



FASD/CDBC Key Worker Program



The Centre for Child Development

Therapy, care & support under one umbrella

www.the-centre.org/key-workers



Key Worker Program Goals

The Key Worker program at The Centre for Child Development has three main goals:

- to help the children we serve to reach their potential
- to provide a supportive environment where parents and caregivers can connect with each other and learn about how Fetal Alcohol Spectrum Disorder (FASD)/ Complex Developmental Behavioural Conditions (CDBC) affects children, youth and families
- to provide training and consultation to the community in order to increase the ability of other professionals to provide effective and appropriate services to children and youth affected by FASD/CDBC and their families



Key Workers- Types of Services

We provide family-centered support services. the nature of our work depends on the needs of the family and may include working alongside the child/youth, family members, school, and community agencies.

Our family-centered work is usually short term, about 6 months. Examples of services we provide include:

- giving information
- assisting with behavioural strategies or life skills
- linking the family to services
- helping families meet their own, as well as the child's needs

We provide educational groups to parents and caregivers of children and youth with FASD/CDBC, which cover topics such as lifespan development, advocacy, accessing community resources, and self-care.

Mission, Vision, Values

Our mission continues to be helping children with special needs reach their potential.

Our vision is that children have the best opportunities to succeed in all areas of their lives.

Our values reflect that our highest priority is the well-being, safety and success of our children.

Our work is guided by the principle of family-centred care. We believe that parents are the experts when it comes to their children.

We also run a support group which provides a chance to meet with other parents and other caregivers who are raising children with FASD/CDBC.

We provide training and consultation to government and community agencies about FASD/CDBC, and work alongside these agencies to enhance the integration, coordination, and accessibility of services for families with a child/youth with FASD/CDBC



Eligibility for Services

Children, youth and families who meet the following criteria are eligible to receive services through the Key Worker Program at The Centre:

- For families living in Surrey (north of 48th Avenue), children aged 0 to 12 are eligible
- For families living in Langley, children and youth aged 0 to 19 are eligible



How to Make a Referral

Existing Diagnosis

If the child or youth has an existing diagnosis of FASD/CDBC you may complete a referral form and submit the assessment report that was used to make the diagnosis.

The Centre's referral form can be downloaded from our website, or you can call and ask to have a referral form mailed to you.

Without Existing Diagnosis

If the child or youth doesn't have an existing diagnosis of FASD/CDBC, please provide all relevant medical reports.

If you think your child may need an assessment:

- see your doctor to get a referral to a pediatrician. A thorough medical exam is needed to rule out any possible medical problems that may be causing difficulties. If FASD or CDBC is suspected then the pediatrician will make a referral for a diagnostic assessment.

Once you have been referred for an assessment, you can request Key Worker services at any time. You may also receive service if you are waiting for a private assessment.



More Information

For more information about The Centre for Child Development and our services:

Phone: 604-584-1361

Web: www.the-centre.org



You Can Make a Difference!

Support the life-changing services provided by The Centre for Child Development in more than 350 locations! www.the-centre.org/donate



Since 1953, The Centre for Child Development of the Lower Mainland has worked to overcome societal barriers for those with disabilities and empower vulnerable children and families throughout the South Fraser Region. We are proud to have consistently received 3-year accreditations from CARF since 2004 for our pediatric outpatient Medical Rehabilitation Services and Child & Youth Services. Charitable Registration #10764 6408 RR0001.