



Sophie's Place

Child & Youth Advocacy Centre



What is Personal Information?

Personal information is information about you that should never share with strangers on the internet.

People you may not know might ask for your personal information and it is your right to keep personal information private and safe. Even though some information may not be considered personal information, you still have a right to not share it with strangers if you do not want to.

Activity

Look at each example on the right and help your child decide whether it is an example of personal information or not. As you write the example under the correct column, chat with your child about the importance of keeping this information safe. Try to write at least one more example under each column.

Personal Information

Not Personal Information



Phone number	School	Favourite vacation
Favourite colour	Favourite music	Favourite animal
Picture of myself	Password	Name
Favourite movie	Favourite school	Age
Address	Location	Favourite place to eat
Birthday	Username	Favourite hobby
Email	Schedule	Favourite sports team
Credit card information	Favourite ice cream flavour	Social media accounts

Source: <https://www.allianceforchildren.org/>

Child Abuse Reporting

Emergency: 911

1-800-663-9122 (Ministry of Children & Family Development)

Police: 604-599-0502

Contact Us

Phone: 604-588-0727

www.the-centre.org/sophies-place

Email: spinfo@the-centre.org