

THE CENTRE FOR CHILD DEVELOPMENT OF THE LOWER MAINLAND 9460 – 140<sup>th</sup> Street Surrey, BC V3V 5Z4 <u>www.the-centre.org</u> CRA# 107646408 RR0001





# THE CENTRE FOR CHILD DEVELOPMENT OF THE LOWER MAINLAND ANNUAL REPORT (1 April 2017 – 31 March 2018)

## **Table of Contents**

**65**°

urpose of the Report2		
Message from Board Chair and CEO3		
Our Board of Directors 2017-184		
Vision, Mission and Values		
Key Challenges		
Key Successes		
Balanced Scorecard: Client Youth & Caregiver Services		
Effectiveness		
2017-18 Departmental Highlights		
Developmental Pediatrician8Psychology and Family Services Department9Communication Therapy Department9Occupational Therapy Department9Physiotherapy Department10Supported Child Development Department (SCD)102017-18 Fundraised Service Highlights11Casting & Splinting11Recreation Services Department11Eating Skills Team (EST)12		
Equipment Team		
Balanced Scorecard14		
Sophie's Place Child & Youth Advocacy Centre17		
2017-18 Highlights		
65 <sup>th</sup> Anniversary Flashback		

# **Purpose of the Report**

The purpose of this Annual Report is to provide an account of The Centre for Child Development of the Lower Mainland's performance for the period from April 1, 2017 to March 31, 2018.

Our mission is: "helping children with special needs reach their potential"; Our vision is: "our children have the best opportunities to succeed in all areas of their lives"; Our values are Excellence, Accountability, Caring and Compassion, and Integrity. The well-being, safety and success of our children is the highest priority we have.

As the Broadbent Report pointed out, voluntary organizations are self-governing agencies which hold a public trust related to their mission. "This means they are, at minimum, accountable for: Establishing an appropriate mission and/or policy priorities and ensuring their relevance; Sound management of funds received from donors and governments and of expenditures; Effective organizational governance (including structures and processes for managing human resources); And the outcomes, quality and range of their programs and services." <sup>1</sup>

Medical Rehabilitation & Support				Child/Youth Advocacy (Sophie's Place)		
	Complex Developmental Behavioural Conditions	Congenital Anomalies/ Genetic Syndrome	Developmental Disorders	Neurological Disorders	Orthopedic Diseases	Child Abuse
	e.g. Fetal Alcohol Syndrome, Substance Exposure	e.g. Cleft Palate, Down's Syndrome, Fragile X Syndrome, Williams Syndrome	e.g. Autism, Asperger, Fine or Gross Motor Delay, Language Disorders, Visual or Hearing Impairment	e.g. Ataxia, Cerebral Palsy, Muscular Dystrophy, Epilepsy, Spina Bifida	e.g. Arthrogryposis, Scoliosis, Club Foot Casting & Splinting	i.e. physical and/or sexual abuse
Casting & Splinting		-	-			
Communication Therapy	-	-	- -	-	- -	
Developmental Medicine		- <del>(</del>				
Eating Skills		~	~	~		
Equipment Team						
Family/Victim Support Services	-	-	<del>,</del>	-	-	<del>.</del>
Occupational Therapy	<del>•</del>	-	<del>,</del>	-	<del>•</del>	
Physiotherapy		-	-			
Preschool Programs	- -	-	-	- -		
Psychology/Social Work	-	-	<del>.</del>	-	~	~
Recreation Therapy	- -	- -	-	- -	- -	
Supported Child Care	-	-	<del>.</del>	-	~	
RCMP/Police services						<del>•</del>

As a result, voluntary organizations are responsible for what they choose to do (as illustrated by our Service Umbrella above) and how well they do it.



<sup>&</sup>lt;sup>1</sup> Ed Broadbent, Panel on Accountability and Governance in the Voluntary Sector, Final Report, "Building on Strength: Improving Governance and Accountability in Canada's Voluntary Sector" (February 1999), p. 17

On behalf of our Board of Directors, we would like to commend all our expert multi-disciplinary teams for providing medical rehabilitation therapies and supports to a total of **3,140** children with special needs in 2017/2018, in addition to providing child protection services and supports to **183** children through Sophie's Place.

Thank you for honouring our Mission, Vision and Values through your "relentless persistence to stretch yourselves to do better" in serving more children and families in our rapidly growing region. Thank you to our core funders and supporters for helping us serve more children. Our teams began to grow in the fourth quarter and will continue to do so into 2018/2019.

The Centre for Child Development achieved its 18th consecutive year "in the black" with 2017/2018 total revenues of \$10.2M (up from \$9.7M last year) and a net positive revenue amount of \$197.1K (up from \$95.5k last year). This year saw a significant increase in government funding, with more than \$650,000 in one -time only funding, *plus* over \$700,000 per year in ongoing additional funding.

We would like to express our sincere gratitude to all the hard working voluntary Board Directors of our Centre and our supporting Foundation, The Child Development Foundation of British Columbia under the leadership of Acting Chair, Brian Mayhew with the support of our devoted Foundation Staff.

On behalf of our Board of Directors and Management, thank you all very sincerely!

Joe Hall Chair, Board of Directors Gerard Bremault, MSW, RSW Chief Executive Officer



# **Our Board of Directors 2017-18**



Joe Hall- Chair



Steve Buchanan- Treasurer



Sarah MacDonald- Vice Chair



Sandra Dyck



Michael Christ- Secretary



Sam Sidhu



Marcelo Bohm-Honourary Director

Not pictured: Sherry Kooner, Tony Rossander, Sharon Schoeffel, Ravi Singh

#### Mission

HELPING CHILDREN WITH SPECIAL NEEDS REACH THEIR POTENTIAL.

#### Vision

OUR CHILDREN HAVE THE BEST OPPORTUNITIES TO SUCCEED IN ALL AREAS OF THEIR LIVES.

#### Values

THE WELL-BEING, SAFETY, AND SUCCESS OF OUR CHILDREN IS THE HIGHEST PRIORITY WE HAVE.

#### **EXCELLENCE:**

Our team is committed to improving upon and building current leading best practices in all areas of our service delivery. We are actively involved in creating better solutions for our children. We show our relentless persistence to stretch ourselves to do better. We foster beneficial, effective, respectful and inclusive relationships that provide the best opportunities for our children.

#### **ACCOUNTABILITY:**

We are accountable at a personal, professional, and organizational level for measuring and knowing our impact and meeting the standards set. We recognize that we operate in a complex world that demands we consider the practical implications of our decisions.

#### **CARING AND COMPASSION:**

We model and inspire giving freely of ourselves in our work and our lives. Our caring and compassion extends to our children, colleagues, our families and our communities. We know they are good, and doing their best, and we inspire more.

#### **INTEGRITY:**

We take action based on the needs of the children; the moral and ethical implications impacting the community; and the consideration of the greater good.

## Population Growing Twice as Fast as Vancouver

The South Fraser's population of children and youth with special need could increase by nearly 5,500 children to 32,000 by  $2024^{23}$ .

## 10 X more children and youth with special needs could benefit from The Centre than current capacity allows



- 41% or 26,544 of BC's 64,700 children and youth with special needs live in the South Fraser region served by The Centre for Child Development<sup>4 5</sup>
- 83% more South Fraser children/youth have some form of disability than in Vancouver<sup>6</sup>
- 3,200 South Fraser children/youth have *severe* disabilities<sup>7</sup>

With 3,200 of the South Fraser's children and youth living with *severe* disabilities and this number essentially matching our current service capacity, it is understandable that in serving 3,140 children with the greatest challenges this past year, we were heavily stretched to do so:

- We managed 2,708 intakes/referrals for service which included 1,726 Centralized Regional Speech Language referrals
- With so much intake, not surprisingly, the average number of children waiting per month for **each** service **grew** from 47 to 69

The most significant pressures on service appear to arise from the above described rapid population growth versus a flat or slower rate of service capacity growth over several years. The capacity of The Centre for Child Development has necessarily focused on the children and families with the greatest clinical needs, which in turn require more types and intensity of therapies and supports for each child. While our highly skilled clinical leaders ensure that our children are prioritized for service on the basis of their clinical needs, early intervention provides children with the best opportunities for success.

THE CENTRE FOR CHILD DEVELOPMENT OF THE LOWER MAINLAND

<sup>&</sup>lt;sup>2</sup> Data retrieved from 2011 Canadian Census and City of Surrey. Regional growth rate calculated on the basis of expected growth in the City of Surrey. Retrieved from: <u>http://bit.ly/18q0PLs</u>

<sup>&</sup>lt;sup>3</sup> Children's Partnership, Surrey April 2016: The South Fraser Region is home to one of the fastest growing populations in British Columbia; Surrey is growing 10.6%/yr which is twice the BC avg; there are 480 births/month in Surrey/White Rock alone

<sup>&</sup>lt;sup>4</sup> Government of British Columbia, APRIL 2016 Request for Proposals: Pediatric Therapy Recruitment Strategy Ministry of Children and Family Development RFP Number: XCN2017-003RFP, p. 8

<sup>&</sup>lt;sup>5</sup> Statistics Canada 2017, Census 2016: The South Fraser Region we serve has a child/youth population of 189,600 whereas Vancouver has 103,687 children and youth

<sup>&</sup>lt;sup>6</sup> Statistics Canada, Canadian Survey on Disability, 2012, Statistics Canada Catalogue no. 89-654-X2016005, Release date: July 5, 2016 <u>http://www.statcan.gc.ca/pub/89-654-x/89-654-x2016005-eng.htm</u>: 3,775,900 (~14%) Canadians aged 15 years and older reported some type of disability". A study in *Pediatrics* determined a 13.87% prevalence of developmental disabilities in U.S. children. Boyle CA, Boulet S., Schieve LA, Cohen RA, Blumberg SJ, Yeargin-Allsopp M, Visser S, & Kogan MD (2011), "Trends in the prevalence of developmental disabilities in US children, 1997-2008" *Pediatrics, 127*(6), pp. 1034-1042.

BC Stats: bcstats.gov.bc.ca and Statistics Canada, Canadian Survey on Disability, 1.7% of Canadian children/youth have SEVERE disabilities

## **Balanced Scorecard: Client Youth & Caregiver Services**

Our children benefit from multi-disciplinary teams providing Early Intervention and School Age medical rehabilitation therapies including OT, PT, SLP, Psychology, Family Services, Supported Child Development, FASD Key Worker Services and Developmental Pediatric support across the South Fraser Region in more than 250 locations including all South Fraser schools, 75 childcare settings, family homes, Sophie's Place and our own three locations in Surrey, Delta and Langley.

Efficiency- Double digit efficiency gains have been maintained since 2011/2012; however, yearover-year efficiency gains have plateaued.

**Corporate Services -** Corporate Services enhance the efficient delivery of direct services to our children and families.

• The Centre for Child Development achieved its 18th consecutive year "in the black" with 2017/2018 total revenues of \$10.2M (up from \$9.7M last year) and a net positive revenue amount of \$197,100 (up from \$95,500 last year).

The following provides some insight into the scope of corporate stewardship:

- A new electronic client medical record system and telephone system were implemented, helping keep all client files up-to-date.
- A total of 908 clients discharged in the year.
- A daily minimum of 400 pages of documents scanned and saved in electronic client medical record system.
- Payments to families and suppliers are processed within 30 days, with an average of 197 cheques/month (2,359/year).
- +2,487 A/R invoices (up from 2,452 last year) and 2,686 receipts (down from 22,697 last year) processed in the year.
- Payroll & benefits for 159 employees are processed accurately and on time and 26 times a year.
- Government remittances made on time.
- > Effectiveness Improved against standardized measures of effectiveness.

**Occupational Therapy**: COPM - Demonstrated a change of 2.65 on performance and 2.96 on satisfaction - a score of 2.0 is considered clinically significant.

**Physiotherapy**: COPM - Demonstrated a change of 4.8 on performance and 3.8 on satisfaction, a score of 2.0 is considered clinically significant.

**Psychology**: Behavioral Assessment System for Children, 2nd ed. (BASC-2) - Clients seen in the Psychology department averaged a decrease of 20 points after receiving services from a Centre Psychologist - this indicates a significant reduction of psychological symptoms after receiving Psychology services at The Centre.

- Market & Reputation- The Centre's profile and media presence grew compared to last year with increased engagement via social media:
  - Facebook: increased from 1,055 to 1,200 followers
  - Twitter: increased from 2,039 to 2,195 followers
  - Instagram: increased from 154 to 429 followers
  - LinkedIn: currently at 175 followers

"This is one of the most supportive, professional and positive-minded facilities available for children. Every employee seems to have the same purpose - to encourage children to do & be their best, to nourish their young minds and help them reach their full potential (hugs are always readily available). The family support provided is ever-present and the staff sincerely care about the well-being of everyone."

- Facebook comment

# 2017-18 Departmental Highlights

These programs are primarily funded by the Ministry of Children and Family Development. Some programs also receive support from our long-standing charitable partner, the United Way of the Lower Mainland.

## Developmental Pediatrician

The Centre's Developmental Pediatrician provides medical consultations at The Centre. Dr. Alison Laswick also:

- Delegated agency wide clinical oversight on behalf of the CEO.
- Co-Chairs Clinical Services Committee.
- Maintains medical standards for the Centre including Accreditation.
- Is actively engaged in the maintenance of our pediatric dietary service. Our Centre is the only one in British Columbia that has a dietician on staff to provide consultation to medically fragile children.
- Provides direct & indirect consult/assessment to Eating Skills Team clients and additional consult to other Centre professionals.
- Was a co-presenter of "Sleep Smart" parent work shop in November 2017.
- Was a co-contributor, United Way Project Impact "Early Intervention Occupational Therapy", April 2017-June 2017.
- Is a Pediatrician At-Home Program Committee MCFD.
- Is a liaison with Family Physicians, Primary Care Providers, Community Pediatricians & Pediatric Specialists at BC Children and Sunny Hill Health Centre for Children.

## **Psychology and Family Services Department**

The Psychology department at The Centre for Child Development provides services to children with a developmental disability and a significant behavioural or mental health condition.

- Effectiveness: Clients seen in the Psychology department averaged a decrease of 18
  points on the Behavioral Assessment System for Children (BASC-2) after receiving
  services from a Centre Psychologist. This indicates a reduction of psychological symptoms after
  receiving Psychology services at The Centre.
- Psychology and Family Services served 832 children and provided 6,273 service sessions in the 2017-2018 fiscal year.

## **Communication Therapy Department**

Our speech-language pathologists work with children with physical or developmental delays to improve their ability to communicate more effectively with the people around them. An emphasis is placed on teaching families techniques they can use to help their child in improving skills in all environments.

- Increased the number of children served from 1,119 to 1,151.
- Achieved improvement of 0.66 in "Activity Limitation" (for 43 children) on the AusTOM for Speech-Language Pathology effectiveness measure pre-and-post-intervention.

## **Occupational Therapy Department**

Occupational therapists work with children who have physical or developmental delays, to maximize the child's ability to function and participate in their family, school and community.

- The Occupational Therapy effectiveness tool (COPM) demonstrated a change of 2.72 on performance and 3.68 on satisfaction for 2017-18 (a score of 2.0 is considered clinically significant).
- OT served 1,608 children (up from 1,421 last year) and provided 8,245 service sessions (down slightly from 8,342 last year).
- With new funding from the Ministry of Children and Family Development, started a new program providing sensory assessments for children/youth in care and/or with special needs receiving services from Child and Youth Mental Health.





65

# Physiotherapy Department

Our physiotherapists help children develop their movement, balance and coordination skills to enable them to participate not only in daily family life but also in school & recreational activities.

- The Physiotherapy effectiveness tool (COPM) demonstrated a change of 4.8 on performance and 3.8 on satisfaction for 2017-18 (a score of 2.0 is considered clinically significant).
- Provided ongoing group sessions for early movers, newly walking, and ongoing gross motor development, as well as a group for pre-school aged children to practice ball, stick and team skills.
- Working on developing a baby group program.
- PT served 1,200 children and provided 6,174 service sessions.



The Supported Child Development Program (SCDP) supports children who have a developmental delay or disability and may require extra support, enabling them to fully participate in inclusive neighbourhood Child Care programs.

- SCD served 892 children in Surrey and White Rock, (up from 823 last year), provided direct support to 314 children during the month of March 2018
- SCD operated the Regional Speech and Language Referral program in partnership with CT & managed an average of 173 referrals per month.
- 136 reassessments using the Child Development and Support Needs Assessment Tool were completed, resulting in an average improvement of 5.8 points or 23% per child.

The services provided to our family will never be forgotten. When our son was diagnosed we felt very emotional and a little bit overwhelmed, your services centered us and allowed us to focus on what was needed at each moment. - Client Satisfaction Survey

THE CENTRE FOR CHILD DEVELOPMENT OF THE LOWER MAINLAND ANNUAL REPORT 2017/18





# 2017-18 Fundraised Service Highlights

The following programs are primarily funded through program fees and/or donations, grants and funds raised by the Child Development Foundation of BC (some programs also receive support from our long-standing charitable partner, the United Way of the Lower Mainland)

## **Casting & Splinting**

This program is unique to The Centre for Child Development. Customized casts and splints are made on-site to improve the function of a child's limbs. As children grow and limb-functioning adjusts, revised casts and splints are made. On occasion, the OT & PT casting and splinting team make a recommendation for a commercial option or other specialized equipment to increase comfort or prevent deformity.



• Thanks to the continued support of the Ken McBain Legacy Fund and the Charles Johnson Charitable Foundation, Casting and Splinting served 71 children through 180 sessions.

## **Recreation Services Department**

The Recreation Services department provides recreation resources and opportunities to children, youth and families in order to improve functioning, independence, health and well-being through recreational experiences. The Recreation Services team collaborates with other departments to provide pool-based therapeutic services, including Occupational Therapy, Physiotherapy, and Communications Therapy. The services of the Recreation Services department are completely supported by fundraising and gifts from generous donors.



• Between April 1, 2017 and March 31, 2018, the Recreation Services department served a total of 308 clients through 2,718 sessions, including 264 children and 44 adults with disabilities.

# Eating Skills Team (EST)

The Eating Skills Team provides assessment and consultation supporting children with multi-disciplinary

developmental concerns whose oral motor difficulties contribute to compromised safety and/or nutritional intake. We are the only child development centre that provides dietary consultation to children with neurodevelopmental disabilities. The team consists of a Developmental Pediatrician, Speech-Language Pathologist (SLP), Occupational Therapist, and Registered Dietician.

- New clients seen this fiscal year: 48
- Total number of clients served: 124
- Total number of visits: 524
- We continue to collaborate with Centre therapists and other professionals. Our relationship with Surrey Memorial Hospital, Sunny Hill Health Centre for Children and BC Children's Hospital continues to be strong for the benefit of our clients. Weekly team meetings are held to review all children seen, new referrals and urgent issues.
- The SLP on our team participated in a provincial advisory committee looking at the tiers of service for children requiring extra support for feeding.

## Equipment Team

The Equipment Team tailors mobility solutions to the functional needs of our children at home, in school, and in their communities. This department's work enhances children's independence, empowering them to reach their potential.

• The Equipment OT & PT Team saw 123 children through 243 visits.







has eased some of our fears and burdens."

"I'm so thankful that this

service is available to us.

It's been a huge help, and

- Client Satisfaction Survey



## Preschool/Child Care

All of our early childhood programs are inclusive programs, serving both typically-developing children as well as children requiring extra support. These programs are set up for all children to be successful and ensure that each child develops to his or her potential. Our early childhood programs are play-based and guided by BC's Early Learning Framework. We strive to create quality early childhood programs within our community.

At the Surrey site, The Centre runs several Preschool/Child Care programs:

- preschool program
- under-3 child care program
- 3 years-to-school age child care program

We also have an off-site preschool program: Lookout Preschool, located in North Delta.

As of March 2018, there were 142 children registered in our preschool programs and 39 children registered in our child care programs.

porator with approvimately 150 r	ment: professional staff from 3 locations in Surrey, Delta and Langley reaching out to
	releasional scale from 5 locations in Surrey, Delta and Langley reaching out to rgs; in dozens of schools in all the South Fraser School Districts and in hundreds of
esiding throughout the South Fra children from birth to 19 years of a ncluding cerebral palsy, spina bific	litation therapy, care and support to children with disabilities and their families ser Region in Surrey, South Surrey, White Rock, Delta and Langley. The Centre serves ge with a variety of neurological, orthopaedic, development and learning difficulties Ja, muscular dystrophy, down syndrome, autism, attention deficit hyperactivity , seizure disorders and other developmental disabilities.
t is the only "one	-stop shop"
n the South Fraser region for child	iren with special needs and their families and one of the most comprehensive and abilitation centres in the province.
The Centre's professionals includ	le specialized
paediatric psychologists,	
amily services and	B RSW EEKSTRATON EEKSTRATON WERESTRATON
parent support workers,	
ASD key workers,	BC ASSOCIATION of SOCIAL WORKERS
peech-language	DBCASLPA NE bear what you are saying: SPECH-VIALINGUGGE PATHOLOGISTS AND AUDIOLOGISTS
peter language pathologists,	
physiotherapists,	
arly childhood	TO COMEN BERNE BER
educators,	CANADIAN CHEDICARE Execution
upported child	
levelopment	COTBC © College of Physical Therapists
consultants	of British Columbia
and teachers, recreation specialists,	Conclusion Francisco Conclusion
echnicians, a dietician	EARLY CHILDHOOD EDUCATORS OF BC
and a Doctor specializing in	EARLY CHILDHOOD EDUCATORS OF BC
levelopmental paediatrics.	Physiotherapy Association of British Columbia





# **Balanced Scorecard**



GOALS	TARGET	STATUS March 31, 2018
1.1 Optimize # of clients served per FTE	Minimum Target set based on average monthly numbers of children served per FTE across all programs vs prior year.	Decreased 4.2% after 31% gain over previous six years. Please See "Key Challenges" analysis above…
1.2 Maximize % of direct time	Minimum Target set based on average monthly % direct time across all programs vs prior year.	Exceeded Minimum Target across all programs
1.3 Decrease # of children waiting	Decrease Average # of children waiting per Service Area VS prior year	Average # of children waiting per Service Area <i>increased</i> Vs prior year; Please See "Key Challenges" analysis above
1.4 Implement effectiveness measures BY agency and BY department	Agency wide and all departmental measures selected and initiated	Please see measures detailed in "Key Successes – Effectiveness Measures"

# Client, Youth & Caregiver Services

# Reputation & Market Growth

GOALS	TARGET	STATUS March 31, 2018
2.1 Goal: To be responsive and available to meet the needs of clients in the communities served	80% Favourable Rating or 4.0 out of 5.0 or higher satisfaction rating to The Centre's Annual Client Satisfaction Survey	93% Favourable Rating on Client Satisfaction Survey, up from 89% last year
2.2 Goal: To be responsive to the needs of professionals in the communities we serve	70% or 3.5 out of 5.0 or higher satisfaction rating by professionals who refer clients to The Centre	Not Available 2017/2018. Previously 64% overall satisfaction, however, 92% satisfaction with professionalism vs. 39% satisfaction with time to service provision
<ul><li>2.3 Goal: To be responsive to the needs of funders (government, foundations, and other partners)</li></ul>	Maintain or increase funding year over year (YOY) Viewed as expert advisory agency	Maintained strong partnerships Increased funding by \$500K YOY on top of \$400K prior YOY increase (see "Executive Summary" above). CEO participates as Co-Chair, Child Care Task Force, Member of Surrey Healthier Community Partnership Committee and South Fraser Regional Child and Youth Council.



# Learning & Growth

GOALS	TARGET	STATUS March 31, 2018
3.1 Strengthen employee engagement	That on the 12 questions based on the Gallup Q12, 80% of staff respondents indicate that they Strongly Agree/Agree Engaged (i.e. score 4.8/6 or higher)	Not Available 2017/2018. Previously 78% or 4.69 out of 6 was achieved on the Gallup Q12; shortened Q's to 20 items; participation up to 70% from 62% prior year.
3.2 Employees innovate to improve service delivery	At least 15 employees nominated for Centre Staff award for innovative service; At least one of the nominees for HEABC Innovation	Staff Awards in transition during 2017/2018 to align with new Balanced Scorecard Performance Evaluation System; all BSC top performers by Department recognized individually by CEO
3.3 Every employee will develop & meet learning goals related to service excellence	Relate individual performance goals to service excellence	Performance Evaluation System successfully implemented for 4th consecutive year across all Clinical departments. The system embraces best practices while aligning to the Agency's balanced scorecard objectives. (Many thanks to Laurie Caldi, Human Resources Consultant)

# Corporate Stewardship

GOALS	TARGET	STATUS March 31, 2018
4.1 Best Practice Financial Stewardship	Maintain a current asset to liability ratio of at least 2:1 Operate at least at breakeven(no deficit)	Current asset to Current liability 1.8:1 Net revenue amount of \$197.1K (18th consecutive year excess of revenue over expenditure)
4.2 Best Practice Administrative Customer Service	Target: 100% of clients/families satisfied with front desk/reception and at least 75% of Clients requesting interpretation service receive it	Friendly front desk reception. Formal survey was completed for the 2017/2018 period. 92% of clients somewhat agree or strongly agree with the statement: "When I walk into the Centre I am greeted in a warm and friendly manner" 100% of Client requests received interpretation services
4.3 Best Practice utilization of Technology to enhance outcomes	#of staff using the "Umby" /Nucleus Labs Electronic Clinical Records system	All Staff have transitioned to and are using the new Nucleus Labs electronic clinical records system and are finding it to be user friendly.

# Sophie's Place Child & Youth Advocacy Centre



## Greater Risk of Abuse for Children with Special Needs:

Research reported by The Public Health Agency of Canada, National Clearinghouse on Family Violence has found that children with disabilities are even more vulnerable - **the risk for abuse for children with disabilities may be up to five times greater** <sup>8</sup> "Of girls with intellectual disabilities, it is estimated that 40% to 70% will be sexually abused before the age of 18."<sup>9</sup>

Dr. Gregory Taylor, Canada's Chief Public Health Officer reported in October 2016 that, "Approximately 18% of women and almost 8% of men say they have been victims of sexual abuse as children."<sup>10</sup> *Conservatively a*pplying data and estimates from Statistics Canada, Canada's Public Health Officer and the World Health Organization:

- 19,000 South Fraser children and youth may have been victims of sexual abuse
- 13,500 South Fraser children and youth with special needs may be at risk of sexual abuse
- 6,000 15,000 children in Surrey may have experienced child sexual and/or physical abuse

## Sexual Abuse Underreported:

During the Fiscal Year 2017-2018, 183 children were interviewed at Sophie's Place CYAC regarding investigations into physical, sexual, and emotional abuse in contravention of the Criminal Code or in situations where a child was potentially in need of protection. However, based on the World Health Organization's 2016 findings, from 30X to 75X that many, or from 6,000 to 15,000 children in Surrey may actually have experienced child sexual and/or physical abuse.<sup>11</sup>

Our goal is to provide a "best practice" model where children and youth can receive the services they need from a multidisciplinary team including members of the Surrey RCMP, MCFD Social Workers and Ministry of Public Safety and Solicitor General Victim Service Workers.

<sup>&</sup>lt;sup>8</sup> Public Health Agency of Canada. Abuse of Children with Disabilities Information from The National Clearinghouse on Family Violence (August 2000) <u>http://publications.gc.ca/collections/collection 2012/sc-hc/H72-21-173-2000-eng.pdf</u> Accessed August 24, 2017.

<sup>&</sup>lt;sup>9</sup> Public Health Agency of Canada. Violence Against Women with Disabilities from the National Clearinghouse on Family Violence (2004) <u>http://publications.gc.ca/collections/Collection/H72-22-9-2004E.pdf</u> Accessed August 24, 2017

<sup>&</sup>lt;sup>10</sup> The Chief Public Health Officer's Report on the State of Public Health in Canada, 2016: A Focus on Family Violence in Canada (Public Health Agency of Canada, Ottawa ON, Publication date: October 2016), Key Messages, p.3

<sup>&</sup>lt;sup>11</sup> INSPIRE Seven Strategies for Ending Violence Against Children ISBN 978 92 4 156535 6 (World Health Organization 2016), p. 12. In 2016, the World Health Organization advised that, "An analysis of nationally representative survey data on the prevalence of violence against children in 96 countries estimates that 1 billion children globally – over half of all children aged 2–17 years – have experienced emotional, physical or sexual violence in the past year. Despite its high prevalence, violence against children is often hidden, unseen or under-reported. Its hidden nature is well documented (3) – for example, a meta-analysis of global data finds self-reported child sexual abuse 30 times higher and physical abuse 75 times higher than official reports would suggest."



## **Sophie's Place Child and Youth Advocacy Centre**

#### 2017-18 Highlights

With funding from the Ministry of Public Safety and Solicitor General Civil Forfeiture, we are able to create a "What to Expect at Sophie's Place" video for families and upgrade the Sophie's Place CYAC website.

We established a second Sophie's Place location next to the Surrey Courthouse on November 30, 2017, thanks to funding from the Department of Justice Canada and support from the City of Surrey. This safe, child-friendly waiting room will provide a space for children, youth and their families to prepare for court testimony.



Sophie's Place partners endorsed expanding the floorspace Sophie's Place CYAC Services, potentially enabling expansion of services to include children aged 11 to 15.

Funds from the Department of Justice Canada supported:

- Security upgrades- four entrance security cameras, six new key-fob access doors
- Additional interview room equipment, two laptops and computers for the monitor room
- NucleusLabs platform Case Management System
- Forensic interview and other specialized training
- Strategic Planning Session facilitator to complete Sophie's Place Strategic Plan– 2018 to 2023

#### **Collaborations:**

- Sophie's Place CYAC E Text and Two Day Symposium– Protecting and Respecting the Humanity, Integrity and Dignity of Those Involved in the Criminal Justice System and Those Who Serve Them.
- Sophie's Place CYAC is an affiliate partner of the National Children's Alliance.
- Sophie's Place participated in the National CYAC meeting in Ottawa and was a member of the Working Group reviewing National CYAC Best Practices Guidelines.
- Sophie's Place participated in the Provincial Roundtable (CYAC Network Steering Committee) working on CYAC Best Practices.
- Collaborations included tours/meeting with the Child Advocacy Centre of Kelowna, Treehouse Vancouver CYAC and HEAL Clinic.
- Sophie's Place is a member of the Children and the Law E-book working group, and a participant in the Canadian Network of Justice Facility Dogs (waitlisted for a PADS support dog).

#### Awards:

Sophie's Place CYAC was selected as a Premier's Awards Finalist.



# THANK YOU

#### Funders

"Without the generous contributions of our partners, we wouldn't be able to help our special kids reach their full potential." – Gerard, CEO

#### The Centre for Child Development

- Ministry of Children and Family
   Development
- Province of British Columbia
- United Way of the Lower Mainland
- Child Development Foundation of BC

#### Sophie's Place CYAC

- City of Surrey
- Department of Justice Canada
- Face The World Foundation
- Ministry of Children and Family Development
- Ministry of Public Safety and Solicitor General
- Surrey RCMP
- The Centre for Child Development
- Child Development Foundation of BC









ice Department of Justice Canada

Heartfelt thanks to the funders who help us do what we do! Here's to you!







#### From grassroots beginnings to The Centre for Child Development<sup>12</sup>

The Centre was born out of a grassroots group of parents who banded together to meet a need- to arrange transportation for their children with cerebral palsy for treatment in Vancouver. These parents were supported by organizations like the Order of the Knights of Pythias in New Westminster, who wanted to help families of children with cerebral palsy and started a network of parents pooling resources and helping each other.

#### The Lower Fraser Valley Cerebral Palsy Association

The Lower Fraser Valley Cerebral Palsy Association (LFVCPA) arose from a 1953 conference held by the Cerebral Palsy Association of BC (CPABC), focused on expanding their reach throughout BC and in collaboration with parents from all over the province. The LFVCPA focused on funding buses to transport children for treatment to G.F. Strong in Vancouver.



In 1961, Surrey Memorial Hospital opened a Children's Treatment Centre. The project was supported by LFVCPA, CPABC, and the men of the Van Zor Grotto who helped with construction of the first two phases. Parents no longer had to travel to Vancouver for therapy; children with any condition needing physiotherapy or special education would receive local treatment.



The needs quickly outgrew the space- in 1974 the doors of the "Variety Treatment Centre for Children" opened in the current Centre location. With the collaboration of the LFVCPA, the Variety Club, and Tent 47, a permanent home was planned, funded and built.

The Ladies' Auxiliary of the LFVCPA were critical to the fundraising efforts throughout the years, hosting bake sales, selling handicrafts, participating in charity bazaars and running multiple thrift store locations.



This new permanent home was equipped to serve more children and included a hydrotherapy pool. This pool went beyond therapy; it was about inclusivity and

<sup>&</sup>lt;sup>12</sup> Sources: Norm Sherritt, James Hunter, Gerard Bremault, *50 Plus: A History of The Centre for Child Development* (Surrey, British Columbia, Canada: The Centre for Child Development), *The Centre's History* (Surrey, British Columbia, Canada: The Centre for Child Development).

empowering kids. A swim team was established and some children competed in regional, national and international competitions, including the Special Olympics. By the mid 1970's, a preschool program was added and a partnership was established with UBC to participate in training their physiotherapy and speech therapy students.



In 1989, a 20,000 square-foot expansion and revised name (Variety Child Development Centre) reflected a revised focus on developing children's potential, not just treating illness. The Centre emerged as the key special needs agency in the South Fraser region. Expansion continued into the new millennium, with three locations in Surrey, Langley, and Delta (including Lookout Preschool in Delta) serving children and families from diverse cultural backgrounds.

In 2004, The Centre was honoured by The Surrey Chamber of Commerce as the "Not-for-Profit of the Year" at the Surrey Business Excellence Awards. Shortly afterward, the South Fraser Child Development Centre was renamed "The Centre for Child Development" with a new yellow umbrella logo, emphasizing the range of services we offer under one "umbrella of care".

An award-winning new service was established in 2012 when Sophie's Place Child and Youth Advocacy Centre opened its doors as the first child advocacy centre in BC- a safe place for children to come for compassionate services provided by a multi-disciplinary team. In 2017, Sophie's Place CYAC was selected as a Premier's Awards Finalist.

Throughout the 65 years of our history, The Centre has been a place of caring, compassion, and support where children with special needs are empowered to reach their full potential. A place where the efforts of parents, staff, donors, volunteers, community members, businesses and government combine to raise our children up to new heights. We eagerly anticipate the next 65 years of growth, change and expansion!