



Psychology and Family Services



The Centre for Child Development

Therapy, care & support under one umbrella

www.the-centre.org/psychology



Psychology and Family Services

The Psychology and Family Services department provides services to children with a developmental disability and a significant behavioural and/or mental health condition.

Department Programs & Staff

The department has three key programs:

- Psychology
- Family Services
- FASD/CDBC Key Worker Program

Our staff are experts in working with children who have a disability, and in working with children and youth who have mental health and behavioural concerns. Staff members include:

- Registered Psychologists
- Mental Health Clinicians
- Parent Support Workers
- Family Services Workers
- Key Workers



Psychology- Types of Services

We provide:

- consultation and strategies to families with a child who is having behavioural concerns
- counselling to children, youth, and families related to mental health concerns, disability, and/or behavioural concerns
- training to parents of children who are having difficulty learning the task of toilet training, and to parents who want to improve their children's daily living skills
- groups for parents of children with a disability to encourage support and to share experiences

Eligibility for Services

The department has three key programs:

- Children and youth aged birth through 13 years old

Mission, Vision, Values

Our mission continues to be helping children with special needs reach their potential.

Our vision is that children have the best opportunities to succeed in all areas of their lives.

Our values reflect that our highest priority is the well-being, safety and success of our children.

Our work is guided by the principle of family-centred care. We believe that parents are the experts when it comes to their children.

- Families who live in Surrey, South Surrey, or White Rock
- Children and youth who have both a developmental disability and a significant behavioural and/or mental health condition

Coordination of Services

Referrals for the Psychology program at The Centre are coordinated with the Child and Youth Mental Health (CYMH) program at the Ministry of Children and Family Development (MCFD).

For families who would be better served by CYMH, we will provide you with information for how to access CYMH services in your community.



FASD/CDBC Key Worker Program

Please see our Key Worker brochure for detailed information about our Fetal Alcohol Spectrum Disorder (FASD)/Complex Developmental Behavioural Condition (CDBC) Key Worker Program.

Multi-Cultural Services

The Psychology and Family Services Department has staff from numerous cultures, and our staff are able to provide services in several different languages. For families who prefer to communicate in a language not spoken by one of our staff members, we are able to provide translators.



Family Services- Types of Services

Family Services Workers (FSWs) are experts in helping families navigate through different systems.

Some services FSWs provide include:

- helping families to apply for services or funding from government or private sources for specialized equipment
- providing training and support on how to advocate for your child
- connecting families with appropriate resources in the community
- assisting families in completing The Centre's referral process
- empower parents to cope with interpersonal and family distress and stigma
- providing liaison and coordination with professionals and other agencies



Eligibility for Services

All families who are receiving services at The Centre are eligible for Family Services.

However, because of the limited number of FSWs on staff, we are only able to provide Family Services to a limited number of our clients.

In most cases, we will inform you if you are eligible for Family Services.



How to Make a Referral

The Centre's [referral form](#) can be downloaded from our website, or you can call and ask to have a referral form mailed to you.

If you're already a Centre client, please speak to your service coordinator about making a referral.

More Information

For more information about The Centre for Child Development and our services:

Phone: 604-584-1361 Web: www.the-centre.org

