



## The Centre for Child Development Protocol for Working During the COVID19 Pandemic

**Protocol Initiation Date:** April 3, 2020

**Period of Implementation:** as per Public Health Officer's Orders

Rev	Amendment Date:	Amended:
R1	May 6, 2020	Section 3.6 Urgent or Necessary Services – edited to include further instruction for therapists regarding bringing a family into the Centre for service.
R2	May 20, 2020	Amendments throughout protocol as per guidelines from PHO, MCFD, and WorkSafeBC released May 15 through May 19, 2020, as part of the <a href="#">BC Government's Phase 2 of the Restart Plan</a> .
R3	July 8, 2020	Amended Section 3.6 to include guidance for in-person service requests.
R4	August 25, 2020	Amended Sections 2 and 3 to align with government childcare & back to school guidelines; amended Section 4.3 to clarify the safety measures that apply to Sophie's Place; moved Section 5 – Safety to between Section 1 and Section 2, renamed as Section 1A – Required Safety Measures. Moved Section 3.1-3.5 to the new Section 1A. Amended and/or edited content to align with the changes made.
R5	October 21, 2020	Amendments to Sections 1A, 2 and 3 to align with latest government guidelines; and, to provide further guidance for increased onsite hours at The Centre's Surrey facility and Langley facility.
R6	November 18, 2020	The <a href="#">Public Health Officer announced temporary orders to restrict defined activities within the Fraser Health and Coastal Health regions</a> . As a result, the Centre has reverted to the REV4 protocol of restricted access to Centre facilities. The amendments within REV6 reflect the restrictions of REV4 protocol with some modification to address priority needs of persons served. The temporary restriction to Centre facilities will continue until further notice.
R7	March 5, 2021	Section 1A – addition of information regarding when to go for COVID-19 testing. Section 2 & 3 – modified changes to childcare and school visit measures in alignment with BC CDC guidelines released mid-February 2021. Updated in-person sessions scheduling and procedures. Section 4 – opening Lookout site for in-person visits; edits to Langley site and Early Years information. Section 5 – all resource links updated to most recent information
R8	April 19, 2021	Adding Section 3.3 Key Worker Program
R9	June 29, 2021	All sections modified to provide direction while transitioning to a post-pandemic “normal” in alignment with the PHO removal of orders and in alignment with Step 2 and Step 3 of the BC government's Restart Plan.
<i>R10</i>	<i>January 13, 2022</i>	<i>Various amendments to be in alignment with the January 2022 WSBC Safety Plan template.</i>

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## INTRODUCTION

### Revision 10 – Transitioning from Safety Plans to Communicable Disease Prevention

The changes made for Revision 10 of The Centre’s Safety Protocols **are in response to the Covid-19 Omicron wave of early 2022 and in to be in alignment with the updated WSBC Safety Plan template.** Many of the public health measures put in place for the pandemic will be retained.

**Once the Omicron wave is over, The Centre will return to** transitioning to the new communicable disease prevention health measures **that have been** incorporated into the OH&S Manual. Some measures will also be incorporated into Centre policies.

The transition period will be as long as required to accommodate any need to pause throughout the summer and into the fall. By following a thoughtful, careful transition, The Centre will continue to ensure the safety of the children we serve and their families.

Please read through the following carefully. Key changes will be highlighted in red. Please direct your questions to your director, your VP, or to [Anne@the-centre.org](mailto:Anne@the-centre.org), co-chair of the OH&S Committee.

#### The Centre’s Travel Policy during Covid-19 Pandemic

The Centre implemented a travel policy to limit staff coming on site after travelling out of the Lower Mainland and out of Province.

As of July 1, there are no restrictions regarding travel within the province and between provinces. As a result, we are removing the stipulation to stay home after traveling **as long as** staff do a self-health check. If they are symptomatic for any illness or if they have come from an area that has a high rate of any illness, staff may want to wait 2 or 3 days and monitor for symptoms prior to coming on-site.

The Federal government regulations regarding international travel will likely change during the transition period. Please check with your supervisor and/or VP prior to travelling out of the country and be prepared to work from home for a few days on return.

## SECTION 1 – Goal of Protocol

**1.1 Goal:** To provide as much service as possible to as many clients as possible while keeping clients, families and staff safe.

**1.2 Policy:** To ensure that employees who enter any of The Centre’s facilities or work at any community site do so safely and carefully and abide by the latest BC Public Health Officer’s (PHO) orders and guidelines.

**1.3 Caveat:** The guidelines from the PHO and other governing bodies are subject to change as new information becomes available and research indicate different recommendations are required. As such, the protocol as outlined is designed to provide the best procedures possible as they are known at date of development. However, they may change to ensure compliance with PHO and licensing and other governing bodies, e.g., Ministry of Children & Family Development (MCFD).

***The transition to a more permanent communicable disease prevention guide may be paused at any time or even halted. The decision to pause or halt will be in consideration of a Covid-wave, an increase of local cases, an outbreak at The Centre or any number of other reasons that would require the transition to be paused. All staff will be informed if it is necessary to pause or halt the transition.***

**1.4 Staff Rights & Responsibilities:** If staff are unable to work for any reason, they must let their supervisors know so that arrangements can be made.

**1.5 LETTERS OF ACKNOWLEDGEMENT:** We no longer need staff or families to sign a letter of acknowledgement. However, until the pandemic is officially over, staff will be responsible for reading the latest protocol and following the guidance provided by the protocol team.

Staff will ask their client/families their health status as they arrive onsite per guidelines provided. After the transition period, families will be reminded that they are not to come to The Centre if their child or family member is unwell. This will be done at orientation for new clients and annually for established clients. Guidance will be given by directors & VPs of Med Rehab, CYS, & Community Health & Child Care Partnerships.

## SECTION 1A – Required Safety Measures

The Protocol for Working During the COVID19 Pandemic (the Protocols) speaks specifically to the safety measures required to minimize the transmission of the virus to staff and families. For all other safety measures, refer to existing Centre policies and manuals, e.g., OH&S Manual or the Clinical Manual.

### 1A.1 CENTRE SAFETY OFFICER

**A Centre Safety Officer (CSO)** will be an executive. Per the OH&S Manual, the CSO is appointed by the CEO. The primary purpose of the Centre Safety Officer is to be available to staff in an urgent/emergency event especially if the staff's supervisor or VP is not immediately available. Centre Safety Officers are not substitutes for any supervisor or VP who are unavailable. Staff are encouraged to address any non-urgent concerns to their supervisor.

Currently, there are two CSOs: Karen Edwards, VP Med Rehab; and, Anne Peterson, VP Strategy & Performance Management and OH&S co-chair.

- The schedule of CSOs is posted on the small wall beside the bins in the admin area.
- The CSO or their designate will screen staff when they check in by phone.
- CSO or their designate will also observe staff members on site for sniffing, sneezing, coughing or other obvious symptoms.

#### Daily Health Checks

Self-assessment health checks will continue through the transition period.

**Staff will continue to text CSO/designate BEFORE entering any Centre facility** and include in their text that they have performed a Daily Health Check. The CSO/designate will note this on the check-in/check-out sheet.

## 1A.2 EMERGENCIES & INCIDENTS – Including potential COVID exposure event

**The Centre Safety Officer (CSO)**, along with the VPs of Medical Rehabilitation, Child & Youth Services, and Community Health & Child Care Partnerships, in collaboration with the Chief Financial & Risk Officer and the VP Strategy & Performance Management who co-chairs the Occupational Health & Safety Committee, will work to ensure all those entering a Centre facility is safe from harm.

Refer to the OH&S Manual for all emergencies and incidents.

***No staff member is to enter any Centre facility or any facility while working for The Centre if they feel unwell.***

ANY POTENTIAL COVID-19 infection by a childcare child or their family, any staff member, or any client will be treated as a serious incident.

- Staff are to NOTIFY their supervisor and THE CSO IMMEDIATELY
- The CSO must notify VP Strategy & Performance Management/OH&S Co-chair immediately, plus CFRO if required.

### ***For staff members***

- Use the modified C19 Incident form and submit to the CSO and VP Strategy & Performance Management.

### ***For children and family members***

- Use the family incident form and submit to VP Strategy & Performance Management.

The supervisor/VP will record all those who were in contact with that person in case it is a COVID-19 exposure event.

**The Centre Safety Officer can and will send anyone home or bar anyone from entering any of The Centre's facilities if they show any signs or symptoms of illness.**

## 1. Masks

Masks will continue to be mandated for The Centre for the foreseeable future. **During the Omicron wave and until further notice, staff will be expected to double mask while travelling through public areas of Centre facilities.**

**The best way to double mask is to wear a surgical mask as the first layer and cover it with a cloth mask. Tightening your surgical mask is not required, but if it fits poorly, knotting the ear loops and tucking in the corners can improve its filtering efficiency by as much as 20 percent. For a longer demonstration on adjusting the fit of your surgical mask, you can [watch this video from UNC Health](#).**

Note that masks alone do not prevent a healthy person from being exposed. All other preventive measures must be adhered to such as washing hands, physical distancing, and cleaning.

Employees need to minimize their movements through the facility and, where possible, keep to their "area" of the facility.

Whenever possible, consider each person's personal space as at least 1 metre radius. Yours with yours will be 2 metres. Make every attempt to continue to respect each other space.

## 2. BC CDC guidelines on [when to get tested for COVID-19](#)

The '[When to get tested' guidelines](#) is based on evidence known to date. If you have any questions regarding symptoms or when to go for testing, please call 8-1-1.

### 1A.3 Scheduling Access

Staff can book rooms for in-person sessions with their families. While staff no longer need to book a time for being onsite, they are still required to check in/check out using the phone number given. The CSOs will monitor the number of staff on-site and will control numbers if we have to pause or halt for any reason.

Department heads and VPs will provide details on how this will be done.

- Staff will call their supervisor/department head **as soon as possible** if they feel unwell and are unable to work. Supervisors/department heads to notify the CSO.
- As per guidelines, staff members exhibiting common-cold, influenza, noroviruses, COVID-19, or any other symptoms of illness will not be allowed to enter the building. Staff must stay home until the symptoms are mostly resolved before returning to The Centre.  
**See Section 1A.1 – Daily health checks.**
- Staff are to use The Centre's check in number to check in and check out each time they come on-site.

### 1A.4 Areas of Limitations

Access to offices with two or more desks or workstations may be limited depending on size and level of crowding. This will be at the discretion of VPs of Med Rehab, CYS, & Community Health & Child Care Partnerships and the CSO.

Whenever possible, staff are asked to limit their movement throughout The Centre.

### 1A.5 Areas of Congestion

Staff are required to use due caution when traversing areas of congestion to respect each other's personal space. Tips:

- **At all times:** consider that each other's personal space is now a meter in radius. If closer than this, step back and reestablish some space.
- **Kitchen:** no more than 2 staff members at a time to allow space for safe movement. Staff will continue to bring their own dishes and be responsible for cleaning them. Maintain a safe distance if using the kitchen table with more than one other staff person.  
**NOTE: this is subject to change at any time.**
- **Hallways:** avoid congregating in narrow hallways or heavily travelled areas such as the bins or photocopying area.
- **Desks:** avoid getting too close to people at their desks if you need to discuss anything with them.

- **Clients & their families:** avoid getting too close with families when escorting on/off premises or through hallways.

#### 1A.6 Expectations of Staff While Onsite

- **Do not enter The Centre if experiencing any symptoms of illness.**
- **Wearing a mask will continue to be mandated in all public areas (hallways, lobby, etc.), per 1A.1.**
- **Working from home is recommended, however, this is subject to the needs of your program and department. Refer to guidance given to you by your supervisor/department head/VP.**
- Respect space between each other.
- Maintain a high level of hygiene and cleanliness.

## SECTION 2 – Childcare & Supported Child Development

All childcare services provided by The Centre are in full compliance with licensing requirements. The following safety measures for The Centre’s childcare programs, Sections 2.1 through 2.4, are **in addition to** requirements outlined in the Fraser Health Authority (FHA) Licensing requirements for Childcare Centres, and per Childcare Guidelines from the Ministry of Children and Family Development.

### 2.1 For Families Enrolled in the Centre’s Childcare Programs

The number of spaces available and hours of service will be determined by the VP, Community Health & Childcare Partnerships, in consultation with the Director of Childcare and in consideration of family needs, staffing availability, and further orders by various authorities.

The following also applies:

- Parents / family members will continue to wear a mask when coming into The Centre through the transition period.
- Every family will be screened by staff daily and if there are any signs of COVID19 or other illness in the family the child will not be allowed in the daycare.
- If a child comes to The Centre’s Childcare program exhibiting illness, influenza, or COVID-19 like symptoms, they will not be allowed to enter the building. The child may return to the childcare program once they are well enough to participate fully in the program. If a child becomes ill while at childcare (new onset of symptoms/illness) they will be sent home as soon as possible.

### 2.2. Service Delivery for The Centre’s Childcare Programs

Hours of service will be established by the Director of Child Care.

### 2.3. The Centre’s Childcare Staff Guidelines

Staff will follow the general guidelines in Section 1A.

## 2.4 Enhanced Cleanliness for The Centre's Childcare Programs

Staff will maintain a high level of cleanliness throughout the childcare rooms per licensing requirements and established practice throughout the pandemic.

## 2.5 SCD Program – Support to Community Childcare Centres (SCD Support Staff)

Support within other community childcare centres will be provided as per the latest government guidelines – reference Section 5.

- SCD support staff will review this protocol and sign a staff letter of acknowledgement (Section 7) prior to commencing services at any site.
- Parents of children with immune-compromised and/or medically fragile children that place them at heightened risk for COVID-19 should consult with their primary health-care provider to consider the health risks and decide their SCD/ASCD support arrangements.
- SCD support staff are expected to follow the safety protocols of their assigned program. They will contact their consultant if they are concerned about the health and safety protocols at an assigned program.
- If SCD support staff have any symptoms of illness (exhibiting common-cold, influenza or COVID-19 like symptoms), they will call SCD Scheduling to say they are ill and will not go into work. Staff are to stay home until symptoms have mostly resolved.

## 2.6 SCD Program – Support to Community Childcare Centres (SCD Consultants)

Support for children within licensed community childcare programs, including after school care, will be provided per program requirements.

- SCD Consultants will review this protocol prior to commencing any services at any site.
- Each consultant will continue to keep track of each place they go and who they are in contact with each day. The list of contacts is maintained in their Outlook calendar and updated daily. The calendar is shared with the Department Head.
- Take appropriate personal protection precautions. Face shields and gowns are optional; however, they are highly recommended to protect against any bodily fluids from a child. Reference [Point of Care Risk Assessment Guide](#) to help determine if PPE is required.
- Staff will keep a supply of PPE and garbage bags in their car as sessions can change and the PPE may be unexpectedly required.
- Any tools, supplies, equipment used in a visit must be cleaned as per section 3.1.
- Staff will continue to schedule time at The Centre if they need it.

## SECTION 3 – Med Rehab, CYS Services and SCD Consultants – Surrey Site

Staff will continue to provide services over the phone or through telehealth options as much as possible through the transition period. Reference The Centre's **Remote Work Guidelines**.

In person services will gradually increase through the transition period. Your director and/or VP will instruct you on how this will work with a new booking system. They will also let you know when there are new spaces available.

***NOTE: The increase of in-person services will be paused or even halted should Covid-19 or any other communicable disease becomes a public health challenge.***

Services will be provided per Clinical and department manuals with the following additional guidelines and any further directions provided by department directors and VPs of Med Rehab, CYS, & Community Health & Child Care Partnerships.

### 3.1 In-person Services

Staff are to book in-person appointments for their clients using the Outlook booking system. These spaces will continue to be limited; however, they will gradually increase over the transition period.

Specialty teams – Equipment team (ET), Eating Skills team (EST), and Splinting and Casting team (SCT) – staff are able to book in-person sessions as space is available through the Outlook booking system.

#### 3.1.1 Procedures for an In-Person Session

Staff will need to continue to be vigilant for symptoms of illness in the child and/or their family members.

- When scheduling the appointment, staff are to inform families that if the child or a family member is ill on the day of the appointment, they have the option to switch to telehealth or virtual appointment at the scheduled time.
- If more than one extra person is attending the session with caregiver and child, please check with **your supervisor**. Otherwise, encourage or arrange for extra people to attend virtually.
- Masks will continue to be mandatory for staff and child/family members.
- PPE (face shield, gloves, gowns) are optional, however, are strongly recommended if staff will be in contact with the child's bodily fluids. Reference [Point of Care Risk Assessment Guide](#) to help determine if PPE is required.
- Staff will also observe the family for sniffing, sneezing, coughing or other obvious symptoms. If symptoms are present, staff will need to ask families to go home and reschedule the appointment. Reference [Patient Screening Tool](#) to help assess symptoms.
- Staff will continue to disinfect all surfaces touched by staff or client's family or guardian after the appointment.

#### 3.1.2 Off Site Sessions

If a staff member is convinced that an in-person session is required as a home visit, or other off-site visit, they must fill out the **In-Person Service Request Form** and submit to their department head for approval, per Clinical Manual Section 18. Reference [Guidance for Home and Community Health Care](#).

- Staff will need to do a self-assessment prior to entering a home or a facility.

- Each staff member must keep track of each place they go and who they are in contact with each day. **The list of contacts is maintained in their Outlook calendar and updated daily. The calendar is shared with the Department Head.**
- Staff will observe the family for sniffing, sneezing, coughing or other obvious symptoms. If symptoms are present, staff will need to reschedule the appointment. Reference [Patient Screening Tool](#) to help assess symptoms.
- Only those needed for the session should be present; all other adults need to be in another area. Those present should wear masks.
- PPE (face shield, gloves, gowns) are optional; however, PPE is strongly recommended if staff will be in contact with the child's bodily fluids. Reference [Point of Care Risk Assessment Guide](#) to help determine if PPE is required.

### Home Visits

Staff will explain to families the risk of having a staff member enter their home and remind families that they have the option of telehealth/virtual services should the child or family members are unwell.

When in the home, only the staff member, the child and those adults who need to be present should be in the room. Request that adults wear masks. All other family / household members should be elsewhere in the home. If a family is unable to comply, please discuss the reason(s) the family give with supervisors. Interpreters and other team members can attend via MS Teams.

### Childcare & Preschool Visits

Once an in-person session at a childcare or preschool setting is approved the director or VP of the department, staff will also need to gain permission from the childcare/preschool agency to attend the program.

## 3.2 School Support

School support will be provided per department manual. Guidelines for the upcoming school year (2021-22) have been released by the Ministry of Education. However, The Centre will also look for guidance from the school districts on how they will be interpreting and implementing the recommendations.

- Masks will be mandatory.
- Each school therapist must keep track of each place they go and who they are in contact with each day. **The list of contacts is maintained in their Outlook calendar and updated daily. The calendar is shared with the Department Head.**
- PPE (face shield, gloves, gowns) are optional; however, PPE is strongly recommended if staff will be in contact with the child's bodily fluids. Reference [Point of Care Risk Assessment Guide](#) to help determine if PPE is required.
- Staff will observe the child for sniffing, sneezing, coughing or other obvious symptoms. If symptoms are present, staff will need to reschedule the appointment.

## 3.3 Key Worker Program

Services will continue to be primarily through phone or virtual contact if possible. In-person visits can be scheduled through the new booking system if families have challenges or barriers to virtual visits.

If an in-person visit is scheduled,

- Each key worker must keep track of each place they go and who they are in contact with each day. **The list of contacts is maintained in their Outlook calendar and updated daily. The calendar is shared with the Department Head.**
- Key workers will review this protocol prior to commencing any services at any site.
- Masks will be mandatory.
- PPE (face shield, gloves, gowns) are optional; however, PPE is strongly recommended if staff will be in contact with the child's bodily fluids. Reference [Point of Care Risk Assessment Guide](#) to help determine if PPE is required.
- Staff will observe the child and family for sniffing, sneezing, coughing or other obvious symptoms. If symptoms are present, staff will need to reschedule the appointment. Reference [Patient Screening Tool](#) to help assess symptoms.

## SECTION 4 – The Centre for Child Development Other Sites & Programs

### 4.1 Langley Site

Scheduling in-person visits for Langley will be done using the new booking system. They will continue to be limited but will gradually increase during the transition period.

The number of staff allowed to be in the Langley facility will be determined by the VP of Med Rehab in consideration of space and need.

### 4.2 Lookout Site

Lookout Site will continue to operate two or three days per week as a therapy space throughout the transition period. The number of appointments will continue to be limited. Scheduling will be done through the VP of Med Rehab and the supervisor designated for Lookout.

### 4.3 Early Years Hub

The following will apply during the transition period. The VP of CYS can modify the guidelines at any time.

#### 4.3.1 Appointments at the Early Years Hub

In-person visits at the Early Years Hub may be conducted for clients for whom an in-person visit is more suitable. The Early Years Site is available for in-person appointments under the following conditions:

- Staff must obtain prior permission from the Early Years Coordinator.
- Only two staff at a time will be allowed on site.
- The front door must remain locked.
- Staff must call/text the Early Years Coordinator when they arrive at the Hub and when they leave the Hub.
- When meeting with a family, there should always be a second staff member onsite.
- Staff should only meet with one family at a time.

- Staff are required to wear masks during appointments with families.
- For clients, masks are required for adults and children who are old enough. Client adults and children who are unable to wear a mask due to a medical or mental health issue are not required to wear a mask.
- Following the appointment, staff should sanitize all toys and objects which were used by clients prior to reuse with other clients.

#### **4.3.2 Outdoor Visits with Individual Families**

Staff may meet with a single client/family at a public outdoor space with prior approval of the Early Years coordinator. Staff are required to wear masks during these visits. Client adults and children who are old enough are encouraged but not required to wear masks. Following the appointment, staff should sanitize all toys and objects which were used by clients prior to reuse with other clients. Following the appointment, staff should sanitize all toys and objects which were used by clients prior to reuse with other clients.

#### **4.3.3 Outdoor Group Visits**

Staff may hold small groups for clients with prior approval of the Early Years Coordinator. These can be held in a public outdoor setting under the following circumstances.

- Staff are required to wear masks.
- Client adults and children who are old enough are encouraged but not required to wear masks.
- Groups should be no larger than 10 people over the age of 6, including staff.
- Additional children under the age of 6 may attend groups with their caregiver.
- The number of children under six permissible per group will be determined by the Early Years Coordinator based on family constellation, medical/behavioural needs of children in attendance, age composition of the children under 6, and purpose of the group.

#### **4.3.4 Working out of the Early Years Hub**

Staff may work out of the Early Years Hub under the following conditions:

- They must obtain prior approval from the Early Years Coordinator for the dates and times they will be at the Hub.
- The front door must remain locked.
- Staff must call/text the Early Years Coordinator when they arrive at the Hub and when they leave the Hub.
- No more than two staff may work out of the Hub at one time.
- If two staff are working out of the Hub at the same time, both are required to wear masks.

#### **4.4 Sophie's Place**

Each partner must follow the direction of their employer (e.g., RCMP, MCFD) regarding working on-site. All other protocols within this document apply, e.g., distancing, hygiene, cleanliness, etc., through the transition period. Specifically:

- **Section 1.5 Letters of Acknowledgement.** While letters of acknowledgement are no longer required, the VP of Sophie's Place is responsible to ensure that families and staff do health checks prior to entering Sophie's Place.
- **Section 1A Required Safety Measures.** The VP of Sophie's Place is responsible to ensure that all safety measures outlined in this section are followed when and where necessary. This includes daily health checks and wearing masks.
- The VP of Sophie's Place will notify the CSO and VP of Strategy & Performance Management / Employer representative for OH&S of any incident so a coordinated response can be developed.
- **Families can now use the front/main door.** In addition,
  - Explain to the parent/guardian in advance what the process will be to comply with these protocols. This will be done at the time the appointment is made. Remind families to inform Sophie's Place coordinator if the child is exhibiting symptoms of any illness.
  - When the family arrives, Sophie's Place staff member will go through the health check and gain verbal confirmation that the child and family members are healthy before leaving the front lobby area.
  - Family member or guardian will be required to wear a mask when entering The Centre and throughout the appointment period.
  - Children 5 years old and older can be encouraged to wear masks. However, mask wearing should not be enforced if this causes undue stress or anxiety for the child(ren).
  - Take appropriate personal protection precautions: masks are mandatory when going through hallways and other public areas of The Centre. Offer the family masks to wear while in The Centre in public areas.
  - Escort the family to the exit following the appointment.
  - Disinfect all surfaces touched by staff or client's family or guardian.

## SECTION 5 – Resources & References

This list is not fully comprehensive, as each link references further resources. Contact Anne Peterson, VP Strategy & Quality Improvement if there are any questions or additions for resources.

### Ministry of Children & Family Development

- [Information for providers](#), updated December 20, 2021
- [MCFD Response to Covid-19](#), updated August 10, 2020

### Ministry of Health & BC CDC

- [HealthLinkBC Coronavirus Disease](#) – website updated regularly
- [Childcare Health and Safety Guidelines](#), BC CDC updated December 20, 2021
- [Public Health Guidance for K-12 School Settings](#), updated January 2022
- [Orders, Notices & Guidance](#) updated January 10, 2022
- [Community-Based Health Care including Guidance for Community-Based Allied Health Care Providers in Clinic Settings](#), updated December 2021
- [BC CDC Guidance for Home and Community Health-Care](#) updated November 30, 2021

## WorkSafeBC

- [Latest announcements from WSBC](#)
- [WorkSafeBC – Workers Compensation Act Guide](#)

**Registrant College Guidelines** – Many of The Centre’s staff are registrants of a professional college or is a publicly appointed board member.

- [BC Health Regulators](#)
- [College of Occupational Therapists of BC, updated December 23, 2021](#)
- [College of Pharmacists of BC, updated October 1, 2021](#)
- [College of Physical Therapists of BC, updated December 16, 2021](#)
- [College of Physicians and Surgeons of BC, updated October 15, 2021](#)
- [College of Psychologists of BC](#)
- [BC College of Social Workers, updated June 21, 2021](#)
- [College of Speech and Hearing Health Professionals of BC, updated December 16, 2021](#)

## SECTION 6 – Self-Health Checklist & Questions for Families

We no longer require staff or families to sign a letter of acknowledgement when it comes to health checks. However, we do need to record your daily health check, so when you sign in, please don't forget to let us know that you have performed a self-check and you are healthy.

**At no time are you to come on-site to any Centre facility if you are unwell.**

Complete the Employee Covid-19 incident form if you have symptoms, and/or self-isolating. If in doubt, contact the CSOs and follow their instructions.

	Symptom	What to do
KEY SYMPTOMS	Fever (above 38°) Chills Cough Difficulty breathing Loss of sense of smell or taste	<b>If yes to 1 or more of these symptoms:</b>  Stay home. Contact a health care provider or call 811 about your symptoms and next steps  <i>As children can experience covid differently, <a href="#">check this site for child-specific symptoms.</a></i>
Other Symptoms	Sore throat Loss of appetite Headache Body aches Extreme fatigue or tiredness Nausea or vomiting Diarrhea	<b>If yes to 1 symptom:</b>  Stay home until you feel better.  <b>If yes to 2 or more of these symptoms:</b>  Stay home for 24 hours. If symptoms don't get better or they get worse, contact a health care provider or call 811 about your symptoms and next steps.
Severe symptoms	Find it hard to breathe Have chest pain Can't drink anything Feel very sick Feel confused	Go to Emergency if experiencing any of these symptoms.
Travel	Have you returned from travel outside Canada in the last 14 days?	<b>If yes:</b>  Fully vaccinated staff and other adults who have travelled outside Canada may qualify for the <a href="#">fully vaccinated traveller exemption</a> .  Those not <a href="#">fully vaccinated</a> may be required to be quarantined for up to 14 days by border authorities and may have other restrictions applied. According to Ministry of Education, unvaccinated students and adults may not attend school within 14 days of arrival.

If in doubt of any symptoms, you or your client's family can use the online [BC Covid-19 Self-Assessment Tool](#) or call 811.

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## Quick Checklist to Use for Families

As noted, we are currently doing verbal health checks. Use this quick checklist to help guide your questions for families.

### **Does your child or you have any of the following symptoms?**

- Fever (above 38°)
- Chills
- Cough
- Difficulty breathing
- Loss of sense of smell or taste

*[If the child or family members appear unwell, ask the following.]*

### **Does your child or you have any of these additional symptoms?**

- Sore throat
- Loss of appetite
- Headache
- Body aches
- Extreme fatigue or tiredness
- Nausea or vomiting
- Diarrhea

*[Remind families that if they are unwell with any symptoms, not to come onsite.]*

**Have you or anyone in your household been told by health authorities to self-isolate in the last 5 days?**

**Have you or household members returned to Canada in the last 5 days and have been told by border authorities to self-isolate?**