Walk & Rou For entre

55th Annual Report 2007 - 2008



Therapy, care & support under one umbrella

9460 140 Street Surrey, BC V3V 5Z4
www.centreforchilddevelopment.ca

Executive Summary

The Centre for Child Development of the Lower Mainland doing business as "The Centre for Child Development" achieved the following key results during the period from April 1, 2007 to March 31, 2008 (please see the related sections of the report for more information on each topic):

Organizational Governance, Mission and Policy Priorities

Further to its 2008 annual planning sessions, and building on the Service, Reputation and Market, and Finance priorities from the previous year, The Board of Directors established the following key strategic priorities for The Centre:

PROFILE: We will continue to build The Centre's profile so that The Centre is top of mind for donations, funding, volunteers, marketing

WAITLIST And SERVICE DELIVERY: We will continue to bring down waitlists and pursue a full continuum of service delivery including prevention, education, diagnosis, assessment, support, treatment etc.

ADVOCACY: We will provide increased information about the needs and status of children and youth with special needs, developmental disabilities and their caregivers to key decision makers

Staffing levels have continued near full recruitment after close of the 2006/2007 fiscal year due to the outstanding efforts of Senior Staff across all Departments. This moderately improved service levels in 2007/2008. Nonetheless, given continued high intake and referral rates, waitlists have again been restrained from expanding beyond levels of 1-2 years and in some cases are being reduced below this level.

Management of Funds & Revenue Development:

Revenues: Revenues were up from \$7.4M in 2006/2007 to \$8.7M in 2007/2008.

"In the Black": For the NINTH consecutive year we finished the fiscal year period with an Excess of Revenues Over Expenses. This year's amount is \$58,559 which the Board has placed in reserves.



JAMES STEWART Chair, Board of Directors



GERARD BREMAULT, MSW, RSW Chief Executive Officer



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Introduction

The Centre provides:

Casting and Splinting Communication Therapy Developmental Medicine Eating Skills Team Equipment Team FASD Key Workers Family Services Support Groups Hydrotherapy Occupational Therapy Physiotherapy Physiotherapy Preschool Programs Psychology Recreation Therapy Supported Child Care The purpose of this Annual Report is to provide members of the society, funders, donors and the public with an account of the The Centre for Child Development of the Lower Mainland's performance for the period from April 1, 2007 to March 31, 2008.

As the Broadbent Report pointed out, "voluntary organizations are self-governing agencies which hold a public trust related to a particular mission and they generally use donated funds to accomplish this mission. As a result, these organizations are responsible for what they choose to do and how well they do it. This means they are, at minimum, accountable for:

Establishing an appropriate mission and/or policy priorities and ensuring their relevance;

Sound management of funds received from donors and governments and of expenditures;

Effective organizational governance (including structures and processes for managing human resources); and

The outcomes, quality and range of their programs and services.¹¹ Given the above accountabilities, this report is organized accordingly.

Agency Overview

Beginnings and History

Many people driving by The Centre for Child Development's prominent location at 9460 - 140th Street in Surrey, and noticing its additional offices in Langley at 103 - 5844 Glover Road and in Delta at 11405 – 84th Avenue, might assume the impressive 40,000 square foot building and expansive activities were established by a simple stroke of a pen at some level of government. And a reasonable assumption it might be, considering The Centre's size, history, and remarkable reach, both directly and indirectly, to children and youth with disabilities. But over fifty years ago, when this centre began with a group of parents attempting to organize therapy and support services for their children, things were not so easy.

The association began with members from Cloverdale, Langley, Ladner, and White Rock. For the first eight years, meetings were held monthly at the Cloverdale Health Centre and were a place for parents to share information and socialize and support one another with the challenges that come with raising a child with cerebral palsy.

When the first Annual General Meeting was held in February 1954, President Norman Sherritt and his team of parents drew up plans for regular transit services for area children with cerebral palsy to commute to BC's only existing CP Clinic in Vancouver.

#1 Ed Broadbent, Panel on Accountability and Governance in the Voluntary Sector, Final Report, "Building on Strength: Improving Governance and Accountability in Canada's Voluntary Sector" (February 1999), p. 17





Services Today

Today's Centre for Child Development operates with approximately 140 professional staff from three locations in Surrey, Delta and Langley. The Centre is a regional children's medical rehabilitation facility offering therapeutic services to children with disabilities and support to families residing throughout the South Fraser Region in Surrey, Delta, Langley and White Rock. The Centre serves children from birth to 19 years of age with a variety of neurological, orthopaedic, development and learning difficulties including cerebral palsy, spina bifida, muscular dystrophy, down syndrome, autism, attention deficit hyperactivity disorder, brain injuries & infections, seizure disorders and other developmental disabilities.

It is the only "one-stop shop" in the South Fraser region for children with special needs and their families.

The Centre's professionals include specialized paediatric psychologists, family services and parent support workers, FASD key workers, occupational therapists, speech-language pathologists, physiotherapists, early childhood educators, supported child development consultants and teachers, recreation specialists, technicians, a dietician and a Doctor specializing in developmental paediatrics.



Ends Statement

Helping children with special needs reach their potential.^{#2}

Values Statement

The provision of services to children and youth with developmental disabilities and their families shall be based on the following beliefs:

- All children and youth with developmental disabilities have the right to high quality programs and services, which facilitate their physical, social, emotional, and intellectual development.
- Programs and services should be community-based, foster integration of children with disabilities into the community, readily accessible, and developed to meet the individual needs of the child and youth.
- Effective programs and services focus on the child and youth using a family-centered care approach.
- Programs and services will be provided through a collaborative team effort that includes children and youth, parents and professionals working in an atmosphere of equality and mutual respect.

Persons Served and Outcome Areas

The following persons served#3 and outcome areas are central to our business:

Children and youth with disabilities (0-19 years of age) - Outcome Areas:

Ability/Skill/Knowledge: increasing a broad range of personal skills and abilities to overcome, offset or reduce the effect of their disability *Physical Well-being:* reducing trauma, stress, pain, deterioration; increasing comfort, strength, mobility, health

Emotional Well-being: reducing trauma, stress, pain, anger, frustration; increasing self-confidence, sense of success, happiness and hope *Independence:* reducing helplessness/dependence; increasing ability to function independently

Social Acceptance/Integration: decreasing isolation; increasing peer acceptance, support, normal relations, participation

Their families and caregivers - Outcome Areas:

Ability/Skill/Knowledge: increasing ability to assist and enable child/youth who has a disability

Emotional Well-being: reducing trauma, stress, grief, loss, pain, anger, frustration; helping to cope with the challenges of raising a child/youth with a disability & increase self-confidence, sense of success, happiness & hope

Independence: reducing helplessness; increasing ability to function independently

Social Acceptance/Integration: decreasing isolation; increasing mutual support amongst caregivers who have children with disabilities and support from caregivers who have typical children

Other service providers to the persons we serve - *Outcome Areas:*

Ability/Skill/Knowledge: increasing their ability to assist and enable children in their care who have a disability Social Acceptance/Integration: increasing social acceptance/integration within these individual sites and the broader community through strategic partnerships & teamwork; creating advocates on behalf of children with disabilities.

#2 This revised "Mission" statement was adopted in 2007 by the Board of Directors. The use of the term "Ends" statement reflects the Board's adherence to a Carver model of governance and an associated set of board governance policies.

#3 The use of the term "Persons served" reflects the Association's adoption of CARF Medical Rehabilitation standards.



Board of Directors

James Stewart	Chair
Tony Miles	Vice Chair
Shabna Ali	Treasurer
Mary-Jo Johnston	Co-Secretary
Joanna Whalley	Co-Secretary
Karla Pearson	Board Director
Emily Wilson	Board Director
Andrea Rasmussen	Director
Chris Thornley	Honorary Director

(Staff Support: Gerard Bremault, Chief Executive Officer Kagnew Asaye, Chief Financial Officer)

At its 2008 annual planning session, building on the Service, Reputation and Market, and Finance priorities from the previous year, The Board of Directors established the following key strategic priorities for The Centre:

PROFILE:

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WAITLIST And SERVICE DELIVERY:

We will continue to bring down waitlists and pursue a full continuum of service delivery including prevention, education, diagnosis, assessment, support, treatment etc.

ADVOCACY:

We will provide increased information about the needs and status of children and youth with special needs, developmental disabilities and their caregivers to key decision makers.

Accreditation

*In October 2007, CARF (Commission on Accreditation of Rehabilitation Facilities) confirmed that The Centre for Child Development had been

re-accredited for a period of three years for its Outpatient Medical Rehabilitation Programs - Multiple Service (Pediatric Family Centred) through each of its three sites in Surrey, Langley and Delta.



Many thanks and appreciation are owed, with special reference to the fantastic teamwork and leadership of the entire Senior Staff Team:



Photo: Left, back to front Karen Edwards, **Director of OT** Heather Basham, A/Director, Supported Child Development Gerard Bremault, CEO **Christy Faraher-Amidon**, **Director, Communication Therapy** Karen Whitelock, **Retiring Director SCD** Cheryl Taylor, **Director, Preschools** Kagnew Asaye, CFO

Photo: Right, back to front Dr. Brian Katz, Director of Psychology & Family Services Judy Krawchuk, COO, Child Development Foundation of BC Dr. Alison Laswick, Developmental Pediatrician Rowan Kimball, Acting Director, Physiotherapy Veronica Newell, Director, Physiotherapy (just back from Mat Leave) Heidi Wagner, Director, Recreation and Building Services

Mavis Holm, Carol Dixon and Lesley Taylor are owed particular thanks for Accreditation Coordination and Continuous Quality Improvement support; as are the members of the Quality Improvement, Occupational Health & Safety, and Emergency Procedures Committees for their efforts towards "continuous quality improvement" in the best interests of persons served.



Therapy, care & support under one umbrella



Programs and Services

For a detailed description of the Programs and Services we provide, please see our "Orientation and Service Handbook" available online in PDF format at **www.centreforchilddevelopment.ca**

Service Statistics

The number of persons served increased most significantly in Communication Therapy (Speech Language Pathology) and Supported Child Development (please see the respective sections of the annual report for more details about these programs!). The greatest reason for these service increases is the attainment of full staffing levels through the diligent recruitment efforts of Department Heads in an environment of scarcity for pediatric healthcare professionals.

We also owe significant credit to the support of the Ministry of Children and Family Development for their patient understanding and support of our recruitment efforts. Special thanks is owed to Ken Kabool (MCFD Early Child Development specialist), Doug Tindall/Dianne Weaver (MCFD, Surrey), Amarjit Sahota (MCFD, Langley), Mark Ward-Hall/Holden Chu (MCFD Sth Surrey/White Rock, Delta) for their support of our efforts to deploy funds as effectively as possible in service of children and families during a difficult recruitment period.

Despite reaching full staffing levels, increased intake and referral rates continue to make waitlist reduction extremely challenging; waitlists have again been restrained from expanding beyond levels of 1-2 years and in some cases are being reduced below this level. In addition to optimizing staffing levels, optimizing efficiency while retaining best practice service quality is a high priority of our Senior Staff Team so as to serve as many children as possible as quickly as possible. Waitlist reduction continues as our number one service priority.

Persons Served per Month (@ March of each year)

Supported Child Development Preschools Family Services* Recreation Therapy Occupational Therapy Communication Therapy Developmental Medicine Psychology & Parent Support*





The Centre for Child Development



Management of Funds

Key Achievements

Produced NINTH Consecutive Annual Excess of Revenues Over Expenses.

Special credit is owed to Kagnew Asaye, Chief Financial Officer for his continuous diligence regarding the Association's finances. The amount for 2007/2008 is \$58,559. As can be seen from Chart 1 below, the impact of the above mentioned nine consecutive annual excesses of revenue has been to eliminate the cumulative deficiency in unrestricted net assets that peaked in 1999.

CHART 1: THE CENTRE'S UNRESTRICTED ASSETS





Financial & Administrative Services

The Finance & Administration Department played a key role in supporting the delivery of services to children and families within an increasingly complex set of internal and external requirements for a growing number of key stakeholders. These include persons served, funders, donors, regulators, suppliers, related service providers and staff.

Finance and Administration managed thousands of clinical and financial records, and maintained the backbone of physical and electronic data and communication systems that support them.

A very significant electronic clinical records transformation was launched by March 31st, 2008 with the introduction of UMBY, developed in partnership with Microsoft Gold Partner, KnowlegeTech. Much credit is owed to the remarkable efforts of the incredible UMBY implementation team pictured below at the UMBY celebration launch!

Programs and Services

Management of Funds continued

Chart 2 below shows the "tight tracking" of Revenues vs Expenditures during the past several years, while also showing the general rise in the budget during this period. In comparing '06/07 to '07/08, overall revenues (and expenses) can be seen to have increased fairly significantly. Revenues increased by approximately 17.6% in '07/08 to \$8.7M vs \$7.4M in '06/07, primarily due to the full year effect AND greater deployment through full staffing of increased funds for supported child development, core therapies and waitlist reduction.

CHART 1: THE CENTRE'S UNRESTRICTED ASSETS



The decline in revenues and expenditures from '01/02 to '02/03 is largely due to the transfer of adult residential services to other agencies.



Audited Financial Statements (March 31, 2008)

To obtain a copy of the Audited Financial Statements, please contact Gerard Bremault, Chief Executive Officer.



Revenue

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Communication Therapy

People Served:

The Communication Therapy Department served 314 clients during the month of March 2008, representing a 67% increase in children served compared to March 2007. This increase was related to being fully staffed and having the additional support of a Communication Therapy Activity Worker. Of the 314 children served, 90% were children with multiple needs that were seen by a team of service providers from this and other agencies. Service frequency ranged from 1 to 5 meetings/episodes per month and each service episode ranged from 30 minutes to three hours. 54% resided in Surrey, 33% resided in Langley, 7% resided in Delta, and 6% resided in White Rock/South Surrey. There was a 34% reduction in the number of children waiting for service over the same period last year due to increased capacity provided by the combination of full staffing, paraprofessional support and djavad mowafaghian foundation funding. Service was delivered approximately 50% of the time at one of our three sites in Langley, Surrey or Lookout Preschool in Delta and 50% of the time in homes, preschools or daycare centers.

Key Achievements:

An Adapted Hanen Parent Training Program, adapted by Centre staff and approved by The Hanen Centre in Toronto, was successfully offered to 10 South Asian families with the aid of a Punjabi speaking interpreter. This program followed a 5 session parent workshop series co-facilitated by a Speech-Language Pathologist and a bilingual Family Service Worker that assisted parents' understanding of their role in the development of play and communication skills in their children.

The Centre offered it's first ever Punjabi-English session of Songs and Rhymes for parents of young children with delayed communication skills. The CT Department provided visual language supports for the toys used in the Physiotherapy Department to aid communication between physiotherapists and the children they serve.

Staffing:

The Pediatric Dietitian, participating with the Eating Skills Team, saw an average of 18 children per month, a 39% increase over last year. 22% of those seen were new referrals.



The Centre for Child Development

Communication Therapy Page Ten

Communication Therapy continued

Continuing Education:

CT Staff attended workshops on: Wait List Management; Innovative Diagnostic Practices Supporting Families and Community; Social Emotional and Moral Lives of Young Children; Learning Disabilities; BC Early Hearing Program; Sensory Integration; Moving To Mastery: Creating the Best Practice Education Experience for Yourself and Your Students; Strategies for Solving Behaviour Problems in Children of Ages 2-12 Years; Early Response to Language Intervention (ERLI) Program; Multi-Modal Communication and Adaptive Play for Young Children and Children Functioning at Young Levels; Advanced C.A.R.F.

Outcomes Measures; BC Association of Audiologists and Speech-Language Pathologists Annual Conference; and Neuroscience in the 21st Century: Through the Speech-Language Pathology Lens.

Provincial Professional Association:

Director continued as early intervention Speech-Language Pathologist representative of the B.C. Association of Speech-Language Pathologists and Audiologists to the Working Group for the proposed College of Speech and Hearing Professionals in B.C.

Student Training:

CT Department hosted a speech-language pathologist practicum student from University of British Columbia and a Communication Disorders Assistant (CDA) practicum student from St. Lawrence College in Ontario.



The Centre for Child Development

SULA R

ERG

Communication Therapy Page Eleven



Eating Skills Team

People Served:

The Centre for Child Development Eating Skills Team serves children with multidisciplinary developmental concerns whose oral motor difficulties contribute to compromised safety and/or nutritional intake. The Team provides assessment and consultation in the area of feeding to parents and the Primary Care Team. A physician referral is required. The Team consists of a Developmental Pediatrician (.5 FTE), Speech-Language Pathologist (.4 FTE), Occupational Therapist (.2 FTE), Registered Dietitian (.25 FTE), and Psychologist (as required).

The Team's initial goal is to ensure that the child is safe to swallow. Practical strategies are provided to address identified concerns. Strategies involving food textures, positioning, utensils, feeding techniques and sensory issues are discussed.

Key Achievements:

The Eating Skills Team provided consultation to 96 children this past year. As a result of increased funding dietary consultation has been expanded to include center clients who do not require services of the entire Eating Skills Team (EST).

In addition, due to this increase, joint follow up consultations with the dietitian have been occurring weekly, resulting in more efficient improved and service delivery.

Acquisition of new equipment to address sensory processing difficulties. Team members attended major conferences relevant to our area of expertise: American Academy of Cerebral Palsy and Developmental Medicine, October 2007; Sensory Processing Related to Praxis and Postural Stability, June 2008.

The team utilized on line journals, Dysphagia and Developmental Medicine and Child Neurology, for continuing education.

EST provides educational opportunities for Speech Language Pathology and Occupational Therapy students.

The addition of the new occupational therapist in June 2007 has resulted in increased consultation and education to other Centre staff with respect to sensory processing difficulties related to feeding.

The Speech-Language Pathologist has provided increased follow-up to children assessed by the Eating Skills Team.

Team members continue to participate in videofluoroscopic evaluations and team conferences at Sunny Hill Health Centre and BC Children's Hospital.

Ongoing liason with programs at Sunny Hill Health Centre, BC Childrens and Surrey Memorial Hospitals to streamline the referral process and reduce duplication of service.

Direct communication with community Paediatricians, Childrens Hospital paediatric specialists, as well as other community professionals, to optimize quality of care.



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Family Services & FASD

People Served

Each Family Service Worker is expected to provide services to 25 - 30 children and families per month. This goal is consistently met or exceeded. Family Service Workers assist in completing referrals for children with complex needs who are referred to the Centre. They also provide support to the Centre's Eating Skills Team in providing liaisons between the family, the child's physicians, and Centre Staff. Clinicians in the new FASD program see an average of 12 children and families per month due to the high degree of need and complex presentations of these children and families. The Family Services Department served 105 families in March 2008, with 69 families being served by Family Services Workers and 36 families being served through the FASD program.

Key Achievements

Continued in the Development of our new program serving children and families with Fetal Alcohol Spectrum Disorder (FASD) and related conditions. After consultation with community partners, the Ministry of Children and Family Development selected the Centre as the preferred provider of key worker services in Surrey (ages 0-12) and Langley (ages 0-19) for children with FASD and related conditions. This program now has three full time staff, each of whom has a master's degree. Hosting FASD Conference: The Centre hosted a conference that brought in an internationally renowned expert on FASD to provide training to 250 parents and professionals from across the Lower Mainland.

Culturally Responsive Service

We continue to employ a full time Family Service Worker who speaks Punjabi and other South Asian languages. We have continued contract with the Fraser Health Region for interpretation services.

Family Support. Continued to work with families through professional family support, counselling, advocacy and parent education programs. Provided families with information and resources though lobby table displays, bulletin boards, and specific resources requests.

Clinical Documentation

Consistent service assessment, planning, review and other record keeping methods adopted and reviewed for continuous quality improvement of service provision and recording of services.

Education and Training. Staff attended an international conference on FASD to increase their knowledge and the quality of service provided to children and families. Staff were also able to network with other professionals in the field to increase awareness of the Centre and its services.



Psychology & Parent Support

Continued to work with families through professional family support, counselling, advocacy and parent education programs. Provided families with information and resources though lobby table displays, bulletin boards, and specific resources requests. **Clinical Documentation: Consistent service** assessment, planning, review and other record keeping methods adopted and reviewed for continuous quality improvement of service provision and recording of services. Education and Training: Staff attended an international conference on FASD to increase their knowledge and the quality of service provided to children and families. Staff were also able to network with other professionals in the field to increase awareness of the Centre and its services.

Interdisciplinary Group Interventions for South Asian Families:

South Asian families have traditionally been underrepresented in the Centre's Hanen groups, which provide training to parents on developing early language skills in their children. To address this need, Family Services and Communication Therapy staff co-led a group for South Asian parents where a Punjabi-speaking Family Services Worker conducted early sessions of the group which focused on parenting skills, while later sessions of the group addressed skills from the Hanen curriculum.

Key Achievements

Multi-Cultural Staff

Despite a significant shortage in the market for doctoral level psychology staff, the Centre was able to retain a Ph.D. level clinician to work as a mental health clinician who provides individual and group interventions to children experiencing behavioral or mental health problems. In addition, this staff person is fluent in Punjabi. This has allowed the department to dramatically increase the amount and range of services to the South Asian families that we serve.

Hiring of a Mental Health Clinician

The Centre was able to hire a master's level mental health clinician on a term contract who has allowed us to

Behavior and Mental Health. Psychology staff provided intervention to children and families who are clients of the Centre and have a developmental disability as well as a significant behavioral or mental health concern. Psychology department staff also provide consultation to other Centre staff regarding behavioral and mental health concerns of clients with whom they work.

Toileting

The Centre's parent support worker continues to periodically lead groups for parents who are having difficulty toilet training their children. This group is based on a curriculum developed at the University of British Columbia and has had significant success in helping parents to toilet train their children.

Summer Respite

The Centre again was successful in applying for and receiving funding from Human Resources and Social Development Canada for partial funding of our summer respite program. The summer respite program hires students who work with a child with disabilities, which gives parents much needed respite during the summer months.

Education

The Centre's Psychology staff provided in-service education to all Centre staff on managing challenging behaviors in children.

Pre-kindergarten psychoeducational assessments

This year, 40 children received pre-kindergarten psychoeducational assessments. These assessments were conducted by the Centre's Registered Psychologist and an independent Psychologist hired on a contract basis. These assessments allow children entering the school system to receive support services at the time of school entry. Students who enter the school system with no previous assessment must typically wait until grade 3 before they will receive an assessment in the school system.

Clinical Documentation

Consistent record keeping methods updated and implemented.

Interagency Activities

Staff participated in key interagency activities including quality improvement, general occupational health and safety, and emergency procedures development and practice.



People Served:

The physiotherapy department received 251 referrals for service between April 1, 2007 and March 31, 2008. This included 187 for Early Intervention Therapy and 64 for School Aged Therapy. In March 2008, the department served 275 children with disabilities, with each child receiving 1-8 visits per month, and each service meeting or episode ranging from 30 to 60 minutes. We also provided training or support to family members, caregivers, school personnel and other involved people. Our department continued to run groups to increase the number of children served, and to provide gross motor training to children with their peers.

Key Achievements:

Full staffing:

As of March 2008, the physiotherapy department was fully staffed, including 15 physiotherapists, one PT Assistant and one Rehab Activity Worker. This is considered a significant success, given the shortages across all areas of physiotherapy in BC, and is in large part due to many of the specialty services and settings within The Centre.

Rehab Activity Worker:

This is a newly funded 1.0 FTE two-year position in the department. This support role allowed for increased therapy time, through support of physiotherapy groups, direct treatment sessions, and other tasks within the department.

Mentorship:

Our department is increasing being recognized as a training resource for other agencies in the region. In the past year, three agencies requested that their physiotherapists receive mentoring by our staff. It is hoped that we can increase our ability to provide service in this area through contract agreements between agencies.

Physiotherapy

Shared Waitlist:

The department began a shared waitlist with Reach (formerly DACD) in Delta for Early Intervention Therapy, as we each have partial contract service in this area.

Representation on External Committees:

Regional representation for PT council, Regional resource person for Provincial IDP Program, agency representation on the CYSN Service Indicator Reporting Framework (SIRF) committee.

Equipment Team:

152 individual clients were seen for complex equipment needs, primarily wheelchairs and seating systems. Equipment Team started using a new on-site custom foam fabrication process for significantly impaired children and youth. This has decreased travel time and cost for staff and families.

PT equipment:

Physiotherapists working in school districts received blackberries this year to improve communication and efficiency. The department updated our Bailey assessment and outcomes kit for young children. We also replaced our old treadmill, as it became no longer usable, and is regularly in demand for gait training with children and youth.

Continuing Education:

This was an exciting year for opportunities, as two major international conferences were held in Vancouver over the past year, including World Congress Physiotherapy Congress and The American Academy of Cerebral Palsy and Developmental Medicine Conference. We are proud to have been well represented at both these events. Staff also attending other courses, including: Collaborative Relationships in Pediatric Practice (a pediatric PT/OT/SLP course funded by MCFD), the Fraser Health Pediatric PT workshop, International Seating Symposium, "Moving Forward" (PT clinical workshop), the PT Outcome Measures workshop at Sunny Hill, the UBC PT Clinical Educators Workshop, and a workshop on caregiver behaviour and attachment issues.

Clinical Education:

The PT department continued to maintain strong ties to UBC. One student received a placement here in the past year. In the future, it is expected that we will be providing an increased number of placements, as the UBC Physical Therapy School is currently expanding from forty to eighty graduates per year. These clinical placements are an excellent source of future potential employees, and we are dedicated to support the expansion of The School, as this will help to reduce overall physiotherapy shortages in the province.

Casting and Splinting Team: see OT report





Occupational Therapy

People Served

The occupational therapy department received 242 referrals for individuals between April 2007 and March 2008. Of this total 169 were for Early Intervention services and 73 were for School Aged Therapy services.

The occupational therapy department served 261 children with disabilities during the month of March 2008 (a 15% increase from March 2007). Children received up to 4 service meetings per month. Our clients received both direct and indirect services eg. report writing, preparation of materials and home programs, research of appropriate equipment. We also provided training or support to family members or caregivers during these service meetings.

Service/training to like agencies is also provided on request in areas such as fine motor development; general education on the needs of children with neurological and developmental disabilities; how occupational therapy supports development; and sensory integration. Professional mentorship is also available in areas of specialty for the department such as casting and splinting, assistive technology, eating skills and sensory development.

KEY ACHIEVEMENTS

Staffing

This year was a year of change for staff in Occupational Therapy. We bid a sad farewell to two long time staff members, Karen LaChance and Margaret Williamson, who after 22 years and 25 years respectively, decided to retire. As a result of these two retirements as well as one staff moving away and some greatly appreciated new funding, we welcomed 5 new occupational therapists this year.

Another exciting addition was the hiring of an Occupational Therapy Activity Worker (two year temporary position) who has been a great help in preparing materials for clients and assisting in the running of groups.

Continuation of alternate models of service delivery Four new groups were offered this year including Hands on for Kindergarten, The Supinators, Learning through Play with Your Preschooler and Learning Through Play with Your Toddler. Thanks to some new funding, a new program has been started in Langley. A position (.6 FTE) was created to provide occupational therapy support to the Langley Child and Youth Mental Health team.

This therapist will work closely with the team and provide input into the programming for children with sensory issues.

This year we also welcomed a new contract for school aged services with the French School District.



The Centre for Child Development



Occupational Therapy continued

Casting and Splinting

79 Individual clients served including 55 lower extremity procedures and 38 upper extremity procedures. Casting was provided for 11 orders sent to Cascade DAFO for orthotics. Serial casting or cast changes post Botox treatment was provided for 3 children.

Equipment Team: See PT report

Eating Skills Team: See Communication Therapy report **Continuing Quality Improvement**

Over the year the occupational therapy department has participated in several projects including CARF re-accreditation, creation and implementation of UMBY our new data management system, simplification of forms and

procedures to make accessing our agency easier for our client families, and researching of outcome measures.

Our school aged therapists were provided with Blackberries this year which has improved their ability to communicate efficiently with school staff and centre staff alike.

This year we have developed a shared waitlist policy with Reach Child and Youth Development Society. As we offer similar services for therapies in the Delta region, this will allow smoother and more equitable access to service for our families.

Delivered Seminars

OT staff have continued to develop and deliver seminars and workshops to a variety of community groups including topics to support the integration of students into the school system and a sensory workshop for parents.

Clinical Education

This was an exciting year with the Academy for Cerebral Palsy and Developmental Medicine being held in Vancouver. We were fortunate that three of our staff were able to attend this prestigious education opportunity. As well, various staff attended the following workshops Paediatric Hand Therapy and Splinting, Moving Forward, There is Always a Reason for Behaviour: Sensory or Behaviour, 2007 Deaf Blind Outreach Conference, Child Centred Team Process, and the International Seating Symposium.

Community Involvement

An occupational therapist sits on the following external committees Paediatric OT Council Pacific Infant Child Restraint Advisory Committee (PICRAC) **Director of Occupational Therapy Committee Regional Education Committee** Surrey IDP Advisory Committee Langley Child and Youth Committee Langley Early Childhood Development Committee Special Needs Advisory Committee Langley SCD Advisory Committee As well, the department participated in the Langley Community Living Days and the Langley Resource Fair.



People Served

From April 1, 2007 to March 31, 2008 the Supported Child Development program provided consultant services to 372 children living in Surrey and White Rock. Of those children, an average of 180 children each month received extra staffing support within their childcare setting.

In the month of March 2008, we served 332 children living in Surrey and White Rock. Of those, 180 were receiving extra staffing support in the community setting of their choice. This included 38 children receiving supports in their own home. Supported Child Development Consultants provided training and service to approximately 75 community childcare centres and their staff in Surrey/White Rock.

With changes to our Ministry contract and the provincial guidelines for Supported Child Development programs The Centre for Child Development no longer provides direct service to Delta, however families who live in Surrey and choose Delta programs, including Lookout Preschool, are able to access support through Cross Boundary Funding.

The Supported Child Development program now provides and receives cross boundary funding to support families who choose to receive childcare service in regions outside of their own community. In 2007/08 we had arrangements in place to allow 18 families to receive supported childcare services outside of their home region. This included children from Delta, Langley, Mission, Richmond and the Tri-Cities area.

Supported Child Development Program

Key Achievements

We are sad to announce that after 30 years of service with The Centre for Child Development, Karen Whitelock, Director of Supported Child Development program, retired on March 13, 2008. The Centre nominated Karen for the Dr. Margaret Corbett Early Childhood Development Award, and Karen was honored to be one of the three nominees recognized at the United Way Spirit Awards presentation. Those of us who have been privileged to be able to work with Karen have benefited from her wisdom, compassion, leadership, and steadfast dedication to her community and wish her all the best as moves on.

Childminding:

Child Care Options Resource and Referral program provides a mobile Child Minding Program that we utilize on a regular basis for The Centre clients and siblings while parents attend Family Service Plan meetings, Family service groups, and Educational sessions.

Reporting template:

In 2006/07 we reported that The Ministry of Children and Family Development had designed a monthly reporting template called Bargepole. This past fall, the template was reviewed and changes were made to enhance reporting information across all regions and agencies. The new template is now called SIRF. The Centre implemented a new online reporting and file system called UMBY. Staff has had several training sessions on both systems.

Education:

Supported Child Development staff has attended a variety of educational sessions throughout the year. This has included workshops on autism, sign language, integrated case management, childhood anxiety, first aid, FASD and sensory integration to name a few. As well as the ongoing courses, a few staff upgraded their qualifications over the past year and one staff received her Bachelor of Arts (Child and Youth Care)



Preschool Program

People Served

The centre's preschool in Surrey served 78 children monthly, 22 children with disabilities and 56 children without disabilities during the month of March 2007 and a similar number of children in each of the preceding months. Lookout Preschool located in Delta served 78 children monthly, 16 children with disabilities and 62 without disabilities during the month of March 2007 and a similar number of children in each of the preceding months.

Key Achievements

Preschool: Maintained high quality delivery of inclusive community-based preschool programs serving the Surrey, White Rock and Delta areas.

Student Placements: Provided educational practicum placements for students in Early Childhood Education programs.

Seminars: Hosted and delivered educational seminars with Supported Child Care.

Cultural Diversity: The Centre for Child Development Preschool and Lookout Preschool celebrated Diwali and Chinese New Year.



Recreation Services

People Served

Recreation Services Department served a total of 258 clients during the year (208 children with disabilities and 50 adults with disabilities), an average of 107 clients per month and 128 during the month of March 2008. Each client received 1 - 8service meetings or episodes per month and each service meeting or episode ranged from 45 minutes to 75 minutes. Total number of service episodes or meetings for the year was 3,369.

Key Achievements

Scheduling of pool-based programs and activities Monday through Friday from 9 am to 5 pm with one program offered in the evening one day per week.

Offered a community-based weight-training program for Centre youth.

Continued involvement and staff support to running of many of the Physiotherapy group programs offered in house and in the community.

Operated a community information and referral system for referring clients to a variety of community programs such as tennis lessons, skiing, weight training, powersoccer, powerhockey, wheelchair basketball and community-based adapted swimming and adapted gym programs.

Offered recruitment, orientation and training to volunteers helping in various therapy and recreation programs.

Provided input and feedback into a new school-based program providing several different adapted physical activities for youth with disabilities in an after-school setting.

Provided coaching and training for twenty-one athletes from the Centre's swim, track & field and race runner teams to compete in the BC Disability Games in July of 2007. They participated in swimming, athletics, boccia and obstacle course competitions.





Developmental Medicine

People Served

The Developmental Pediatrician sees children and youth 0-19 years of age who have been referred by their Family Physician or Pediatrician and who are clients of the Centre.

Key Achievements

1) The Developmental Pediatrician provides consultation and education to Centre therapists and other professionals

2) The Developmental Pediatrician is the medical leader of the Centre for Child Development's Eating Skills Team.

3) The Developmental Pediatrician provides direct consultative service as part of the multidisciplinary Eating Skills Team.

4) Prepared for and participated in Accreditation, September 2007.

5) Provided consultation to Senior Staff and Administration regarding clinical service delivery.

6) Medical liason between Clinical Services Team and CEO.

7) Collaboration and communication with community Family Physicians, Pediatricians and Pediatric Specialists at BC Children's Hospital and Sunnyhill Health Centre for Children .

8) Collaboration with Surrey Memorial Hospital Feeding Team, Sunnyhill Health Centre Feeding Resource Team and BC Children's Hospital Department of Occupational Therapy.

9) Active participation in the maintenance of Pediatric Dietary services for The Centre for Child Development.



The Centre for Child Development

Developmental Medicine Page Twenty



Revenue Development

Major events and support during the 2007/2008 fiscal year are featured on the pages that follow and include:

8th Annual "Gala of Hope" 6th Annual "Run, Walk and Roll for our Kids" 12th Annual Prospera Charity Golf Tournament

Additionally the following activities and events were held to support The Centre for Child Development and/our community:

BC Lottery (Langley Bingo Palace)- \$135,936.44 Big 6 break opens- \$750.00 Transcontinental Clothing Bank Program- \$81,576.18 diavad mowafaghian foundation 3rd installment Communication Therapy- \$50,000 djavad mowafaghian foundation renovates Lookout Preschool- \$197,319.94 Balance of donation still to be used on renovation or expansion of The Centre- \$302,680.06 diavad mowafaghian foundation 4th and 5th installment Communication Therapy for 2009 and 2010- \$50,000 per year Willowbrook Shopping Centre Gift Wrap Program- \$18,302.13 Canada Safeway Fleetwood "WE CARE CAMPAIGN"- \$13,018.00 special thanks goes out to their fundraising team Delta Scottsdale Lions Golf Tournament- \$7,500.00 Monk McQueens Invitational- \$5,000.00 Guildford Town Centre's Santa Breakfast- \$1,295.00 Fleetwood Chiropractic Group- \$1,561.00 Delta Chamber of Commerce Golf Tournament donated- \$500.00 Foundation Gifts included - The KPMG Foundation, BMO Employee Charitable Foundation and Variety the Children's Charity Service Club Donations included - Surrey Square Wheelers, Pythian Cerebral Palsy Association, Britannia Soccer Association, North Surrey Lions, Women's Auxillary Tynehead, White Rock Lions Club, North Delta Dogwood Lions, Van Zor Grotto and

Our first monthly giver Henrietta Johnson started donating \$200.00 per month to The Centre and continues to contribute monthly.

Judy's involvement in the communities we serve and Personal Development: Judy sits on the Surrey Board of Trade Business Excellence Awards Committee and the LEADER of the Year Awards, is a member of the Delta Chamber of Commerce, Langley Chamber of Commerce, White Rock Chamber of Commerce and is a member of the AFP and CGAP. Judy oversaw the expansion and renovation of Lookout Preschool. She coordinated the UMBY launch, staff seasonal celebration, board and senior staff seasonal celebration and Karen Whitelock's retirement party. Judy also represents The Centre at major community functions throughout the year.

Therapy, care & support under one umbrella

BMO Fountain of Hope

With your help we raised over \$60,000 at the 8th Annual "Gala of Hope" on November 3, 2007 Heartfelt thanks from The Centre for Child Development

We would like to thank our generous corporate sponsors, individuals and businesses who donated items for our live and silent auctions, our guests, and of course our organizing committee and our volunteers. This could not have been achieved without all of you!



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55th Annual Report 2007 - 2008

Gala Of Hope Thankyou Page Twenty Two

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The Centre for Child Development

55th Annual Report 2007 - 2008

Run Walk & Roll 2008 Thank you Page Twenty Three

12th Annual Prospera Charity Golf Tournament for The Centre for Child Development raised



thank you

Your participation in the 12th Annual Prospera Golf Classic in support of The Centre for Child Development raised a grand total of \$42,700!

Heartfelt thanks from both The Centre for Child Development and Prospera Credit Union! Proceeds from this event will go directly toward more and better services for our kids.

We look forward to seeing you again next year! We've ordered blue skies and sunshine for Thursday, July 17, 2008, so please mark your calendar!

Bruce Howell Bruce Howell Interim President & CEO Prospera Credit Union



HEARTS IN THE RIGHT PLACE

Prospera Credit Union Charity Golf Tournament Organizing Committee

- Erin Toews Dan Whalley Orlando Bush Pauline Havelock Joanne Beck Claire Daniels
- Cheryl Christensen Prakash Chand Robyn Creasy Shannon Clark Tanya Curtis



The Centre for Child Development

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COMMUNITY GIVING

HEARTS IN THE RIGHT PLACE





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Platinum Donors \$100,000+

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The Centre for Child Development

Platinum, Gold and Silver Donors Page Twenty Five



























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The Centre for Child Development



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Pat Calder Design Van Zor Grotto

Please also see thank you ads on previous pages for Gala of Hope and Run, Walk and Roll for our Kids donors, sponsors and contributors.





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Donations in Memory

Bonita & Greg Swannie Ken & Doreen Keel Dorothy Cornish

Christmas Tribute

Mr. & Mrs. Ev & Lois Carefoot

Staff Support

Thank you to Chris Burt-McEvoy for all her assistance throughout the year, and to Robin Matthews and Joseph Corsino for their support.

Thank you to all our volunteers, committee members and chairs

of the Gala of Hope and the Run, Walk and Roll for our Kids and also for The Centre staff support throughout the year!

Run, Walk and Roll for our Kids Organizing Committee

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- Judy Krawchuk and Chris Burt-McEvoy- The Centre for Child Development
 Cale of these Oppositions Committee

Gala of Hope Organizing Committee

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- Rita Walters- Peace Arch News
- Wil Kwok- WK Media Productions
- Judy Krawchuk, Chris Burt-McEvoy,
- Robin Matthews and Yvonne Cartier-The Centre for Child Development

