

# The Centre for Child Development



Therapy, care & support under one umbrella



# Mission, Vision, Values

Our mission continues to be helping children with special needs reach their potential.

Our vision is that children have the best opportunities to succeed in all areas of their lives.

Our values reflect that our highest priority is the well-being, safety and success of our children.

# How We Achieve our Vision

#### **EXCELLENCE**

Our team is committed to improving upon and building current leading best practices in all areas of our service delivery. We are actively involved in creating better solutions for our children. We show our relentless persistence to stretch ourselves to do better. We foster beneficial, effective, respectful and inclusive relationships that provide the best opportunities for our children.



#### **ACCOUNTABILITY**

We are accountable at a personal, professional, and organizational level for measuring and knowing our impact and meeting the standards set. We recognize that we operate in a complex world that demands we consider the practical implications of our decisions.

#### **CARING & COMPASSION**

We model and inspire giving freely of ourselves in our work and our lives. Our caring and compassion extends to our children, colleagues, our families, and our communities. We know they are good, and doing their best, and we inspire more.

#### **INTEGRITY**

We take action based on the needs of the children, the moral and ethical implications impacting the community, and the consideration of the greater good.

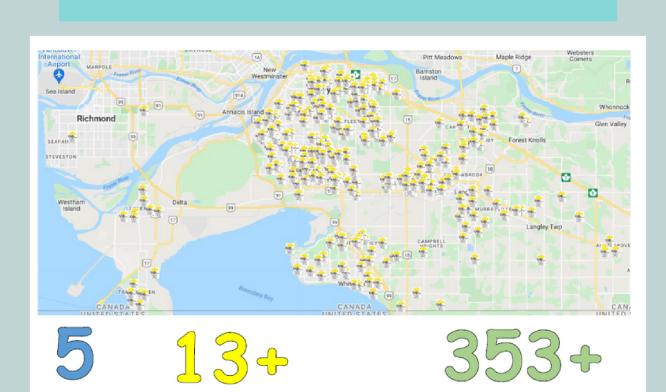
# Who We Are

Since 1953, The Centre for Child Development has worked to overcome societal barriers for those with disabilities and empower vulnerable children and families throughout the South Fraser Region.

At The Centre, we work with families to provide integrated, wrap-around services. We deliver comprehensive, collaborative medical rehabilitation programs and multi-disciplinary services to children with a wide range of abilities and conditions.

We started as a grass-roots group of parents cooperatively organizing transportation to therapy sessions in Vancouver, and have grown throughout the decades to become the largest CARF accredited Outpatient Medical Rehabilitation and Child & Youth Services Program (Pediatric Specialty) in Western Canada.

We now serve over 5,700 children each year through more than 30,000 sessions at over 353 locations in Surrey, Delta, White Rock and Langley.



Delta Surrey

CITIES

Both Langleys White Rock

#### SERVICES

From Supported Child Development to Feeding & Nutrition Team, and many more.

#### **LOCATIONS**

Schools, preschools Childcare centres Homes, and our 4 Locations in Delta, Surrey & Langley

# Diversity, Accessibility, Inclusion



The Centre has long committed to, and continues to advance, a barrier-free, safe, and welcoming space for people of all abilities, ethnicities, races, nationalities, cultural heritage, genders, sexual orientations, religions, and social and economic backgrounds. We acknowledge the need for deliberate and persistent reflection and refinement of our practices to ensure our services continue to advance accessibility and cultural responsiveness.

Our practice of conscious inclusivity, cultural sensitivity and equitable access respects and values everyone's differences and unique experiences. We honour, respect and adhere to all United Nations declarations on the rights of peoples, and federal and provincial statutes on human rights.

The Centre respects and honours the culture and heritage of all persons, including Indigenous peoples in accordance with the Truth and Reconciliation Commission of Canada's Calls to Action and BC's Recognition & Reconciliation Protocol on First Nations Children, Youth and Families.

We recognize and work to overcome barriers to access including systemic and structural discrimination, social disparity, and economic status. We actively facilitate partnerships and work with community leaders to help solve the issues facing children and families from all backgrounds.

# **Our Services**

#### Casting & Splinting

Our team fabricates custom casts and splints to correctively maintain arms/legs in a certain position and/or to help children overcome activity limitations, such as difficulties with standing and walking. As children grow and change, our team creates new customized casts/splints to support their development-these can need replacement every few weeks/months depending on the child's individual progress.

#### Provides help with:

 Customized corrective support for hands/feet

 Replacement custom supports as children grow and progress



#### **Childcare & Preschool**

Our inclusive, play-based preschool and \$10/day childcare (one of BC's first prototype sites) promote holistic learning and development for children of all abilities. Our programs align with components of the BC Early Learning Framework, seeing every child as capable and full of potential. Our childcare and preschool allow all children to participate, experiment, experience, and learn in their own way.

#### **Primary programs:**

- Under 3 Childcare
- 3-5 Childcare
- Preschool (age 3-5)



# **Communication Therapy**

Our speech-language pathologists work with families and caregivers to help children maximize their communication skills and ability to participate in family life, preschool and peer relationships. We help with a range of abilities from general delays to cerebral palsy, Autism and Down Syndrome.

#### **Primary program:**

 Early Intervention: birth to school entry (individual, group, preschool/daycare consultation as needed)

#### Provides help with:

- · Interactive skills (listening, talking, playing)
- Language development promotion strategies
- Verbal communication (understanding spoken language, increasing speech clarity)
- Non-verbal communication (sign language, gestures, voice output devices)
- Safe swallowing of foods and liquids
- Desensitization to challenging food textures, colours and aromas



#### **Early Years Program**

In collaboration with Sources Infant Development Program, the Early Years team provides free, family-focused services and support to children 0-6 years old and their families. No appointment, registration, or referral is needed.

#### Provides help with:

 Finding appropriate support, resources, programs related to child development, health, safety, parenting

Education and support groups, drop-in groups

P: 604-619-9488 E: earlyyears@the-centre.org



#### **Equipment Team**

Our team helps customize children's mobility devices to make the most of each child's unique mobility needs so they can fully participate at home, school, and in the community. The team works in consultation with the child, their family, therapists, physicians, hospitals, and equipment suppliers to meet the child's functional positioning/mobility needs and goals, and monitor for growth & physical changes.

#### Provides help with:

 Specialized equipment selection and adaptation (wheelchair, walker, stander)

 Monitor growth and physical changes, collaboratively work with family, therapists, physicians, specialists, hospitals

# **Feeding & Nutrition Team**

Our team works with families of children whose feeding safety/nutrition is compromised due to developmental disabilities. The team includes a developmental pediatrician, speech-language pathologist, occupational therapist, and dietician.

#### Provides help with:

- Feeding/swallowing challenge assessment; develop skills for safe swallowing
- Practical recommendations about feeding, positioning, equipment and food

A pediatrician can submit a referral for our Feeding & Nutrition program.



# **Family Services**

Our team of family services workers and a psychologist work with client families to discuss needs and identify beneficial services.

#### Provides help with:

- Access emergency services, apply for service and/or funding
- Training and support on how to advocate for your child
- Support groups and help coping with family distress
- Connect with appropriate community resources



#### **Key Worker**

Key workers provide family-centered support services for children assessed and diagnosed with Fetal Alcohol Spectrum Disorder (FASD) and related conditions.

#### Provides help with:

- Behavior strategies/life skills
- Linking to family services, providing information
- Educational groups- topics include lifespan development, advocacy, accessing resources
- Support groups for caregivers of children with FASD and related conditions

A pediatrician can submit a referral to Sunny Hill Health Centre for a diagnostic assessment. Once referred for assessment, Key Worker services can be requested.



#### **Psychology**

Our team of psychologists and parent support workers help children living with a developmental disability and a significant behavioural or mental health condition.

#### Provides help with:

- Behavioural concern consultation/assistance
- Counselling for children, youth, families
- Services to help caregivers improve children's daily living skills (toilet training, sleep support)
- Support groups for families and siblings



# **Occupational Therapy**

Our occupational therapists work with families and caregivers to help children and youth maximize their fine motor control and ability to function at home, school and in their community. We help with a range of abilities from fine motor delays to cerebral palsy, spina bifida, muscle disease or orthopedic conditions.

#### **Primary programs:**

- Early Intervention: birth to school entry
- School Aged Program: Kindergarten to age 19, in partnership with all South Fraser Schools



#### Provides help with:

- Hand function (including selection/fabrication of hand splint(s) if needed)
- Prewriting skills, written output, scissor skills
- Selfcare skills (eating, dressing, bathing)
- Play skills
- Sensory issues part of physical disability/developmental delay
- Specialized equipment selection and adaptation (wheelchair, power wheelchair, bath seat, toilet commode, patient lift systems)
- Technology modification for varying physical abilities
- Recommendations for home, school and vehicle modifications



## **Physiotherapy**

Our physiotherapists work with families and caregivers to help children and youth maximize their gross motor potential to be as independent as possible in all environments. We help with a range of abilities from coordination challenges and gross motor delays to cerebral palsy, spina bifida, muscle disease or orthopedic conditions.

#### **Primary programs:**

- Early Intervention: birth to school entry
- School Aged Program:
   Kindergarten to age 19, in partnership with all South

   Fraser schools



#### Provides help with:

- Infants/children reaching developmental gross motor milestones (rolling, sitting, crawling, standing, walking)
- Balance, walking, running
- Muscle weakness
- Coordination concerns (ball skills, climbing)
- Specialized equipment selection and adaptation (wheelchair, walker, stander, splinting and orthotics)
- Support participation in community recreation programs
- Collaboration with Children's and Surrey Memorial Hospitals, and other community programs for post-operative protocols and hip surveillance program

# **Recreation Therapy**

Our recreation therapy staff provide services that promote recreation participation. Our unique therapeutic pool is equipped to enable easy access for all ability levels. We help with a range of abilities from clumsiness or coordination challenges and gross motor delays to cerebral palsy, spina bifida, muscle disease or orthopedic conditions. Our pool's warmer water helps make therapy easier, relaxing muscles while building muscle strength and balance. The smaller and quieter pool is more accessible than community pools for those with sensory sensitivities.

#### **Primary programs:**

- Client consultation: suggest equipment/activities to achieve therapeutic goals, modified swim program (goal of community swim lesson integration)
- Therapy groups: in conjunction with other therapies (Communication, Physiotherapy, Occupational Therapy)
- School swim programs: coordinated with local school districts
- Drop-in groups for families and adults with disabilities



#### **Sophie's Place**

Our collaborative team of police, victim services workers, and social workers support victims of abuse in a safe and compassionate environment, reducing trauma while fostering trust, healing, and resilience.

# To report child abuse, please contact:

- 911 if in immediate danger
- Surrey RCMP at 604-599-0502 or
- Ministry of Child and Family Development at 1-800-663-9122



P: 604-588-0727 E: spinfo@the-centre.org



#### **Supported Child Development**

Our team supports children living with a developmental delay or disability, focusing on early intervention to enable full participation in inclusive community childcare programs.

#### Provides help with:

- Individual planning to support each child's development, including referrals for other services
- Training, information, and resources for caregivers and childcare providers
- Additional support as needed to ensure children's full participation with peers



"We are so grateful for the support we have received at The Centre. All of our experiences have been positive, however, our experience with our wonderful physiotherapist has been absolutely life changing. She is truly exceptional and has made a hugely positive impact on our daughter's life."

PARENT COMMENT ON SATISFACTION SURVEY

"Each of our children have challenges and extra support needs but they also have strengths and are able to learn and grow in their own way and in their own time."

OCCUPATIONAL THERAPIST

# You Can Make a Difference!

Support the life-changing services provided by The Centre for Child Development in more than 350 locations!

www.the-centre.org/donate



## **Contact Us**

#### Surrey

9460 140 Street Surrey, BC V3V 5Z4

Tel: 604-583-1361 Fax: 604-583-5113

#### **Delta-Lookout Preschool**

11405 84 Avenue Delta, BC V4C 2L9

Tel: 604-594-0488 Fax: 604-594-0585

#### Langley

#102-20641 Logan Avenue Langley, BC V3A 7R3

Tel: 604-533-3088 Fax: 604-533-3062

#### **Newton-Early Years Hub**

#204- 7327 137 Street Surrey, BC V3W 1A4

Tel: 604-619-9488

Email: info@the-centre.org

www.the-centre.org