

**25th
Annual Report**

**VARIETY'S TREATMENT CENTRE
for CHILDREN
1977**

operated by

**Lower Fraser Valley
Cerebral Palsy Association**

p.o. box 241

**9460 140th Street
Surrey, B.C.**

THE OBJECTIVES OF THE ASSOCIATION ARE -

- (a) To plan, initiate and coordinate services which will promote treatment, education and the general welfare of all handicapped children including cerebral palsy.
- (b) To develop a better understanding of the problem of cerebral palsy by the general public.
- (c) To provide facilities for the treatment of cerebral palsy and other handicapped children.
- (d) To affiliate with other organizations having similar objectives.
- (e) To encourage specific research into the causes of cerebral palsy with a view to preventing it and to seek the cooperation of the medical authorities toward that end.
- (f) To work with and encourage continuing cooperation with Federal, Provincial, Municipal and other groups or organizations interested in the progress of this Association.
- (g) To create and continue a fund to be collected cooperatively through voluntary subscriptions, gifts, bequests or other means; to estimate budget and disperse funds for maintenance and expansion of new services to meet proven needs.

LOWER FRASER VALLEY CEREBRAL PALSY ASSOCIATION

- 1977 -

ANNUAL REPORT

BOARD OF DIRECTORS

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LOWER FRASER VALLEY CEREBRAL PALSY ASSOCIATION

- 1977 -

ANNUAL REPORT

HONOURARY MEMBERS

Mr. A. A. Card

Mrs. R. Hougen

Miss M.C. Hardy

Miss D. Ladner

Mrs. G.A. Lamont

Mr. J. Barr

Mr. H. Cuthbertson

STAFF (AS OF FEBRUARY 1978)

Executive Director	-Elio A. Azzara, B.A., M.S.W.
Medical Director	-F.O. Simon, M.D., F.R.C.P.(C)
Medical Staff	-B.MacLean, M.D.
	-G. Lockitch, M.B.,Ch.B., M.D. Fellow in Paediatric Neurology
Executive Secretary	-Mrs. Vera Caston
Accounting Clerk	-Mrs. J. Nystrom
Receptionist-Typist	-Miss Pat Case
Case Aide-Med. Secretary	-Mrs. Merle Philps
Social Worker	-Mrs. Willy Payne, R.S.W.
Physiotherapists	
Senior	-Miss Susan Gaertner, B.S.R., M.C.P.A.
Staff	-Mrs. Brigid Gillis, M.C.S.P.
	-Mrs. Nadine Adam, M.C.S.P.,M.C.P.A.
	-Mrs. Joan Ducklow, M.C.P.A.
	-Miss Llaesa North, B.S.R.,M.C.P.A.
	-Miss Leah Seaman, B.S.R.,M.C.P.A., O.T. Reg.
Hydrotherapy Coordinator	-Mr. W. Mahony B. Sc.
Occupational Therapists	
Senior	-Mr. D.G. Kamath, O.T.Reg., C.O.&P.
Staff	-Mrs. Susan Pedersen, O.T. Reg.
	-Mrs. Louise Hutchinson, B.P.E.,B.S.R.
	-Miss Karen Lachance, B.S.R.
Speech-Language Pathologist	-Ms. Carol Woodworth, B.A., M.Sc.
Respite Care Worker	-Ms. Megan Parkman

Pre-School Teachers

Supervisors

-Mrs. Gladys Holley

-Glenys Lawson

Staff

-Mrs. Linda Whittingham

-Ms. Sina Romsa

-Mrs. Vera Boyko

-Miss Donnelle Conway

Therapy Aides

-Mike Andrysiak

-Cindy North

-Jeanie Paterson

-Denise Stewart

-Karen Whitelock

Housekeeper

-Mrs. Christa Frizzi

Building Superintendent

-Mr. Norman Parkins

Start Programme

Coordinator

-Carole Swinburne

Assistant Coordinator

-Lynn Agar

Staff

-Harry Baxter

-Alan Cox

-Ed Dobyms

-Colleen Ginter

-Maureen Sorenson

-Pat Vanderboom

-Debbie Krentz

-John Jordan

-David Jenson

-Kurt Kinley

PRESIDENT'S REPORT

On June 17th 1978, the Lower Fraser Valley Cerebral Palsy Association will mark its 25th year of service to the community. Strides made by this Association over the last quarter century did not come easy. Each forward step taken on behalf of handicapped children and their families required constant effort by many dedicated persons.

The objects of the Association, as laid down in our constitution, are still relevant as the struggle to afford handicapped children the best of opportunity continues. Please reflect awhile on the objects of the Association for they relate that some gains have materialized while others still need to be substantiated. Handicapped children and those who care for them are involved in preserving gains made to date while at the same time, struggling to meet some of the outstanding needs.

In 1977, as in previous years we have endeavored to provide qualitative treatment and other support services to handicapped children and their families. The services as outlined in this Annual Report were given in spite of continual financial worries, and only through the dedication of parents, Board members, staff and our Auxiliary which exceed every one of our expectations in helping us through some rough times. Also, service clubs and fraternal organizations in our community, have helped us as much as possible. The process of integration of the handicapped child begins with community involvement and understanding.

To all who have helped us in our struggles over the last 25 years, a sincere and heartfelt thank you.

M.R. Munro.

EXECUTIVE DIRECTOR'S REPORT

This being the 25th Annual Meeting of the Lower Fraser Valley Cerebral Palsy Association, I thought it would be essential to peruse the old records, in particular, the annual reports and other material of previous years. In doing this I came to grips with the tremendous effort that was made by people, either directly or indirectly on behalf of handicapped children of the Lower Fraser Valley. I can only say, what we have today in the way of programmes and building is due to the tremendous dedication on the part of many. I want to thank all my predecessors for initiating an important service for handicapped children and their families. I feel very strongly that our service is an important health and social amenity in the community.

1977 presented us with many challenges and I would like to take this opportunity to mention a few.

- 1) Continuation of improvement of all the major treatment services at the Centre.
- 2) Continuation of 'Start', the evening programme stressing independent training.
- 3) Expansion of the Pre-School.
- 4) Expansion of building, facilitated by Variety Club of Western Canada Tent 47 and the people of B.C.
- 5) The third 'Spoke' Newspaper project.
- 6) Initiation of the second therapy aides programme funded by Canada Works.
- 7) Strengthening in-service staff training and early intervention.
- 8) Reorganization of the administrative component of the Centre.
- 9) Search for adequate financing for treatment programmes.
- 10) Working closely with Surrey Rehabilitation Workshop Society to accommodate their programmes in new facilities.

All the above would not have been possible without the help of many, and particularly I would like to extend my heartfelt gratitude to our staff for their most dedicated efforts.

I would also like to take this opportunity to thank all our funding sources: The Ministry of Health, Ministry of Human Resources, United Way of the Lower Fraser Valley, our generous Auxiliary, C.P. Association of B.C., North Surrey Lions, Rotary Club of Surrey, Van Zor Grotto, Knights of Pythias, Elks Club, C.K.N.W. Orphan's Fund, and all the individuals who in their own way, by volunteering to help us with our work, have given us a most successful year.

Elio Azzara,
Executive Director.

MEDICAL DIRECTOR'S REPORT

Once again we come to this time of the year, when we look back at our work at the Centre and those things that have occurred. We have moved into the new wing of the building, we have seen an increase in the staff and some changes, and new programmes have been set up. There has been progress and improvement in many areas.

This is also the time of the year when we think of what we would have liked to accomplish. This year marks the 25th anniversary of the operation of the Centre. I hope this will inspire us all to make it a more efficient and dependable place for the handicapped child and his family.

Dr. F.O. Simon,
Medical Director.

WORK VOLUME
STATISTICAL REPORT

Active Treatment Caseload at December 31, 1977	- - -	299
New Referrals	- - - - -	80
Reopened	- - - - -	8
Transfers/Terminations	- - - - -	43
Active Treatment Caseload as of February 15, 1978	-	303
Enrolled in Pre-School	- - - - -	47

PHYSIOTHERAPY REPORT

Physiotherapy services aim to work with the children and their families to improve the motor development of the child. Through exercises and activities we try to help the child to learn to function better in his or her activities of daily life. We have had a very active 1977 due to the increasing number of new referrals. We are pleased to report that many of the new children who are coming to us are being referred at a (much) younger age.

STAFFING:

Brigid Gillis retired as Department Head at the end of March 1977, to give birth to Maureen on April 4, 1977 Susan Gaertner took on the department head position. While Joan Ducklow (nee Briscoe) was away on study and holiday leave, she was relieved for three months by Beverly Mill. Brigid started back permanent part-time in July at a rate of two days per week. Leah Seaman joined us in August as full-time staff. Llaesa North continues as full time and is still involved in the Infant Stimulation Programme on a bi-monthly basis. Nadine Adams continues at three times per week and has maintained, with Susan Pedersen, Occupational Therapist, an effective baby Spina Bifida Group. This gives us a total of five positions filled by six physios, an increase of 2/5 positions since 1976.

PROGRAMS:

Down Hill Ski Group: pre-ski exercises and swimming continued into June despite the lack of snow. We only got up the mountain once for actual skiing. The group had a break over the summer only to begin training again in the fall. Skiing started in mid-January 1978.

Cross-Country Ski Group: this program terminated in June after a good day-hike up Golden Ears in the spring break.

Horse-Back Riding: spring of 1977 saw eight children riding at Delta Equestrian Centre under the instruction of Jo Kennedy. Five children in the spring and six children in the fall of 1977 rode ponies under Hannie McGann's instruction at Swallow Field Farm in Langley. These programs require many volunteers to whom we extend our sincere appreciation.

We continue to try to get to the schools and into the homes as much as possible. If you particularly want to have a therapist visit your child's school, or you at home, please do not hesitate to ask.

This year some of the therapists have become involved with pre-school and kindergarten programmes on a consultation basis. The object of this is to try to fill the needs of the handicapped children within their own districts.

EDUCATION:

We have sponsored two continuing education programmes this year.

January 21, 22, 1977 HIGH RISK INFANTS WORKSHOP

- Given by Brigid Gillis

This related to treatment of infants at risk for therapists throughout B.C.

April 16, 17, 1977 MOTOR and RELATED PROBLEMS IN CEREBRAL PALSY

- Given by Sophie Levitt of London, England for therapists throughout B.C.

Our staff has attended various educational opportunities this past year.

Joan Ducklow was in Kingston, Ontario to attend the Bobath Course for eight full weeks.

Susan Gaertner was in London, England for four weeks for private tutor under Sophie Levitt.

Short Courses attended:

Paediatric Symposium

C.P. Update

Mental Retardation 1977

Seating Workshop

Sensory Integration and Perception

EQUIPMENT:

We have been fortunate in obtaining a video editor, new toys, new rolls, balls and other therapeutic equipment through various organizations who have made donations. We are very appreciative.

Susan Gaertner, B.S.R.
Senior Physiotherapist.

HYDROTHERAPY REPORT

The pool programme saw a complete staff change this year. Frannie Wren (nee Cruise) was replaced by Bill Mahony as Swim Programme Coordinator and Frannie's Assistant, Virginia Peacock, left in June to continue her university studies. Jeanie Paterson began in November as full-time Assistant courtesy of the Canada Works Programme.

The end of Frannie's term was highlighted by the successful Summer Day Camp. The hiring of Bill, in July, for the pool programme, enabled Frannie to operate the Day Camp simultaneously. Several small groups enjoyed picnics and ocean voyages at Crescent Beach in the new rowboat purchased by the Centre for water safety training. Other day trips included the Vancouver Aquarium, Bowen Island, and Squamish on the Royal Hudson. Many of the children experienced their first night away from home while staying at Halfmoon Bay and tenting at Alouette Lake.

The aquatics programme continues to provide hydrotherapy, swimming lessons and recreation for approximately two-hundred fifty handicapped children each week. Hydrotherapy usually supplements or follows work done with the Centre's physiotherapists. The warmth and buoyancy-support of the ninety-three degree water medium allows specific therapeutic exercises which are otherwise difficult to attain. Swimming lessons encourage total muscle involvement and provide indirect development of flexibility, strength, endurance and motor skill coordination. The lessons adapt standard swimming techniques to the unique limited abilities of each child toward the goal of being water-safe in and around the pool. With independence the children can better enjoy and benefit from the physical and social aspects of the recreational aquatic activities such as snorkelling, rowing and water polo.

As in the past, the success of the programme is indebted to the generous support of the fifty high school students and adults from the local community who have volunteered their time and energy to the children. Special thanks goes to the students and sponsor teachers from Fraser Valley Christian, Princess Margaret and North Surrey High Schools.

Plans for this year include volunteer education, progress reports, Red Cross certification and use of the new video machines for the children and volunteers.

Bill Mahony
Hydrotherapy Coordinator

OCCUPATIONAL THERAPY REPORT

In the beginning of 1977 there were three fulltime occupational therapists on staff, sufficient to meet the needs of those children being referred for occupational therapy. New programmes were planned and other programmes were modified to include different ideas. In August 1977 one of the therapists resigned and efforts were made to replace her but to no avail. Needless to say occupational therapists remaining are trying to meet the ever increasing demands for occupational therapy services.

During the year fifty-nine new referrals were entertained by the occupational therapy department which was a substantial increase over the 1976 referral rate. The number of children discontinued in O.T. due to improvement, changing needs of the children or the parental relocation, was twenty-four. Twenty children were temporarily discontinued because of lack of sufficient staffing. Nevertheless these children have been followed and reviewed regularly to ensure that some progress was taking place. Every attempt was made to have a well planned school and home programme for those children discontinued from active treatment at the Centre.

The Programme

Besides direct services such as assessment and treatment based on neurodevelopmental and sensory interpretation approaches, other services were provided by the O.T. department:

Baby Spina Bifida Group - The occupational therapy department in conjunction with the physiotherapy department, conducted the programme twice a month for meningomyelocele children of ages under three. Mothers of these children were also involved. Aims of this group were - a) To set up productive stimulation to the children. b) To give guidance to the mothers in the areas of gross motor, fine motor and perceptual skills appropriate to their children's ages and developmental levels.

This group also provided a peer socialization type of experience. Recently a twice a month educational meeting has been added to this particular programme.

Ham Radio Programme - This programme was recently initiated to serve some of the handicapped teenagers interested in acquiring proficiency in ham radio transmissions. It is hoped that in the future, a communications centre may be set up at the Centre and can be manned by handicapped teenagers.

Adolescent Programmes -

a) A cooking group was formed last spring whose main aim was to help adolescents achieve independence in the area of cooking their own foods. Factors such as interaction in the group, leadership and organizational abilities were assessed also at this time.

b) Another group also was initiated in the fall of 1977. The stress in this group was given on hand skills.

Adaptation Workshop - Set up in the basement of the Centre in the new addition and with the help of handicapped volunteers who work a couple of days per week making special seat adaptations for bathrooms, special arm rests, soles, wedges, etc. proved successful. This workshop was slow in getting off the ground due to lack of adequate funding.

Besides the above, the occupational therapists were involved in:

- 1) The screening programme organized by the Surrey Association for Early Childhood Education. The role of the occupational therapist in this programme was to identify delayed milestones and motor problems during the screening.
- 2) Pre-vocational Programmes at Simon Cunningham School. The occupational therapy department was involved in assisting with the planning of the pre-vocational programme now under way at Simon Cunningham School Annex. Occupational therapy involvement during the 1977 fall term was limited due to lack of sufficient O.T. staff. However, a small group is being conducted for several of the students to increase the awareness in skills necessary for independent living as they approach adulthood. Also the occupational therapy department acted as a resource person for those teenagers who were planning to get into sheltered employment situations.

The occupational therapy department was also involved in the preparation of briefs to the School District of Surrey regarding the needs of dyslexic children. This brief was presented to the Special Education department of School District 36.

During the 1977 year the therapists had various opportunities to attend continuing education programmes: all the therapists had an opportunity to attend the Paediatric Symposium in the week-end workshop offered by Sophie Levitt at the Centre in early 1977.

One therapist was encouraged to attend the Sensory Integration Workshop "testing" in August in Seattle. This therapist also managed to attend the C.P. Update Symposium in October of last year at G.F. Strong Rehabilitation Centre in Vancouver.

The senior occupational therapist was offered a chance to attend the Osteo and Orthokinematic workshop at G.F. Strong Rehabilitation Centre in September and a special sitting seminar in November 1977 at Woodlands. The senior occupational therapist also attended the workshop on Sensory Interpretation and Perception at the South Centre in Seattle in December 1977.

The occupational therapy department is hopeful that it will be adequately staffed for 1978 so that the present programmes may be continued with new vigour and new programmes initiated to help the many children that have been referred to us.

D.G. Kamath,
Senior Occupational Therapist.

SPEECH THERAPY REPORT

1977 has been another busy year for the Speech department. The new full-time position was filled in May by Carol Woodworth. Barbara Sahlgren, who has been with the Centre for six years, left us in September. Several children from her caseload are on a waiting list for treatment and the new referrals keep coming, so we are anxiously awaiting applications for the vacancy.

Programme.

The Speech Department continues to assess and treat a variety of speech and language disorders. Since communication is our concern, alternatives to spoken language, specifically Blissymbolics and sign language are being used where appropriate. Our caseload emphasis is on pre-schoolers and school age children already attending the Centre for physiotherapy or occupational therapy. We also screen hearing and make referrals for further audiological testing when appropriate. We work together with occupational and physiotherapy departments in assessing and treating feeding difficulties. This year we had Joan Morton, Dietician from Surrey Memorial Hospital give an evening talk on nutrition and feeding problems.

Materials

We want to thank the Auxiliary for providing the department with some badly needed testing and therapy materials. These gifts were displayed and their functions described for the Auxiliary one evening in September.

Students

Students from the U.B.C. Division of Audiology and Speech Sciences have observed at the Centre throughout the year. We have also had other students interested in speech and language pathology in to observe.

Education

This year, Barbara Sahlgren took the Elementary Blissymbolics course held in June. She participated in C.P. Update this fall. The Canadian Speech and Hearing Association's annual convention was held in Victoria this year so we were able to attend some excellent lectures and workshops there. We also benefitted from Sophie Levitt's workshop this summer.

The Speech Department is looking forward to 1978. Please feel free to come in and see what we are doing.

Carol Woodworth,
Speech-Language Pathologist.

PRE-SCHOOL PROGRAMME

During the past year we have again increased in the number of children enrolled into the Pre-School programme. We are now nearing the new extended number of fifty children allowed by Licensing Board. There are also new referrals that are due to have evaluations.

Staff has also increased and we welcome Sina Romsa and Vera Boyko to our teaching group.

The children continue to have on-going therapy during school hours, and a follow through within the classroom setting under the guidance of the therapists involved.

The Pre-School programme is based on the individual child and his needs, these being fulfilled by providing many opportunities for self discovery and social adjustment in a peer group setting.

Once again the children have enjoyed a regular swim programme with Bill and his group of volunteers. Field trips, outdoor barbeque, and parties indoors have been happy experiences.

We were fortunate and grateful to receive donations from a parent and a friend, that enabled us to buy a beautiful

complete set of Musical Instruments, they are giving great joy to the children.

We have given our assistance in the training of college students, and numerous other groups observing the Pre-School.

We have had a busy growing year, and look forward to a progressive year ahead.

Gladys Holley,
Pre-School Supervisor.

DEVELOPMENTAL ENCOURAGEMENT PROGRAMME

The Developmental Encouragement group is an extension of the Pre-School. This programme places emphasis on a one to one relationship between the child and the teacher in the continuing stimulation and assessment of the child's developmental progress. Each of the therapy departments is greatly involved with our programme and we work in close contact with therapists, coordinating each child's programme in a very individual way. The children participate in a swim programme twice a week and we thank Bill Mahony and his staff for its success.

The C.N.I.B. have given support to us in working with the blind children that attend our programme. We are grateful to have the assistance of Lynn Auld, a special needs teacher, who works with one of our children on a once a week basis.

We were sorry to lose Nancy Webber, but under the circumstances, her happiness in returning to university to further her education, more than made up for our loss.

All the Pre-School staff have participated in lectures, seminars and professional days throughout the year and are happily applying the learning experiences they have gained.

Glenys Lawson
Linda Whittingham.

SOCIAL SERVICE REPORT

On June 17th 1953, the Lower Fraser Valley Association for the cerebral palsy child was formed. Objectives of the Association were to bring the vital needs of the disabled child to the attention of the community at large. The parents of the disabled children of this area at that time

took their children to G.F. Strong Centre in Vancouver for therapy. This was accomplished by using volunteer drivers and financial donations from various organizations and from various projects. Previously, the social contact was minimal and many parents and children felt very isolated.

Through the formation of the Association, parents were able to come together to help children with special needs. It became apparent that the physical therapy was not enough and when Miss Hardy was appointed as the first Executive Director of the Centre on November 1st 1967, she undertook the double role of Administrator and Social Worker.

The family structure undergoes great changes when a child is diagnosed as being disabled. The disabled child is a very special individual who has need of specially designed services such as treatment, schooling, recreation, social stimulation, transportation to and from home. At the same time, the family, be it father, mother or sibling, also undergo changes and new needs are expressed. The parents attending the Centre in the past 25 years have recognized this need which is not necessarily met in physical therapy alone. Mothers who are at home with the disabled child often have needs to share with other mothers in expressing their anxiety, frustrations and concerns for the future of their child. A strong bond between the parents is formed through their common needs. This is illustrated by the fact that many of the early pioneers in care and services for the handicapped in the Lower Fraser Valley Cerebral Palsy Association, are still present and involved after 25 years of hard work, and after many setbacks of financial crises and lack of understanding or interest from the un-informed public.

In January 1964, the first full-time Social Worker, Mrs. G. Moffatt, was appointed. Undoubtedly it had become apparent that the need for social services could no longer be served on a part-time basis. One of the many duties of the Social Worker in the health field is to carry out society's concern for families who are in need of programmes for their disabled child, which are paid for by tax collections such as hospitalization, extended care, relief programmes, pensions, education and sheltered workshops. Together with the medical and paramedical personnel, the social worker assists, guides, supports, and informs the disabled child and his family about the resources available in the community and by developing a trust relationship and deep concern makes their daily living more tenable.

At present, a group of parents have undertaken the responsibility of establishing a programme for Moms and Tots - they plan to create a meeting place at the Centre where discussions with guest speakers can be held around their interests such as

parenting, nutrition, and individual growth. Siblings who accompany their disabled brother or sister will have a playtime on their own so that the parent can give her undivided attention to the therapist. The social worker serves as a resource person and counsellor.

Together with Manpower and Douglas College, a series of discussion groups are being planned to help the mother to do some realistic planning for her own personal future whether it be to prepare for a new career, to extend her education or the possibilities of employment. Aptitude testing and vocational planning will be one of the many subjects covered.

We have come a long way and each area has its own challenge. One of the most urgent ones at present is the necessity of ensuring community living opportunities for some of the handicapped teenagers who are striving to emancipate from the family and pursue a course of independent living. This matter is being looked into with great enthusiasm.

The social work services are available to all our clients. Suggestions for new programmes and needs as yet not met are very welcome.

Willy Payne, R.S.W.
Social Worker.

AUXILIARY EXECUTIVE FOR 1977

Past President	Mrs. Will Fayers
President	Mrs. Jean Bignell
Vice President	Mrs. Vera Caston
Recording Secretary	Mrs. Bev Piskorik
Corresponding Secretary	Mrs. Rose Apolzer
Treasurer	Mrs. Rochelle Paetkau
Thrift Shop Convenors:	
Whalley	Mrs. Alice Crane Mrs. Hazel Hall
Newton	Mrs. Blanche Whitmore (Jan.-Sept.) Mrs. Betty Findlay (Sept. - Dec.)

AUXILIARY REPORT

Another busy year has rushed by, which saw the Auxiliary involved in many areas to raise funds for the children of Variety's Treatment Centre.

In order to raise these funds Bazaars were held at Surrey Place, Clearbrook, and our Third Annual Bazaar at the Centre in November. We had a "Shopping Day" at a local supermarket and held a Tupperware party.

Our two Thrift Shops in Whalley and Newton have been extremely busy sorting, marking and selling donations from the community. We applaud the continued efforts of these hard working ladies, and particularly the convenors of the Whally Shop, Alice Crane & Hazel Hall.

Many thanks to the refreshment committee for their hard work at various functions throughout the year.

The two Simon Cunningham Schools were again given \$500.00 to provide field trips and Christmas treats.

We saw the completion of the Infant Stimulation Department for which we had provided funds.

This year the Auxiliary gave the Centre \$17,565.00 and another \$1,800.00 at the rate of \$150.00 per month for running expenses, a total of \$19,365.00.

Over the past fifteen years, the Auxiliary has contributed an approximate total of \$131,013.00 to the Centre, \$3,187.00 to the schools and \$250.00 to assist setting up housekeeping for a group home for the handicapped young people. This comes to a grand total of \$134,450.00.

I wish to thank all the members of the Auxiliary, the staff, community groups and so many friends who have helped us along the way.

Sincere good wishes for 1978.

Jean Bignell,
President.

AUXILIARY

INCOME

Bazaar	\$ 2,568.35	
Candy Wreaths	293.27	
Club Days	921.74	
Display Case	97.25	
Interest	1,764.57	
Memberships	22.00	
Whalley Thrift Shop	14,900.00	
Newton Thrift Shop	1,216.91	
Hi-Low	160.41	
Donations	621.36	
	<hr/>	
	\$22,565.86	\$22,565.86

EXPENSES

Treatment Centre	19,365.00	
Simon Cunningham	926.61	
Bazaar	77.74	
Miscellaneous	485.47	
	<hr/>	
	\$ 20,854.82	\$20,854.82
		<hr/>
		1,711.04
Retained Earnings		<hr/>
		25,177.74
		<hr/>
		\$26,888.78

Service Account	1,888.78	
Term Deposit	<u>25,000.00</u>	
	\$ 26,888.78	

RESPIRE CARE PROGRAMME

In December of 1976 the Vancouver Foundation gave us some money to initiate the Respite Care Programme.

The objectives of the Respite Care Programme are:

- 1) To give parents of handicapped children an opportunity to take a break from the 24 hour supervision and care of these children.
- 2) To strengthen the family and the marriage.
- 3) To decrease the stress in families who have handicapped children.
- 4) To prevent institutionalization, and support care of children within their families and communities.
- 5) Initiate a process whereby parents who have handicapped children will help each other.

The importance of the Respite Care programme is to maintain handicapped children within their families and their communities. Families who have handicapped children are severely burdened with the task of caring for the handicapped child. They can best do this when they have some relief from the child's dependency on them from time to time. In many cases there is little time available to regenerate energies so that the task of continuing care can be made bearable for parents. The programme is interested in serving those families who have considerable difficulty in finding adequate care personnel within the community.

Funding from the Vancouver Foundation ceased in November of 1977 and the programme managed to be continued with the help of Human Resources and the Surrey Mental Retardation Association. To the end of December of 1977, forty-five families had been served.

We feel very strongly that this is an important adjunct to the treatment services offered at the Centre. Feedback from families has been extremely favourable.

Megan Parkman,
Respite Care Worker.

START

START is a Canada Works project providing Community and Self-Awareness Programmes for over 150 handicapped individuals per week. Staff members include:

- Carole Swinburne
- Lynn Agar
- Harry Baxter
- Al Cox
- Colleen Ginter
- Debbie Krentz
- John Jordan
- Maureen Sorenson
- Pat Vanderboom

During 1977 START expanded its programmes to meet the ever increasing need in the community. We continue to provide Independent and Contemporary Living Management Programmes for the mentally, emotionally and physically handicapped people of all ages on Tuesday, Wednesday and Thursday evenings. As well, we now offer an open Art Appreciation programme Monday mornings and a Pre-teen Independent Living Programme Wednesday afternoon. The first Thursday of each month is reserved for an Information Forum, open to the entire community to explore and utilize the resources, benefits, facilities and services available to assist the handicapped. Tuesday, Wednesday and Thursday evenings, the pool is open for family recreation.

START aims towards independence at home and in the community. Through positive programming such as our Independent and Contemporary Living Programmes, the handicapped are given the opportunity to broaden their outlook by experiencing of every day living which explore and fortify their capabilities.

We are currently seeking to establish START as a permanent on-going service at Variety's Treatment Centre for children.

Carole Swinburne,
Supervisor.

SIMON CUNNINGHAM SCHOOL REPORT

JANUARY - DECEMBER, 1977

The Educational Programmes for Variety's Treatment Centre at the two Simon Cunningham Schools was operated by the Surrey School Board with the help of Mr. G. Greenaway, Mr. F. Ansley, and Mr. K. Robinson.

The Educational Staff consisted of:

Mr. M. Johnson (Head Teacher at Annex)
Mrs. M. Rowan
Mr. J. Catterall
Mrs. D. Nemrava
Mrs. E. Peart
Mrs. G. Rutherford
Mrs. L. Emerson
Mrs. Evelyn Burgess
Mrs. Edith Burgess
Mrs. D. Townsend
Mrs. D. Neu (March - December)
Mrs. H. Watson (January - June)
Mrs. J. Pelletier (September - December)
Mrs. V. Clauson (January - April)
Mrs. E. Danicek (May - December)
Mr. N. Adams (September - December)
Mr. P. Surdhar (November - December)

The Teacher's Helpers consist of:

Mrs. D. Smith
Mrs. F. Stoney
Mrs. N. Dakin
Mrs. R. Plain
Mrs. V. Diack
Mrs. G. Kiselich
Mrs. M. Robinson (September - December)

At the end of the year, there were 76 pupils enrolled in integrated and segregated classes. Of these pupils there were 1 from Burnaby; 5 from Coquitlam; 9 from Delta; 7 from Langley; 5 from New Westminster; 33 from Surrey and White Rock, and 6 from Woodlands.

All pupils enjoyed field trips to:

- Playland in Vancouver,
- Bear Creek Park for a school picnic.

As well, small groups of pupils took field trips to various locations for Educational purposes.

The Vocational Programme at the Annex progressed rapidly during the year. A wide variety of activities provided training for most of the older students:

- green house work
- covering buttons
- silk screening
- woodworking
- tennis racket stringing
- sewing

Many visitors representing numerous organizations observed the classes in progress during the year. In-service training was provided to secondary students who helped in some of the classrooms.

The assistance of parents, volunteers, the Auxiliary and Variety's Treatment Staff has made this year very profitable for our pupils.

R.J. McKibbin
Principal

AUDITORS' REPORT

To the Members,
Lower Fraser Valley Cerebral Palsy Association.

We have examined the balance sheet of Lower Fraser Valley Cerebral Palsy Association as at December 31, 1977 and the operating statement for the year then ended. Our examination was made in accordance with generally accepted auditing standards, and accordingly included such tests and other procedures as we considered necessary in the circumstances.

Our examination with respect to donations, because of their nature, was limited to comparisons of recorded receipts with the bank deposits.

In our opinion, these financial statements present fairly the financial position of the association as at December 31, 1977 and the results of its operations for the year then ended in accordance with generally accepted accounting principles applied on a basis consistent with that of the preceding year.

Powell Street & McKave

CHARTERED ACCOUNTANTS

Burnaby, B.C.
February 14, 1978

LOWER FRASER VALLEY CEREBRAL PALSY ASSOCIATION

FINANCIAL STATEMENTS

DECEMBER 31, 1977

- Auditors' Report
- STATEMENT I - Operating Statement
- STATEMENT II - Balance Sheet
- Notes to Financial Statements

STATEMENT I

LOWER FRASER VALLEY CEREBRAL PALSY ASSOCIATION
 OPERATING STATEMENT
 FOR THE YEAR ENDED DECEMBER 31, 1977
 (with comparative figures for 1976)

	<u>1977</u>	<u>1976</u>
REVENUE (Note 1)		
Government grant	\$212,216	\$210,376
United Way - grant	53,330	48,550
Day care grant	65,804	47,139
Treatment fees	24,922	21,098
Auxiliary - donation	11,865	6,000
Interest income	-	13,186
Donations - other	5,249	2,397
Miscellaneous	305	585
	<u>373,691</u>	<u>349,331</u>
EXPENSES		
Building facilities:		
Light and power	8,399	7,883
Repairs and maintenance	4,288	4,934
Insurance	3,694	2,652
Property taxes	3,030	2,392
Salaries and benefits	22,933	20,587
	<u>42,344</u>	<u>38,448</u>
Administration:		
Telephone	4,346	3,060
Office supplies	6,002	4,792
Accounting and legal	3,800	2,765
Advertising - staff recruitment	1,933	1,287
Salaries and employee benefits	43,297	39,460
	<u>59,378</u>	<u>51,364</u>
Program:		
Salaries and employee benefits (Note 3)	277,373	225,818
Sessional fees (Note 4)	368	-
Supplies	7,480	7,228
Transportation (Note 5)	5,899	10,097
Other expenses	3,927	3,167
Bad debts	790	1,072
Funded projects - overrun (Note 2)	108	738
	<u>295,945</u>	<u>248,120</u>
	<u>397,667</u>	<u>337,932</u>
NET INCOME (LOSS)	\$(23,976)	\$ 11,399

LOWER FRASER VALLEY CEREBRAL PALSY ASSOCIATION
BALANCE SHEET
AS AT DECEMBER 31, 1977
(with comparative figures for 1976)

	<u>1977</u>	<u>1976</u>
<u>ASSETS LESS LIABILITIES</u>		
OPERATING FUND		
Cash on hand and in bank	\$ 16,501	\$ 20,717
Accounts receivable (less allowance for doubtful accounts: 1977 - \$1,940; 1976 - \$1,070)	18,750	27,300
Deposits and prepaids	633	1,182
Amounts due from capital fund	<u>968</u>	<u>7,818</u>
	<u>36,852</u>	<u>57,017</u>
Less: Accounts payable	16,022	10,537
Deferred revenue	14,856	13,616
Accrued holiday pay	<u>5,200</u>	<u>8,114</u>
	<u>36,078</u>	<u>32,267</u>
NET ASSETS OF OPERATING FUND	<u>774</u>	<u>24,750</u>
CAPITAL FUND		
Investments, at cost		
Term deposits	80,000	100,000
Savings account	21,723	17,351
Mortgages receivable	4,958	5,666
Lots in Huntington	<u>-</u>	<u>142</u>
	<u>106,681</u>	<u>123,159</u>
Treatment Centre:		
Land, at cost	15,920	15,920
Building (Note 6)	853,463	706,864
Clinic and school equipment	25,863	25,715
Office equipment	20,577	15,109
Automotive equipment	<u>6,500</u>	<u>6,500</u>
	922,323	770,108
Less: Accumulated depreciation	<u>34,185</u>	<u>26,199</u>
	<u>888,138</u>	<u>743,909</u>
Land adjoining Centre, at cost	<u>40,573</u>	<u>-</u>
	<u>928,711</u>	<u>743,909</u>
Amount due to operating fund	<u>(968)</u>	<u>(7,818)</u>
NET ASSETS OF CAPITAL FUND	<u>1,034,424</u>	<u>859,250</u>
TOTAL NET ASSETS	<u>\$1,035,198</u>	<u>\$884,000</u>

STATEMENT II

	<u>1977</u>	<u>1976</u>
<u>SURPLUS</u>		
OPERATING FUND		
Balance, at beginning of year	\$ 24,750	\$ 13,351
Net income (loss) for year (Statement I)	<u>(23,976)</u>	<u>11,399</u>
Balance, at end of year	<u>774</u>	<u>24,750</u>
CAPITAL FUND (Note 7)		
Balance, at beginning of year	859,250	825,788
Donations - auxiliary	7,500	9,895
- other	162,476	28,384
Interest income	9,770	-
Gain on sale of property	<u>3,414</u>	<u>-</u>
	1,042,410	864,067
Less: Depreciation	<u>7,986</u>	<u>4,817</u>
Balance, at end of year	<u>1,034,424</u>	<u>859,250</u>
TOTAL SURPLUS	<u>\$1,035,198</u>	<u>\$884,000</u>

LOWER FRASER VALLEY CEREBRAL PALSY ASSOCIATION
 NOTES TO FINANCIAL STATEMENTS
 DECEMBER 31, 1977

1. ACCOUNTING METHODS

The accounts of the association are kept on the accrual basis with respect to treatment fees, grants and related operating expenses. Donations and other receipts are recorded on the cash basis.

Donations are received by the operating fund except for memorial donations and others designated by the donor for capital purposes.

Interest received in the amount of \$9,773, from capital investments, has been shown as a capital receipt in the current financial statements. This is a change from the previous year wherein the interest was shown as an operating receipt.

2. FUNDED PROJECTS

	<u>Revenue</u>	<u>Expense</u>	<u>Net</u>	<u>Net 1976</u>
Local Initiative Projects	\$ 46,113	\$ 46,113	\$ -	\$ (52)
Spoke - Province of British Columbia	9,670	9,778	(108)	(686)
Landscaping - Province of British Columbia	3,290	3,290	-	-
Young Canada Works Government of Canada	15,281	15,281	-	-
Canada Works - I Government of Canada	39,953	39,953	-	-
Canada Works - II Government of Canada	<u>7,293</u>	<u>7,293</u>	<u>-</u>	<u>-</u>
	<u>\$121,600</u>	<u>\$121,708</u>	<u>\$ (108)</u>	<u>\$ (738)</u>

3. SALARIES PROGRAM

	<u>1977</u>	<u>1976</u>
Salaries and benefits	\$289,483	\$226,950
Less: Grants received		
Herman Bischoff Foundation	800	200
Vancouver Foundation	<u>11,310</u>	<u>932</u>
	<u>12,110</u>	<u>1,132</u>
	<u>\$277,373</u>	<u>\$225,818</u>

LOWER FRASER VALLEY CEREBRAL PALSY ASSOCIATION
 NOTES TO FINANCIAL STATEMENTS
 DECEMBER 31, 1977

4. SESSIONAL FEES		<u>1977</u>	<u>1976</u>
	Doctors paid	\$ 30,861	\$ 18,860
	Grant received	<u>30,493</u>	<u>18,860</u>
		\$ <u>368</u>	\$ <u>Nil</u>

5. TRANSPORTATION		<u>1977</u>	<u>1976</u>
	Cost of bus service	\$ <u>21,323</u>	\$ <u>17,639</u>
	Less: Grants received		
	B.C. Lion's Society	6,424	2,919
	School District of Surrey	<u>9,000</u>	<u>4,623</u>
		<u>15,424</u>	<u>7,542</u>
		\$ <u>5,899</u>	\$ <u>10,097</u>

6. BUILDING

The Variety Club has constructed a treatment centre building on land owned by the association at 9460 - 140th Street in Surrey, B.C. The cost of the building, as determined by the Variety Club, has been reflected in the capital account of the association.

		<u>1977</u>	<u>1976</u>
	Donated by Variety Club	\$789,000	\$650,000
	Association cost	<u>64,463</u>	<u>56,864</u>
		<u>\$853,463</u>	<u>\$706,864</u>

Depreciation is recorded at 5% on the diminishing balance basis on the association's cost only.

7. DONATIONS - CAPITAL FUND

The association was the major beneficiary of the estate of the late John H. Cross. There is \$38,000 being held in trust by the executor, which will eventually be transferred to the association as the residual beneficiary of the trust.

Our sincere gratitude to the following, for their support.

Ethel C. Shepherd
Woodcrest Charity Fund, Woodwards Guildford
M.M. Govier
Mr. R. Leech
Opti-Mrs. Club of North Delta Surrey
Mrs. D. Sears
Active Bailiff Service Ltd.
P. Martin
J.G. Clauston
Mrs. Vivian Sinclair
Mrs. J. Millar
E. Forst
Willis Billiards
The Surrey Breakers
Mrs. Laura Wilkie
Sur-Del 4 Wheel Drive Club
Mr. & Mrs. Steve Piskorik
Ms. G. Gartner
Auxiliary to L. F. V. C. P. A.
Canadian Foresters, Court Dogwood 2000
Mrs. Irene Shields
Order of the Royal Purple
Surrey Square Wheelers
Newton Minor Hockey Auxiliary
Edith Duncan
Mrs. L. A. Traill
Grosvenor Rd. Elementary School
Gulf of Georgia Towing Co. Ltd.
Wheelchair Wheelathon
Pythian Cerebral Palsy Committee
Kiwassa Club of Whalley
Hudson's Bay One Appeal
Ladies of Van Zor
16th SurDel Beavers Club
B.C. Hydro Employees
Mr. & Mrs. L. E. Smith
Mr. & Mrs. C. Coutts
Mrs. Lillie
J. Britton
Mrs. Jean Philip
Mr. & Mrs. I.W. Miller

Ladies Auxiliary #6, Royal Cdn. Legion, Cloverdale
Mr. E.B.
Tropic Isle
Telephone Employees Community Fund
Betty Huff School
Delta School Board Construction Workers
North Surrey Lions Club
Foster Advertising Limited
Mr. & Mrs. A. Shultz
B. Mahoney
Staff Woodwards (Guildford)
Mr. & Mrs. C. Nygard
W.C. McPike
Rodney & Tina Hansen
Mrs. J.W. Smith
Mrs. Evelyn C. Gibbs
Celista Vacation Bible School
Cypress Home Recreation
Mrs. W. Fayers
Lower Mainland, Spina Bifida Assn.
Country Tree Service Ltd.
Mr. & Mrs. R. Forrester
A. J. Giles
Kennedy Community Hall Assn.
Xl Beta Iota Chapter X 4438
Newton Kinettes
B.P.O. Elks. Cloverdale
Mr. H. Mans
Mrs. Marjorie Shiles
W.A. of Tynhead Hall
Doris K. Skelton
Harvey Lodge #1195
Van Zor Grotto
Viking Lodge #81 Sons of Norway
J.F. Green
Florence M Foreman
Ladies Auxiliary Canadian Legion #175
Ladies of Chilminar Washington
The Gulz
D. Caston
Mr. & Mrs. Durrant