shirley York •Patricia Fodor•Walter & Dorothy Strell•Simon Cunningham Social Fund•Christina Fodor•Albert Carey •Winfield & Vicky Gene•James & Sally Baird•Kate Mancer•Partners & Team Members of Manning Elliott LLP •Diane Silzer•Brenda Wicentowich•Pat & Norman McMillan, Ivy, Anne, Karen S., Karen H. Yvonne & Dan, Judy & Rob c/o Robert England & Judy Barteluk•Lynn Swanson & Raj Antifeau•Robert Fraser

Donations in Memory of Mrs. Pearl Edwards:

Glenn & Elizabeth Beer•Norm & Mary Cox•Surrey School District #36 Integration Teachers•Mark & Karen Read •Steve & Beverley Piskorik•Leonard Hitchens & Georgina Edwards•Patricia Fodor•Christina Fodor•Albert Carey •Mrs. Winfield & Vicky Gene•James & Sally Baird•Alan & Kathleen Mancer •Partners & Team Members of Manning Elliott LLP•Creekside School•Lynn Swanson & Ray Antifeau Patricia Griffin•Patricia McMillan•Mike & Victoria Moffatt•Gary & Elizabeth Thompson•Holly Rule•SJ Peterson Susan Strell Olsen

Although we have attempted to thank everyone we may have inadvertently missed someone or something and apologize for any omissions.

Telephone: (604) 584 1361 Facsimile: (604) 583 5113 www.centreforchilddevelopment.ca

Federal Charitable Society Registration: 10764 6408 RR0001